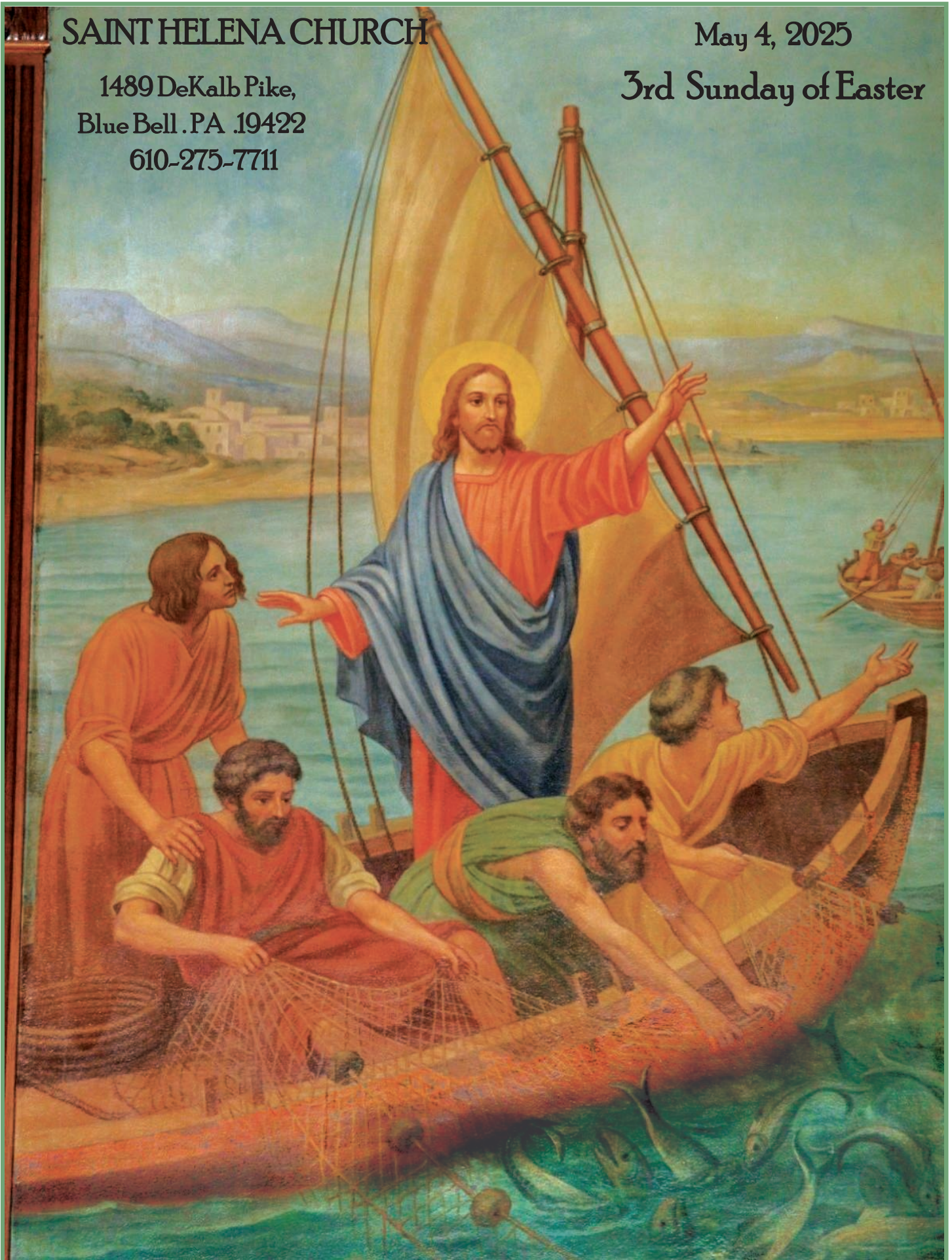


SAINT HELENA CHURCH

1489 DeKalb Pike,
Blue Bell .PA .19422
610-275-7711

May 4, 2025

3rd Sunday of Easter





OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus

Rev. Samuel A. Verruni: Senior Priest

Rev. Dr. Kyle M. Adamczyk: Parochial Vicar

Msgr. Joseph J. Nicolo: Pastor Emeritus

Deacon Przemek Rozestwinski

Deacon Claude Granese

Deacon A. Kenneth Belanger, Retired

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Mandy Valentin

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt

School Secretary: Mrs. Megan Tronoski

School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870

Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349

Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749

Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711

Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel

Saturday: 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Holy Days: Vigil: 7:00 PM,

Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM

Saturday Vigil Mass: 4:30 PM

Sunday: 10:00 AM

Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church

St. Titus - Saturday at 3:30 PM in the Church

or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM

Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11:30 AM (Grotto)

Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A *Pre-Baptism class* is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office at 610-275-7711.

