

SAINT HELENA CHURCH

1489 DeKalb Pike,
Blue Bell .PA .19422
610-275-7711

May 18, 2025
5th Sunday of Easter

I GIVE YOU A
NEW COMMANDMENT:

Love one another

John 13:34





OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
 Rev. Samuel A. Verruni: Senior Priest
 Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
 Msgr. Joseph J. Nicolo: Pastor Emeritus
 Deacon Przemek Rozestwinski
 Deacon Claude Granese
 Deacon A. Kenneth Belanger, Retired

PARISH OFFICE:

Phone: 610-275-7711
 Web Site: www.sainthelena-centersquare.net
 Email: parish@sainthelenachurch.org
 Monday through Friday: 9:00 AM to 5:00 PM
 Business Manager: Ms. Mandy Valentin
 Parish Administrative Assistant: Mrs. Gina Malony
 NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422
Phone: 610-279-3345 <> Fax: 610-279-3272
 School Principal: Miss Denise Britt
 School Secretary: Mrs. Megan Tronoski
 School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870
 Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349
 Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749
 Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711
 Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel
 Saturday: 4:00 PM Vigil Mass
 Sunday: 7:30 AM, 9:00 AM, & 11:00 AM
 Holy Days: Vigil: 7:00 PM,
 Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM
 Saturday Vigil Mass: 4:30 PM
 Sunday: 10:00 AM
 Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church
 St. Titus - Saturday at 3:30 PM in the Church
 or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
 Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
 Wednesdays: 11:30 AM (Grotto)
 Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
 followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.
 A Pre-Baptism class is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.
 The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office at 610-275-7711.

PARTNER PARISH MASS INTENTIONS

Sat., May 17

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the
St. Theresa Guild

4:00 PM - St. Helena

† Joseph Gravinese

Req. by the Gravinese Family

4:30 PM - St. Titus

† Ryan James Heflin

Req. by the Heflin Family

Sun., May 18

7:30 AM - St. Helena Church

† For the People of the Parish

9:00 AM - St. Helena Church

† Joseph Winkowski

Req. by His wife, Joan

10:00 AM - St. Titus

† Rita Medica

Req. by the Dos Santos Family

11:00 AM - St. Helena Church

† John & Elizabeth Smisko

Req. by the Piskai Family

Mon., May 19

8:00 AM - St. Titus

† John Brennan

Req. by the Malazita Family

9:00 AM - St. Helena Chapel

† Francis J. Anderson

Req. by Maryann & Mike Brophy

Tues., May 20 - St. Bernardine of Siena

8:00 AM - St. Titus

† Living & Deceased Parishioners of St. Titus

9:00 AM - St. Helena Church

† Andrew & Cicily Morris

Req. by the Morris Family

Wed., May 21 - St. Christopher Magallanes

9:00 AM - St. Helena Chapel

† Carmela M. O'Donnell

Req. by Mr. & Mrs. Philip Guidi

Thur., May 22 - St. Rits of Cascia

8:00 AM - St. Titus

† Katherine Zebula

Req. by the Malazita Family

9:00 AM - St. Helena Chapel

† Carmela M. O'Donnell

Req. by Mr. & Mrs. Adler Poblete

PARTNER PARISH MASS INTENTIONS

Fri., May 23

8:00 AM - St. Titus

† Katherine Zebula

Req. by Ray & Mary Malazita

9:00 AM - St. Helena Chapel

† Mary L. Perri

Req. by Dina Melle

Sat., May 24

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the
St. Theresa Guild

4:00 PM - St. Helena

† Marie & Daniel Hilferty

Req. by the Hilferty Family

4:30 PM - St. Titus

† Andrea Caperilla

Req. by Bud & Mary Munro

Prayer for the Sick



In your charity, please pray for our sick
& home-bound parishioners, as well as
those living in health/nursing facilities.

In particular, please remember the
following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Sue Eason,
Lorraine Perri, Mike Piskai, Jr., Linda Weikert,
Patty Kurkowski, William Lawrence, Joan DiDonato,
Kristen Gilia, Al Slusarz, Bruce Shepherd,
Jong Soo Sohn, Carletta Sohn, Kevin Hogan,
Charlotte Yacovelli, Sr. Fran Reinhardt O.S.F.,
Marsha Tinti, Richard Kellerman, William Yacovelli,
Danny Matoney, Nicolette Theisen, Nancy Matozzo,
Sarah Jammer, Anthony Grasso, Thomas Grasso,
Kaye Grasso, Serli Pucci.



