

SAINT HELENA CHURCH

MARCH 9, 2025

1st Sunday of Lent

1489 DeKalb Pike, Blue Bell .PA .19422

610-275-7711 (Phone)

*You shall not put
the Lord, your God,
to the test.*

LUKE 4:12





OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
Rev. Samuel A. Verruni: Senior Priest
Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
Msgr. Joseph J. Nicolo: Pastor Emeritus
Deacon Przemek Rozestwinski
Deacon Claude Granese
A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711
Web Site: www.sainthelena-centersquare.net
Email: parish@sainthelenachurch.org
Monday through Friday: 9:00 AM to 5:00 PM
Business Manager: Ms. Cathy Neugebauer
Parish Administrative Assistant: Mrs. Gina Malony
NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422
Phone: 610-279-3345 <> Fax: 610-279-3272
School Principal: Miss Denise Britt
School Secretary: Mrs. Megan Tronoski
School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870
Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349
Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749
Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711
Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel
Saturday: 4:00 PM Vigil Mass
Sunday: 7:30 AM, 9:00 AM, & 11:00 AM
Holy Days: Vigil: 7:00 PM,
Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM
Saturday Vigil Mass: 4:30 PM
Sunday: 10:00AM
Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church
St. Titus - Saturday at 3:30 PM in the Church
or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
Wednesdays: 11:30 AM (Grotto)
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.
A Pre-Baptism class is required for parents & optional for Godparents, and are usually offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

PARTNER PARISH MASS INTENTIONS

Sat., March 8 - St. John of God

9:00 AM - St. Helena Chapel
 † Living & Deceased Members of the Saint Theresa Guild
 4:00 PM - St. Helena Church
 † Lorraine Strizzieve
 Req. by Jeff & Joan McQuade
 4:30 PM - St. Titus
 † Theresa & Charles Connell
 Req. by the Connell Family

Sun., March 9

7:30 AM - St. Helena Church
 † For the People of the Parish
 9:00 AM - St. Helena Church
 † Josephine & Joseph Mrazik
 Req. by Mary Jane & Thom Mrazik
 10:00 AM - St. Titus
 † Mike Whelihan
 Req. by the Whelihan Family
 11:00 AM - St. Helena Church
 † Ana Donnelly
 Req. by Sylvia Donnelly

Mon., March 10

8:00 AM - St. Titus
 † Rita Granese
 Req. by Helen Gardocki
 9:00 AM - St. Helena Chapel
 † Peter J. Cissone
 Req. by the Cissone & Benamar Families

Tues., March 11

8:00 AM - St. Titus
 † Living & Deceased Parishioners of St. Titus
 9:00 AM - St. Helena Church
 † Peter Wallace
 Req. by the Rooney Family

Wed., March 12

9:00 AM - St. Helena Chapel
 † John J. Humma, Jr.
 Req. by Jeffrey & Carly McMahon

Thur., March 13

8:00 AM - St. Titus
 † Rita Granese
 Req. by St. Titus Office Staff
 9:00 AM - St. Helena Chapel
 † Frances A. Frabezio - 1st Anniversary
 Req. by Gina Malony

Fri., March 14

8:00 AM - St. Titus
 † Sam Rizzo
 Req. by Barbara Loeper

PARTNER PARISH MASS INTENTIONS Continued

Fri., March 14

9:00 AM - St. Helena Chapel
 † Jane Lutz
 Req. by Bud Hansen

Sat., March 15

9:00 AM - St. Helena Chapel
 † Living & Deceased Members of the Saint Theresa Guild
 4:00 PM - St. Helena Church
 † Joseph Lamina, Sr.
 Req. by Joan Winkowski
 4:30 PM - St. Titus
 † Anthony Ciotto
 Req. by Pat & Bob Klampfer

LENTEN MASS SCHEDULE FOR SURROUNDING PARISHES

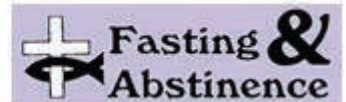
St. Titus	8:00 AM	Mon., Tue., Thurs., Fri.
St. Paul	8:00 AM	Mon. - Sat.
St. Stanislaus	8:00 AM	Mon. - Sat.
Epiphany of our Lord	8:15 AM	Mon. - Sat.
St. Anthony	8:15 AM	Mon. - Thurs.
Visitation BVM	8:30 AM	Mon. - Sat.
St. Rose	8:30 AM	Mon. - Sat.