PARTNER PARISH MASS INTENTIONS

Sat., May 3 - Sts. Philip & James

9:00 AM - St. Helena Chapel
 † Living & Deceased Members of the
 St. Theresa Guild
 4:00 PM - St. Helena Church
 † Roseann Sulock
 Req. by the Schmidt Family
 4:30 PM - St. Titus
 † Antoinette Granese
 Req. by the Granese Family

Sun., May 4

7:30 AM - St. Helena Church
 † For the People of the Parish
 9:00 AM - St. Helena Church
 † Albert B. Sinopoli
 Req. by the Sinopoli Family
 10:00 AM - St. Titus
 † Mary Benkovich
 Req. by Kelly Lawler
 11:00 AM - St. Helena Church
 † Grace & Ralph Reeves &
 Helene & Jack Schmidt on their 68th Wedding
 Anniversaries
 Req. by Their Families

Mon., May 5

8:00 AM - St. Titus
 † Liz Manjay
 Req. by Liz & Andrew Oreo
 9:00 AM - St. Helena Chapel
 † Ana Donnelly & Marie Rodriguez
 Req. by Sylvia Donnolly

Tues., May 6

8:00 AM - St. Titus
 † Vivian Guardino
 Req. by Bob Getz
 9:00 AM - St. Helena Chapel
 † Bernice Zwigaitis
 Req. by Julie & Chip Behr

Wed., May 7

9:00 AM - St. Helena Chapel
 † Cherushpum
 Req. by the Morris Family

Thur., May 8

8:00 AM - St. Titus
 † Carolyn & Ryan McCann
 Req. by the Quinn Family
 9:00 AM - St. Helena Chapel
 † Vincent Chiarolanza
 Req. by his wife Miriam

PARTNER PARISH MASS INTENTIONS

Fri., May 9

8:00 AM - St. Titus
 † Living & Deceased Parishioners of St. Titus
 9:00 AM - St. Helena Chapel
 † Bob Baxter
 Req. by Madeline Baxter

Sat., May 10 - St. John of Avila

9:00 AM - St. Helena Chapel
 † Living & Deceased Members of the
 St. Theresa Guild
 4:00 PM - St. Helena Church
 † Anna J. Cianciulli
 Req. by the Family
 4:30 PM - St. Titus
 † Margaret Heid
 Req. by Martha Heid

Prayer for the Sick



In your charity, please pray for our sick
 & home-bound parishioners, as well as
 those living in health/nursing facilities.

In particular, please remember the
 following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Sue Eason,
 Lorraine Perri, Mike Piskai, Jr., Linda Weikert,
 Patty Kurkowski, William Lawrence, Joan DiDonato,
 Kristen Gilia, Al Slusarz, Bruce Shepherd,
 Jong Soo Sohn, Carletta Sohn, Kevin Hogan,
 Charlotte Yacovelli, Sr. Fran Reinhardt O.S.F.,
 Marsha Tinti, Richard Kellerman, William Yacovelli,
 Danny Matoney, Nicolette Theisen, Nancy Matozzo,
 Sarah Jammer, Anthony Grasso, Thomas Grasso,
 Kaye Grasso.



PRAY FOR OUR MILITARY

*Please pray for all our military
 Personnel.*

Lord God, Almighty Father,
 Creator of humankind and Author of peace, we
 are ever mindful of the cost paid for the liberty
 we possess, we ask You to bless the members of
 our Armed Forces. Give them courage, hope
 and strength. May they ever experience your
 firm support, gentle love and compassionate
 healing. Be their power and protector, leading
 them from darkness to light. To You be all
 glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch,
 ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

CATHERINE "CASEY" INTERRANTI

ANITA DiFULVIO

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

LITURGICAL MINISTRIES

MAY 10 & 11

CELEBRANTS & DEACONS

Saturday, May 10

4:00 PM Fr. Drew

4:30 PM Msgr. Beach (Deacon Claude)

Sunday, May 11

7:30 AM Fr. Joe

9:00 AM Fr. Kyle (Deacon Przemek)

10:00 AM Fr. Sam (Deacon Claude)

11:00 AM Fr. Joe

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church
burns in honor of

ALL NEWLY BAPTIZED IN APRIL

The Sanctuary Candle in the Chapel
burns in memory of

MARY & JOHN FLAHERTY

REQUESTED BY THEIR DAUGHTER

**WEDNESDAY
ROSARY GROUP**

WEDNESDAYS, 11:30 AM
in the St. Theresa Chapel.