PRAY FOR OUR MILITARY

*Please pray for all our military
Personnel.*

Lord God, Almighty Father,
Creator of humankind and Author of peace, we
are ever mindful of the cost paid for the liberty
we possess, we ask You to bless the members of
our Armed Forces. Give them courage, hope
and strength. May they ever experience your
firm support, gentle love and compassionate
healing. Be their power and protector, leading
them from darkness to light. To You be all
glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch,
ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

MARILYN FUNGAROLI,

JAMES R. MELINSON

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in memory of

JOSEPH GRAVINESSE

Req. by His wife Diane

The Sanctuary Candle in the Chapel burns in memory of

DENISE VARGO

Req. by Claire Carson



A Candle burns at St. Joseph in memory of

JOSEPH GRAVINESSE

Req. by His wife, Diane



Bread & Wine

The Bread & Wine this week is offered in memory of

Joseph Gravinese

Requested by the Gravinese Family.

THANK YOU FOR YOUR TITHE!

How to set up for Electronic Giving:

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to

ParishGiving.org

and begin making your weekly offering through Parish Giving. *We ask that you still use your weekly envelopes when attending Mass.*

Mark them as I've given electronically.

LITURGICAL MINISTRIES

MAY 24 & 25

CELEBRANTS & DEACONS

Saturday, May 17

4:00 PM Fr. Drew (Deacon Claude)

4:30 PM Fr. Przemek (Deacon Ken)

Sunday, May 18

7:30 AM Msgr. Beach

9:00 AM Fr. Przemek (Deacon Claude)

10:00 AM Fr. Kyle

11:00 AM Fr. Sam



**WEDNESDAY
ROSARY GROUP**

WEDNESDAYS, 11:30 AM
in the St. Theresa Chapel.

New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

**JOIN AN INFORMATION SESSION TO
SHARE YOUR THOUGHTS ON WHAT
PATH THE CHURCH
IS TAKING**

From February through June 2025, I invite you to join a conversation about the future path we will forge together for our Church. You'll have opportunities to participate in two sessions at your parish, as well as multiple discussions in each county. Dates and locations are listed below. Please sign up to participate in these important conversations that will shape our shared journey.

Thursday, May 22

Lansdale Catholic High School
Lansdale, PA

6:30-8:30 p.m.

Thursday, May 22

Epiphany of Our Lord
Plymouth Meeting, PA

6:30-8:30 p.m.

Please register: archphila.com

Seating is limited.

PARISH EVENTS FOR THIS WEEK

SUNDAY, MAY 18

- Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, MAY 19

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima

TUESDAY, MAY 20

- Daily Mass: 9:00 AM - Church
- Adult Basketball: 5:30 PM - Rec. Center
- PREP: 6:00 PM - Education Center/Church
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, MAY 21

- Daily Mass: 9:00 AM - Chapel
- Music w/Jackie: 2:30 PM - Church
- CSC: 7:00 PM - Library

THURSDAY, MAY 22

- Daily Mass: 9:00 AM - Chapel
- RCIA: 7:00 PM - Our Lady of Mercy

FRIDAY, MAY 23

- Daily Mass: 9:00 AM - Chapel
- NO SCHOOL

SATURDAY, MAY 24

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church
- St. Titus, Celebrate Rev. Przemek: 4:30 PM Mass

SUNDAY, MAY 25

- Masses: 7:30, 9:00, 11:00 AM - Church
- St. Helena, Celebrate Rev. Przemek: 9:00 AM Mass



Saint Helena

CCD

(CONTINUING CATHOLIC DEVELOPMENT)



Registration for 2025-2026

Levels 1-8 is NOW open

New Level 8: Faith in Action!