LENTEN PRACTICES

FASTING & ABSTINENCE

Ash Wednesday and Good

Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, fasting is obligatory from age 18 through age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Abstinence from meat on Lenten Fridays applies to all aged 14 and above.



Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Mike Piskai, Jr., Linda Weikert, Patty Kurkowski, William Lawrence, Joan DiDonato, Casey Interrante, Alec Jensen, Kristen Gilia, Bruce Shepherd, Jong Soo Sohn, Carletta Sohn, Al Slusarz, Msgr. Beach, Sue Eason, Kevin Hogan, Charlotte Yacovelli, Kaye Grasso, Richard Kellerman, Marsha Tinti, William Yacovelli, Nicolette Theisen, Danny Matoney, Nancy Matozzo, Sarah Jammer, Lorraine Perri.



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

ERNEST A, ROTONDO

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns for the health of

SARAH JAMMER

Requested by the Reeves Family

The Sanctuary Candle in the Chapel burns in memory of

JOHN SAJDA

Requested by Kathy & Family



A Candle burns at the Blessed Virgin Mary In memory of

PETER J. CISSONE

Requested by the Davis Family



Two Candles burn at St. Joseph in memory of

ERNEST A. ROTONDO'S BIRTHDAY

Requested by Leslie Powell & Family

PARISH EVENTS FOR THIS WEEK

SUNDAY, MARCH 9

- St. Titus Forty Hours Opening: 10:00 AM Mass
- St. Titus Forty Hours Service: 7:00 PM - Church
- Youth Group: 7:00 PM - Convent
- Masses: 7:30, 9:00, 11:00 AM - Church

PARISH EVENTS FOR THIS WEEK

SUNDAY, MARCH 9

- Ladies of Helena Bowling Reservations: After All Masses - Narthex

MONDAY, MARCH 10

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria
- Daisy/Brownies: 6:15 PM - Library
- St. Titus Forty Hours Service: 7:00 PM - Church

TUESDAY, MARCH 11

- Daily Mass: 9:00 AM - Church
- Mommy & Me: 10:00 AM - Our Lady of Mercy
- Walking with Purpose: 1:00 PM - Convent
- Adult Basketball: 5:30 PM - Rec. Center
- PREP: 6:00 PM - Education Center
- PREP Prayer Service: 6:30 PM - Chapel
- St. Titus Forty Hours Closing Service: 7:00 PM Church
- Extraordinary Minister of Holy Communion Workshop: 7:00 PM - Church
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, MARCH 12

- Daily Mass: 9:00 AM - Chapel
- Spring Show Practice: 3:15 PM - Rec. Center
- Respect Life Mtg.: 6:45 PM - Lady of Fatima
- Adult Faith Formation - Metanoia: 7:00 PM Constantine Room
- Knights of Columbus Mtg.: 7:00 PM - Our Lady of Mercy

THURSDAY, MARCH 13

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- Spring Show Practice: 3:15 PM - Rec. Center
- Robotics: 6:00 PM - Cafeteria
- RCIA: 7:00 PM - Our Lady of Mercy
- St. Titus, Stations of the Cross: 7:00 PM - Church

FRIDAY, MARCH 14

- Daily Mass: 9:00 AM - Chapel
- Senior Club: 10:00 PM - Constantine Room
- Stations of the Cross: 7:00 PM - Church

SATURDAY, MARCH 15

- Daily Mass: 9:00 AM - Church
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church

SUNDAY, MARCH 16

- Masses: 7:30, 9:00, 11:00 AM - Church
- Girl Scout Mass: 9:00 AM - Church

THANK YOU FOR YOUR TITHE!

for weekend of March 2, 2025

PLATE: \$ 16,017
E GIVING: \$ 10,625
MAIL-IN: \$ 5,246

Lent Series Starting THIS week!

“*Metanoia*: A Journey with Christ”

Series Details

When: Wednesdays March 12, 19, 26, April 2 & 9
7:00 - 8:15 PM

Where: St. Helena - Empress Room

Who: All Adults. Invite a friend & neighbor!

Join us for prayer, teaching, small group discussion

Series topics include:

- Who do YOU say Jesus is?
- How do I get to Heaven?
- How can I be countercultural?
- Why do I have to pray?
- How do I do spiritual warfare?



Scan the QR code to learn more, watch the trailer, and sign up for our series!

RSVP & Questions? Contact Christian Thompson
cthompson@sainthelenchurch.org

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the sacraments of baptism, Holy Eucharist, and confirmation.