New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

**JOIN AN INFORMATION SESSION TO
SHARE YOUR THOUGHTS ON WHAT
PATH THE CHURCH
IS TAKING**

From now through June 2025, I invite you to join a conversation about the future path we will forge together for our Church. You'll have opportunities to participate in two sessions at your parish, as well as multiple discussions in each county. Dates and locations are listed below. Please sign up to participate in these important conversations that will shape our shared journey.

Thursday, May 22

Lansdale Catholic High School
Lansdale, PA
6:30-8:30 p.m.

Thursday, May 22

Epiphany of Our Lord
Plymouth Meeting, PA
6:30-8:30 p.m.

Please register: archphila.com
Seating is limited.



Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." - Matthew 19:14

BAPTISMS



*Welcome to the newest
members of our parish family who were
Baptized in April*

Paige Gabriella, daughter of
Michael & Ashley (Summa) Foy

Reese Marie, daughter of
Robert & Courtney (Waddle) Foy

Riley Anne, daughter of
Robert & Courtney (Waddle) Foy

Makenzie Isabelle, daughter of
Gregory & Kristin (Sims) Cooke

CONGRATULATIONS and GOD BLESS YOU ALL!

PARISH EVENTS FOR THIS WEEK

SUNDAY, MAY 4

- Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, MAY 5

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- May Procession (School): 7:00 PM - Church
- Pre-Baptism Class: 7:00 PM - Convent
- CYO Volleyball: 7:30 PM - Rec. Center

TUESDAY, MAY 6

- Daily Mass: 9:00 AM - Church
- Adult Basketball: 5:30 PM - Rec. Center
- PREP: 6:00 PM - Education Center
- 3 on 3 Basketball: 7:30 PM - Rec. Center
- CYO Board Mtg.: 7:30 PM - Our Lady of Mercy

WEDNESDAY, MAY 7

- Daily Mass: 9:00 AM - Chapel
- New Beginnings II: 6:30 PM - Cafeteria
- CYO Volleyball: 7:30 PM - Rec. Center

THURSDAY, MAY 8

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- RCIA: 7:00 PM - Our Lady of Mercy
- CYO Volleyball: 7:30 PM—Rec. Center

FRIDAY, MAY 9

- Daily Mass: 9:00 AM - Chapel
- May Fair: All Day
- Senior Club: 10:00 AM - Empress Room

SATURDAY, MAY 10

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church

SUNDAY, MAY 11

- Masses: 7:30, 9:00, 11:00 AM - Church
- CYO Volleyball: 6:30 PM - Rec. Center

HELP KEEP ST. HELENA BEAUTIFUL BY ADOPTING A GARDEN!

The Garden Club maintains various flower beds on the Church campus grounds. We are asking for your help in keeping our gardens looking beautiful. Maybe a family or a Church ministry group could adopt one of the gardens to upkeep during the spring, summer, and fall months. We are asking that the gardens are weeded weekly or as needed. If area is dry when you are weeding, please water. The areas in red are already adopted. Please start as soon as possible. Initial weeding and mulching was done which should make it much easier to keep up.