Please sign-up using the QR-CODE above

PREP is now CCD

(Continuing Catholic Development)



CATECHISTS, SUBSTITUTES, MASS AIDES & STAFF

Needed for 2025-2026

If interested please contact
PREP@Sainthelenachurch.org or use the
 QR-CODE below

Sundays 9:30AM-10:45AM .
 Masses 11:00AM-12:00PM

"The primary goal in the education of children is to
 teach, and to give the example of, a virtuous life."
 Saint John Chrysostom



5K RUN

for



John Shapiro's Superheroes

FUN & PRIZES!

John Shapiro's Superheroes 5K is a tribute to the memory of a courageous little boy who lost his battle to brain cancer in August 2011 at the age of six.

We Can All Be a Hero to Someone!

All proceeds from the event will go to the **John Shapiro Superheroes Foundation** and will benefit local families with children battling cancer.

How to Get Involved:

1. Become a Sponsor.
2. Register online or on the day of the event.
3. Spread the word! Share this postcard with anyone who might be interested in participating or donating.

Saint Helena Church Annual Family **PICNIC**

**Saturday, MAY 31
5PM-8:30 PM
Right after 4PM Mass**



**FAMILY FUN | KIDS GAMES | MUSIC | BOUNCE HOUSE | WIFFLE BALL
GAMES | FREE FOOD | FACE PAINTING**

ALL INVITED AND LOCATED BEHIND THE SCHOOL

Made with PosterMyWall.com

Philadelphia Archdiocese News WHAT'S HAPPENING TO THE PARISHES TODAY!

In February, the Archdiocesan Strategy Office and Catholic Leadership Institute released information about the missionary hub planning process, which was announced earlier this year through Archbishop Perez's pastoral letter.

To learn more, read Archbishop Perez's letter, and to view videos related to the missionary hub planning process, scan the QR code or visit trustandhope.org

Topics include...

- Archbishop Perez's pastoral letter.
- What is a Missionary Hub?
- What goes into a parish?
- Aren't a Parish and the Church the same?

RESPECT LIFE CORNER



331 Known Babies Saved!

The present results* of our Spring 40 Days for Life Campaign are:

2 of the 331 confirmed reports of babies saved from abortion were saved 40 Days for Life by prayer at the Norristown Planned Parenthood!

6 abortion center workers converted to Christianity & quit their jobs

10 other abortion center workers quit their jobs

7 abortion centers closed

Thank you to all who prayed on-site, in our Chapel or at home during this time!

* More numbers may still be reported

In seeking to protect & support every life, we offer the following resources:

Suicide Hotline: 1-800-273-8255

Domestic Abuse: 1-866-Safe-014

PA Child Abuse Hotline: 1-800-932-0313

Food: 1-610-279-7372 (Martha's Choice Market place)

National Trafficking Hotline: 1-888-373-7888

Pregnancy Hotline: 1-800- 712-HELP

Post-Abortion Counseling Hotline:

1- 877-HOPE-4-ME

Abortion Pill Reversal: 1-844-204-005

Addiction: archphila.org/hope Mental Health: archphila.org/support



Charitable Service
Join the Knights for free
www.kofc.org
Grand Knight, Ted Pantaleo
tpantal@msn.com

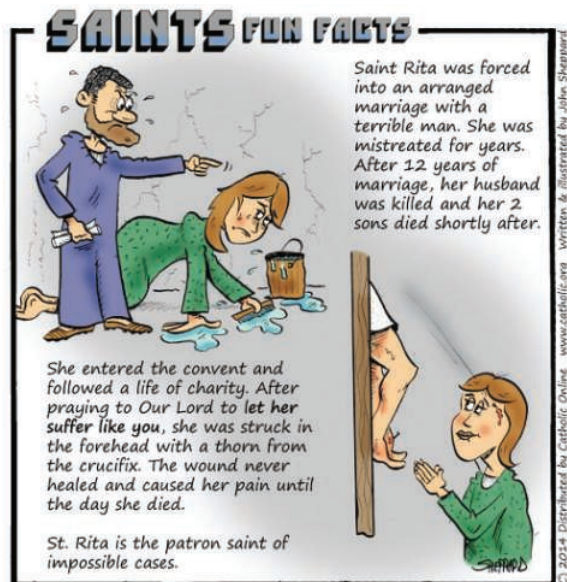
Roses for Life - Honoring Mothers on May 10 and 11

Honoring all Mothers for giving the perfect gift of Human Life. The Knights of Columbus will be handing out roses to all Mothers in the Narthex after Mass on May 10 and 11. Free will donations will be distributed to support the efforts of local Pro-life organizations. Online donations appreciated at your PayPal account, pay to knights14210@gmail.com

Thank You for Your Generosity - Lenten Dinners

The Knights greatly appreciated your support of the recent Lenten Dinners with ~450 meals served to St. Helena parishioners.

From proceeds, the Knights donated \$1,000. to the California State Knights of Columbus to help with local Knights Councils' relief efforts for the Los Angeles-area wildfire disasters.



Faith Formation Survey—We Want YOUR Input!

Help Shape the Future of Our Adult Faith Formation Series!

It only takes a minute and helps us build a stronger, more vibrant faith community!

We want to hear from **you!** As we look ahead to planning our next year of faith formation series, we're inviting all parishioners to participate in *a brief, anonymous survey* to help us better serve your spiritual and intellectual needs.

Whether you've attended past sessions or are simply curious about growing in your faith, your input, ideas, and honest feedback are incredibly valuable. Tell us what topics inspire you, what formats work best, and how we can make these gatherings more fruitful for you and our parish community. Scan QR code for the survey.



"I'm so grateful to have these opportunities to rejuvenate my faith" - Participant, Spring 2025

"I learn more here than in classes at the seminary" - Participant, Summer 2024

Young Women's Book Study

"Sincerely, Stoneheart"

Unmask the Enemy's Lies, Find the Truth that Sets You Free

Insights for a Woman's Heart based on C.S. Lewis's

"The Screwtape Letters"

All young adult women ages 18 to late 30's are invited to journey on this engaging story of the battle for the human heart.

What to expect:

- Weekly reflections and insights
- Faith-filled conversations
- Fellowship, prayer, and community rooted in Christ

What to bring:

- Please purchase in advance a copy of "Sincerely, Stoneheart"

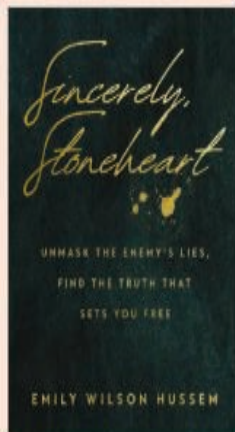
SEVEN MONDAY EVENINGS - STARTING JUNE 23

7:00 PM - SAINT HELENA CONVENT

1301 YOST ROAD

Contact - Gabrielle Thompson

gmboscaino@gmail.com



Young Men's Book Study

"The Great Divorce" by C.S. Lewis

All young adult men (18 to late 30's) are invited to journey on an extraordinary meditation of good and evil, grace and judgment. Through the work of C.S. Lewis, we will unpack the themes of Catholic spirituality and authentic manhood.

Topics of discussion:

- Finding purpose in a vocation
- Romantic relationships
- Family commitments
- Physical, emotional, psychological health and wellness
- Struggles with addictions and vices

What to bring:

- Please purchase in advance a copy of "The Great Divorce"

FIVE MONDAY EVENINGS

STARTING JUNE 30

7:00 - 8:00PM

ST. HELENA CONVENT

1301 YOST ROAD

Contact - Christian Thompson

cthompson@sainthelenachurch.org





Vacation Bible School 2025

Radical Ride: On the Wings of Prayer

When? August 4th — 8th, 9am to 12pm

Where? Saint Helena Education Center

Who? All rising K — 5 grade students (going into 2025/2026 school year)

For Teens: All rising 6th to 12th graders are welcomed as Teen Leaders

Cost? \$40 for Child Campers and \$20 for Teen Leaders

This year, we will take off on a **Radical Ride** around the world with Amazing Angels and Super Saints. Children will look at the purpose of prayer and how to put prayer into action through the ups and downs of daily life. Buckle up as we prepare to soar with inspiring and practical lessons about prayer.

We are currently at 48% capacity. Please scan the QR code to register!

Contact: Christian Thompson 610-930-0349 or cthompson@sainthelenachurch.org



SAINT HELENA YOUTH GROUP

Our youth group is open to all teens in 7th-12th grades. We try to live as disciples of Jesus and develop our personal and spiritual growth through prayer, formation, service, and community.