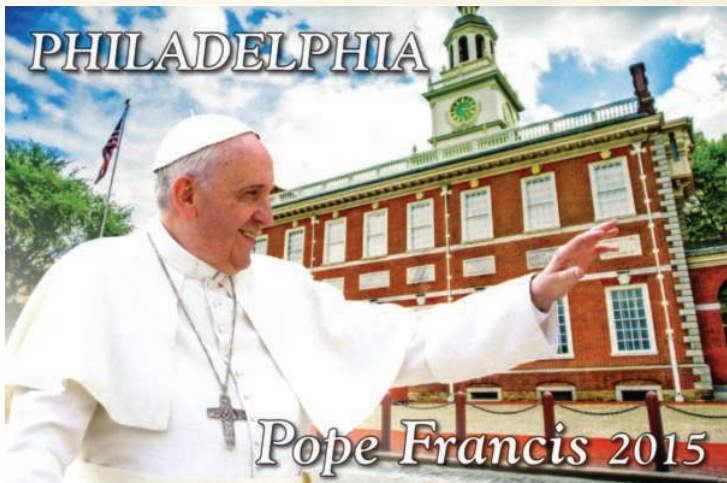
ADOPT A GARDEN CONTINUED

- **Right Side of Church incl. area near steps - G.Gilllin**
 - **Front of Empress Room – George Gillin**
 - **Blessed Mother Statue at Right Side of Church – Janice & Bob Waitkus**
 - **Two Large Plots leading up to the Church**
 - **Wayside Garden near Stations**
 - **St. Joseph Statue - Mike Pelone**
 - **Sacred Heart Statue - Mike Pelone**
 - **Pond in Front of Rectory**
 - **Four Urns at Social & Rec Center – Ann Kerns**
 - **Father Higgins Grave - Karen DeLeonard**
 - **Eight Urns at Church, 2 Urns at Chapel**
 - **Ten Urns on Lower and Upper Sides of School**
 - **Hedges in Front of Rectory**
 - **Stations of the Cross – Sue Haberin**
 - **Rosary Garden**
 - **Left Side of Church incl. Divine Mercy Hydrangea Garden**
 - **Left Side of Church from Divine Mercy Corner to Transformer**
 - **Behind the Grotto Altar**
 - **St. Francis Garden- Thom Mrazik**
 - **St. Theresa Statue and Plot Behind Statue**
 - **St. Helena Statue and Plot Behind Statue**
 - **Garden on side of Chapel**
 - **Calvary Garden – Marie Guilardi**
 - **Row of Holly Bushes between Church and Chapel**
 - **Light Posts and Mailbox in Front of Rectory**
 - **Garden by Transformer across from Stations of the Cross – Joseph Ruskiewicz**
 - **Island in front of Empress Room – Joseph Ruskiewicz**
 - **Right Side of Convent Meeting Rooms – H.S. Y. Group**
 - **Azalea Garden and Fence on Top of Grotto**
 - **Front of Meeting Center (Convent)**
 - **Front and Side of Bell Tower**
 - **School – Front of Library**
 - **School – Front Left Side**
 - **School – Front Right Side**
 - **Islands in School Parking Lot**
 - **Front of Rectory**
 - **Front and Side of Information Center**
 - **Six Angels going in and coming out of Campus**
 - **Rhododendron Garden by School Kindergarten**
 - **Berm (Would need several people)**
 - **Grotto (Would need several people)**
 - **Entrance side of Pre-K and Pre-K Gardens**
- If you can help, please call Theresa Smith at 215-646-7636 or email at theresacssmith@verizon.net.

In Prayerful Remembrance

Pope Francis

1936-2025





Saint Helena CCD



(CONTINUING CATHOLIC DEVELOPMENT)



Registration for 2025-2026
Levels 1-8 is NOW open

New Level 8: Faith in Action!



Please sign-up using the QR-CODE above

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the Sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two Godparents (for Baptism), one must be male and one must be female.

A Godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.

THE SHEPHERD IS LOOKING FOR LOST SHEEP



Please help identify people who once attended Saint Helena or Saint Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____



Charitable Service
Join the Knights for free
www.kofc.org
Grand Knight, Ted Pantaleo
tpantal@msn.com

Roses for Life - Honoring Mothers on May 10 and 11

Honoring all Mothers for giving the perfect gift of Human Life. The Knights of Columbus will be handing out roses to all Mothers in the Narthex after Mass on May 10 and 11. Free will donations will be distributed to support the efforts of local Pro-life organizations. Online donations appreciated at your PayPal account, pay to knights14210@gmail.com

Thank You for Your Generosity - Lenten Dinners

The Knights greatly appreciated your support of the recent Lenten Dinners with ~450 meals served to St. Helena parishioners.

From proceeds, the Knights donated \$1000, to the California State Knights of Columbus to help with local Knights Councils' relief efforts for the Los Angeles-area wildfire disasters.

Philadelphia Archdiocese News WHAT'S HAPPENING TO THE PARISHES TODAY!

In February, the Archdiocesan Strategy Office and Catholic Leadership Institute released information about the missionary hub planning process, which was announced earlier this year through Archbishop Perez' pastoral letter.

To learn more, read Archbishop Perez's letter, and to view videos related to the missionary hub planning process, scan the QR code or visit trustandhope.org



Topics include...

- Archbishop Perez's pastoral letter.
- What is a Missionary Hub?
- What goes into a parish?
- Aren't a Parish and the Church the same?

Saint Helena Young Adult Group

NEW TO THE AREA? BACK HOME AFTER COLLEGE? LOOKING FOR A CATHOLIC COMMUNITY?

Our young adult group meets for prayer, discussion, service, and social outings — all centered on growing together in our Catholic faith. If you're in your 20's or 30's, you're welcome to be part of our Christ-centered community!

Email Christian to join our *GroupMe* for updates on our meetings and events.
cthompson@sainthelenachurch.org

Our next events are...

Thursday May 8 — “Why you should care about the Baptism of Jesus?”

Thursday, May 15 — “Why you should care about the Transfiguration of Jesus?”

Meeting is from 7 to 8:15pm in the Parish Convent — bring a bible!

Thursday, May 22 — Pasta Bake Service Night (more details to come!)



Young Women's Book Study

“Sincerely, Stoneheart”

Unmask the Enemy's Lies, Find the Truth that Sets You Free

Insights for a Woman's Heart based on C.S. Lewis's
“The Screwtape Letters”

All young adult women ages 18 to late 30's are invited to journey on
this engaging story of the battle for the human heart.

What to expect:

- Weekly reflections and insights
- Faith-filled conversations
- Fellowship, prayer, and community rooted in Christ

What to bring:

- Please purchase in advance a copy of “Sincerely, Stoneheart”

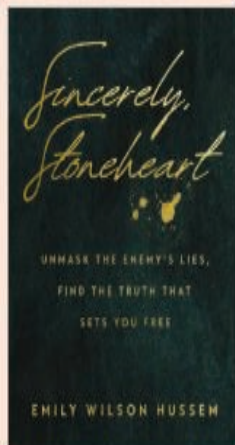
SEVEN MONDAY EVENINGS - STARTING JUNE 23

7:00 PM - SAINT HELENA CONVENT

1301 YOST ROAD

Contact - Gabrielle Thompson

gmboscaino@gmail.com



Young Men's Book Study

“The Great Divorce” by C.S. Lewis

All young adult men (18 to late 30's) are invited to journey on
an extraordinary meditation of good and evil, grace and
judgment. Through the work of C.S. Lewis, we will unpack the
themes of Catholic spirituality and authentic manhood.

Topics of discussion:

- Finding purpose in a vocation
- Romantic relationships
- Family commitments
- Physical, emotional, psychological health and wellness
- Struggles with addictions and vices

What to bring:

- Please purchase in advance a copy of “The Great Divorce”

FIVE MONDAY EVENINGS

STARTING JUNE 30

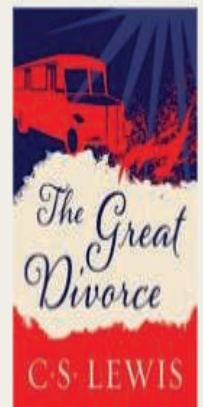
7:00 - 8:00PM

ST. HELENA CONVENT

1301 YOST ROAD

Contact - Christian Thompson

cthompson@sainthelenachurch.org



Vacation Bible School 2025

Radical Ride: On the Wings of Prayer

Children will **travel the world** with **Amazing Angels and Super Saints**, discovering the **power of prayer** and how to bring it into their everyday lives!

Each day is packed with:

- ◇ **Faith**-filled lessons that inspire
- ◇ Creative **Crafts** to take home
- ◇ Exciting **Games** to get moving
- ◇ Uplifting **Music** to sing & dance
- ◇ Delicious **Snacks** to fuel the fun