Youth group hike at Valley Forge Park

Youth group delivering Easter lilies to parishioners



All teens and parents are invited to scan the QR code to vote in our poll for summer events and for next year's calendar!



Saint Helena Young Adult Group

NEW TO THE AREA? BACK HOME AFTER COLLEGE? LOOKING FOR A CATHOLIC COMMUNITY?

Are you in your 20's or 30's and looking for a Christ-centered community for friendships and to strengthen your faith? Email Christian to join our *GroupMe* for updates on our events. cthompson@sainthelenachurch.org

One of our young adults, who was confirmed and made his First Holy Communion on Divine Mercy Sunday

Our next events are...

Thursday, May 22 — Pasta Bake Service Night (7pm, Parish Convent)

Bring a pound or two of cooked pasta in a container & a jar of sauce separately!

Saturday, June 7 — Hike, Picnic, Rosary at Hawk Mountain



HELP KEEP ST. HELENA BEAUTIFUL BY ADOPTING A GARDEN!

The Garden Club maintains various flower beds on the Church campus grounds. We are asking for your help in keeping our gardens looking beautiful. Maybe a family or a Church ministry group could adopt one of the gardens to upkeep during the spring, summer, and fall months. We are asking that the gardens are weeded weekly or as needed. If area is dry when you are weeding, please water. The areas in red are already adopted. Please start as soon as possible. Initial weeding and mulching was done which should make it much easier to keep up.

- **Right Side of Church incl. area near steps - G.Gillin**
- **Front of Empress Room – George Gillin**
- **Blessed Mother Statue at Right Side of Church – Janice & Bob Waitkus**
- **Two Large Plots leading up to the Church**
- **Wayside Garden near Stations**
- **St. Joseph Statue - Mike Pelone**
- **Sacred Heart Statue - Mike Pelone**
- **Pond in Front of Rectory**
- **Four Urns at Social & Rec Center – Ann Kerns**
- **Father Higgins Grave - Karen DeLeonard**
- **Eight Urns at Church, 2 Urns at Chapel**
- **Ten Urns on Lower and Upper Sides of School**
- **Hedges in Front of Rectory**
- **Stations of the Cross – Sue Haberin**
- **Rosary Garden**
- **Left Side of Church incl. Divine Mercy Hydrangea Garden**
- **Left Side of Church from Divine Mercy Corner to Transformer**
- **Behind the Grotto Altar**
- **St. Francis Garden- Thom Mrazik**
- **St. Theresa Statue and Plot Behind Statue**
- **St. Helena Statue and Plot Behind Statue**
- **Garden on side of Chapel**
- **Calvary Garden – Marie Guilardi**
- **Row of Holly Bushes between Church and Chapel**
- **Light Posts and Mailbox in Front of Rectory**
- **Garden by Transformer across from Stations of the Cross – Joseph Ruskiewicz**
- **Island in front of Empress Room – Joseph Ruskiewicz**
- **Right Side of Convent Meeting Rooms – H.S. Y. Group**
- **Azalea Garden and Fence on Top of Grotto**
- **Front of Meeting Center (Convent)**
- **Front and Side of Bell Tower**
- **School – Front of Library**
- **School – Front Left Side**
- **School – Front Right Side**

Continued

ADOPT A GARDEN CONTINUED

- **Islands in School Parking Lot**
- **Front of Rectory**
- **Front and Side of Information Center**
- **Six Angels going in and coming out of Campus**
- **Rhododendron Garden by School Kindergarten**
- **Berm (Would need several people)**
- **Grotto (Would need several people)**
- **Entrance side of Pre-K and Pre-K Gardens**

If you can help, please call Theresa Smith at 215-646-7636 or email at theresasmith@verizon.net.

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the Sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two Godparents (for Baptism), one must be male and one must be female.

A Godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.



PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. To register go to the Archdioceses website: Archphila.org, under Marriage preparations to take the class on line.

MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

The Sanctuary Candle
The Blessed Mother Altar, up to 4 candles may be lit
The St. Joseph Altar, up to 4 candles may be lit
The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

The Sanctuary Candle
The Altar, up to 4 candles may be lit on the Altar

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

All Memorials can be purchased in the Parish Office during business hours.

SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.



CHILDREN'S TITHE

The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week. During the Mass they are asked to come

forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.

THE SHEPHERD IS LOOKING FOR LOST SHEEP



Please help identify people who once attended Saint Helena or Saint Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your

help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

A Jubilee Year of Hope 2025



The Jubilee Prayer

Father in heaven,
may the *faith* you have given us
in your son, Jesus Christ, our brother,
and the flame of *charity* enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform us
into tireless cultivators of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, *Pilgrims of Hope*,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

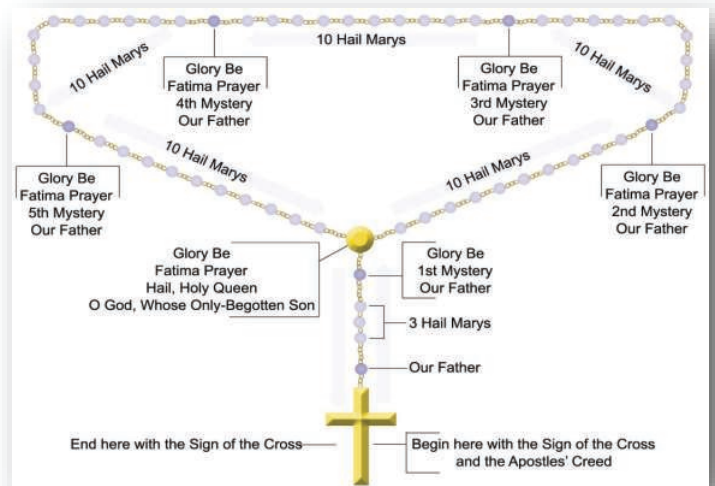
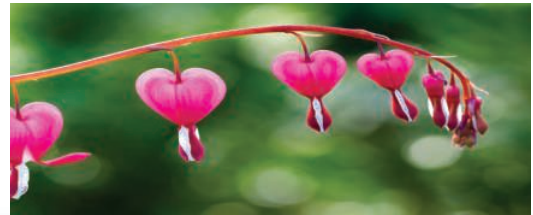
To you our God, eternally blessed,
be glory and praise for ever.

Amen.

On May 9, 2024, Pope Francis released a Papal Bull of Indiction which formally announced the Jubilee Year of Hope. The document was entitled *Spes non confundit* -- "Hope does not disappoint" (Rom 5:5). In it, Pope Francis writes on the reasons for this theme for the Jubilee Year: In the spirit of hope, the Apostle Paul addressed these words of encouragement to the Christian community of Rome. Hope is also the central message of the coming Jubilee that, in accordance with an ancient tradition, the Pope proclaims every twenty-five years.... For everyone, may the Jubilee be a moment of genuine, personal encounter with the Lord Jesus, the "door" (cf. Jn 10:7.9) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as "our hope" (1 Tim 1:1). Everyone knows what it is to hope. In the heart of each person, hope dwells as the desire and expectation of good things to come, despite our not knowing what the future may bring. Even so, uncertainty about the future may at times give rise to conflicting feelings, ranging from confident trust to

Jubilee Year of Hope Continued

apprehensiveness, from serenity to anxiety, from firm conviction to hesitation and doubt. Often we come across people who are discouraged, pessimistic and cynical about the future, as if nothing could possibly bring them happiness. For all of us, may the Jubilee be an opportunity to be renewed in hope. God's word helps us find reasons for that hope. ...



WE REMEMBER

and we gratefully acknowledge the following families
who so thoughtfully asked that donations in memory
of their loved one be sent to Saint Helena Church.