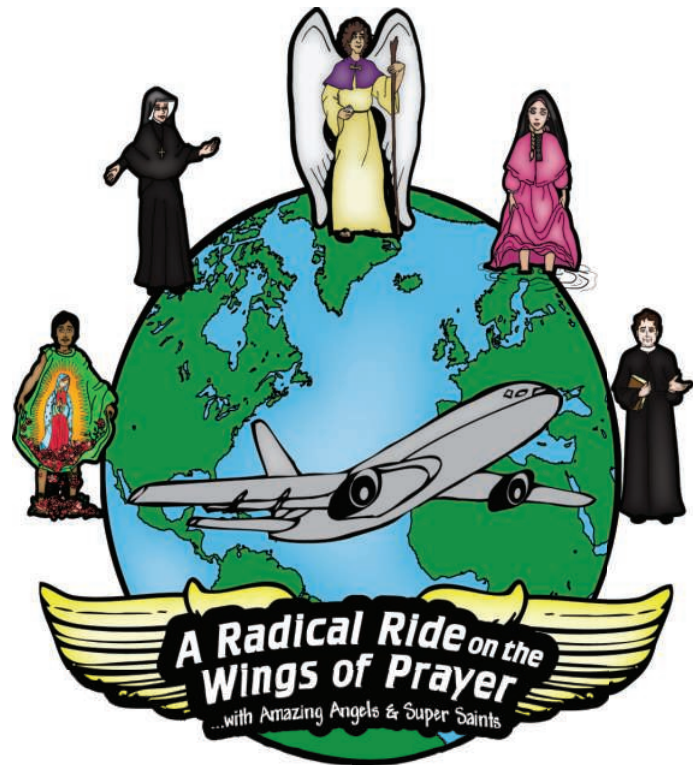
When? August 4th — 8th, 9am to 12pm

Where? Saint Helena Education Center

Who? All rising K — 5 grade students
(going into 2025/2026 school year)

For Teens: All rising 6 — 12 grade students are welcomed as Teen Leaders

Cost? \$40 for Child Campers and \$20 for Teen Leaders



Registration is now 100% online

Please scan the QR code to register!

We are currently **37%** full to capacity! Spaces fill up **very quickly** and registration closes **July 5**. Please sign up today!

Contact: Christian Thompson
610-930-0349 or cthompson@sainthelenachurch.org



SAINT HELENA YOUTH GROUP

Our youth group is open to all teens in 7th-12th grades. We try to live as disciples of Jesus and develop our personal and spiritual growth through prayer, formation, service, and community. Meetings are usually held on Sunday evenings in the parish convent from 7 to 8:15pm, with a mix of spiritual formation, service, prayer, and fraternal outings to help teens grow as disciples of Christ.

Teens from the youth group delivering Easter lilies to parishioners



Teens, scan to vote in our summer events poll!



Parents, scan to receive youth group emails



A Jubilee Year of Hope 2025



The Jubilee Prayer

Father in heaven,
may the *faith* you have given us
in your son, Jesus Christ, our brother,
and the flame of *charity* enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform us
into tireless cultivators of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, *Pilgrims of Hope*,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

To you our God, eternally blessed,
be glory and praise for ever.

Amen.

On May 9, 2024, Pope Francis released a Papal Bull of Indiction which formally announced the Jubilee Year of Hope. The document was entitled *Spes non confundit* -- "Hope does not disappoint" (Rom 5:5). In it, Pope Francis writes on the reasons for this theme for the Jubilee Year: In the spirit of hope, the Apostle Paul addressed these words of encouragement to the Christian community of Rome. Hope is also the central message of the coming Jubilee that, in accordance with an ancient tradition, the Pope proclaims every twenty-five years.... For everyone, may the Jubilee be a moment of genuine, personal encounter with the Lord Jesus, the "door" (cf. Jn 10:7.9) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as "our hope" (1 Tim 1:1). Everyone knows what it is to hope. In the heart of each person, hope dwells as the desire and expectation of good things to come, despite our not knowing what the future may bring. Even so, uncertainty about the future may at times give rise to conflicting feelings, ranging from confident trust to (Continued)

Jubilee Year of Hope Continued

apprehensiveness, from serenity to anxiety, from firm conviction to hesitation and doubt. Often we come across people who are discouraged, pessimistic and cynical about the future, as if nothing could possibly bring them happiness. For all of us, may the Jubilee be an opportunity to be renewed in hope. God's word helps us find reasons for that hope. ...

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at bushners@comcast.net for more information





CHILDREN'S TITHE

The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week. During the Mass they are asked to come

forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.



PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage.

To register go to the Archdioceses website: Archphila.org, under Marriage preparations to take the class on line.

MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

The Sanctuary Candle

The Blessed Mother Altar, up to 4 candles may be lit

The St. Joseph Altar, up to 4 candles may be lit

The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

The Sanctuary Candle

The Altar, up to 4 candles may be lit on the Altar

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

All Memorials can be purchased in the Parish Office during business hours.

SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.

RESPECT LIFE CORNER



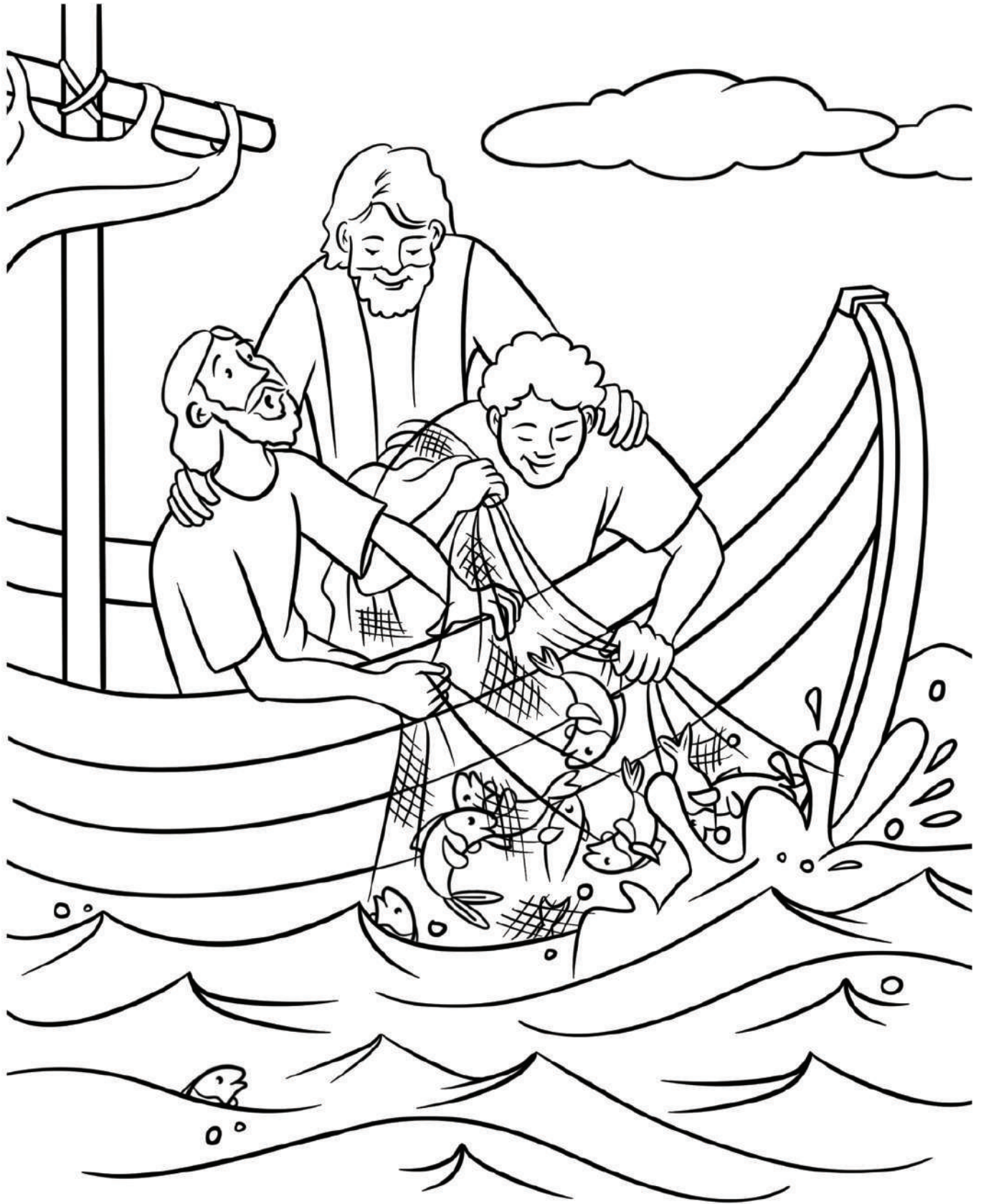
CALL TO DUTY – Are you a World War II, Korean or Vietnam War Veteran? Do you know a World War II, Korean or Vietnam War Veteran?

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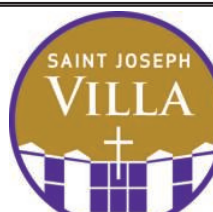
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