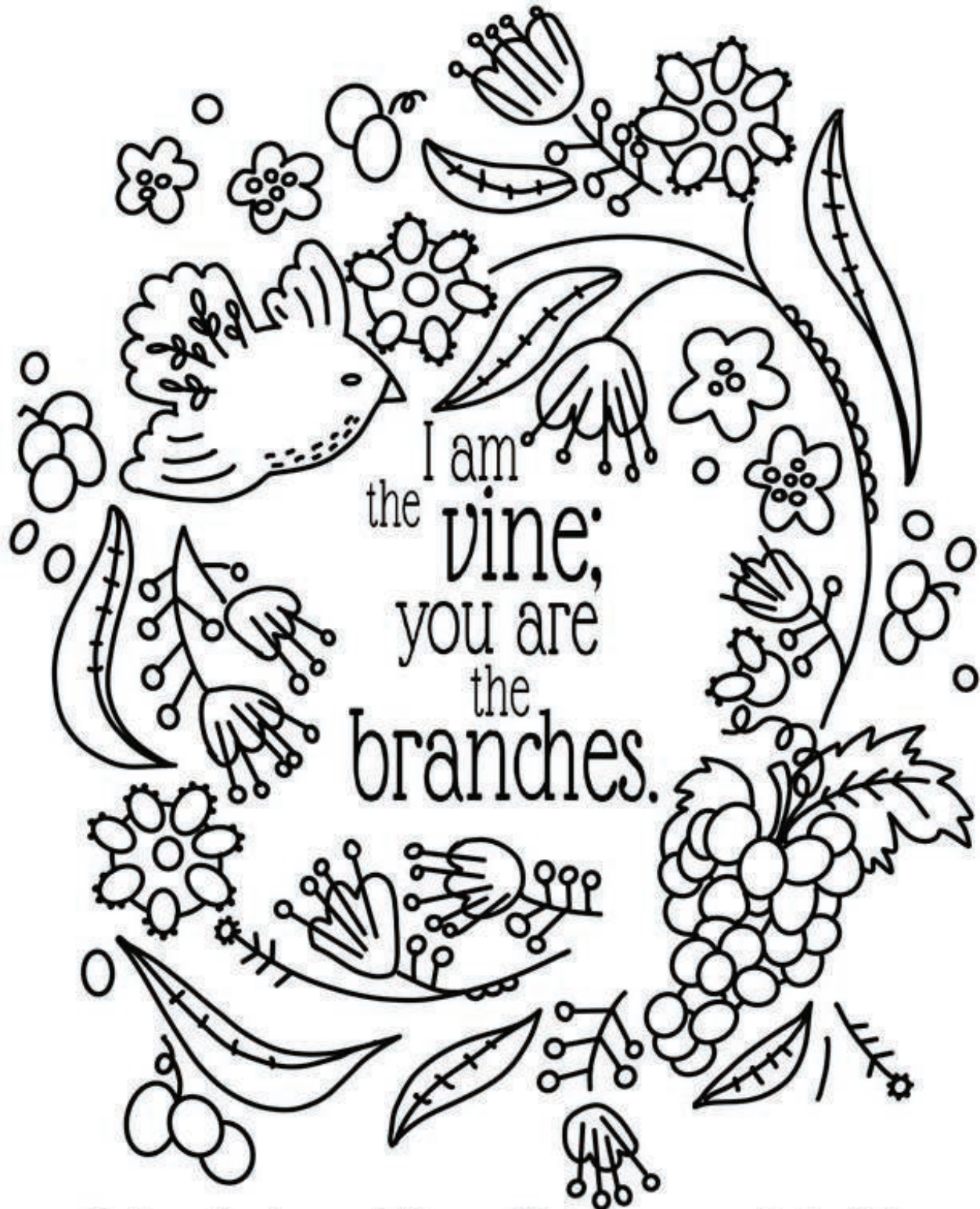
We ask that you please keep them
in your prayers:

Kathleen & James Fenerty, Louis R. DiMaria,
Jim Dougherty, Elsie McDermott, Rita Sciarra,
Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel,
Edward Wykstra, Daniel Bagley, Frank Groarke, &
Connie Swan.

BEQUESTS

The following people have prayerfully made
bequests in their Wills to Saint Helena Church.
Please remember them in prayer as well.

Kathleen Schoemaker, Margaret Donahue,
Lorraine Gigliello, Margaret (Peg) Tannenbaum,
John H. Quillinan, III, David R. Bright, Mary Ann Christ,
Elizabeth Foster, Marie Sommers,
Martin J. Payton, Jr., Wanda James, &
Angela M. Holbrook



For the entire story read John 15:5. What vine are you attached to? What kind of fruit are you bearing? Can you accept the pruning process?



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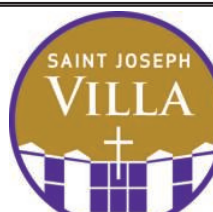
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