Must be at least 16 years of age.

If there will be two godparents (for baptism), one must be male and one must be female.

A godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.



MARTHA'S CHOICE MARKETPLACE

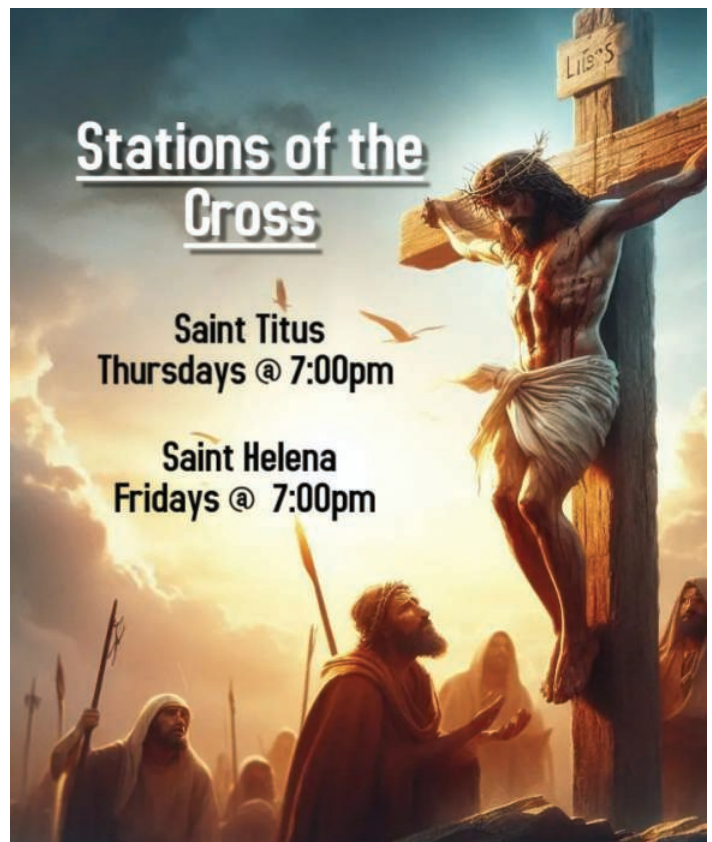
On behalf of All the staff and guests of Martha's Choice Marketplace and Community Farm at Catholic Social Services of Montgomery County, we would like to **thank you** for your incredibly generous donations of 142 pounds of food and/or other goods during the period of July 1, 2024 thru December 31, 2024. This does not include the 5250 pounds of food and/or other goods collected during the Thanksgiving period.

You are our superhero, and a vital part of everything we do at Martha's Choice Marketplace.

God bless you and your family! May 2025 be filled with peace, patience, love & kindness! Blessings!

Sincerely,

Eli Wenger & Patrick Walsh
Directors



LITURGICAL MINISTRIES

MARCH 15 & 16

CELEBRANTS & DEACONS

Saturday, March 15

4:00 PM Fr. Drew
4:30 PM Fr. Sam w/Deacon Claude

Sunday, March 16

7:30 AM Fr. Kyle
9:00 AM Fr. Joe w/Deacon Przemek
10:00 AM Fr. Sam w/Deacon Claude
11:00 AM Fr. Kyle w/Deacon Przemek



CHILDREN'S TITHE

The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week.

During the Mass they are asked to come forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.

To All Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are appointed for a three-year term and for the place where they are commissioned. Terms may be renewed if agreeable to both the pastor/chaplain and the Extraordinary Minister of Holy Communion. If you are an Extraordinary Minister of Holy Communion in need of a Letter or its time to renew your term. Please join us as Father G. Dennis Gill, Director of the Office for Divine Worship, presents an Archdiocesan Workshop for Extraordinary Ministers of Holy Communion:

Tuesday, March 11, 2025

7:00 PM to 9:00 PM in Main Church
Saint Helena Church, (Montgomery County)

PLEASE REGISTER AT:

worship@archphila.org

When emailing your registration, please include your name, home parish name/institution, and date of the workshop you would like to attend

St. Titus Parish Forty Hours Devotion Sunday, March 9- Tuesday, March 11, 2025

Adoration: Hours:

Sunday, March 9th, 11am-7pm
Monday, March 10th, 9am-7pm
Tuesday, March 11th, 9am-7pm

Evening Devotions:

Sunday, Monday, & Tuesday, 7pm

Homilist: Rev. Thomas A. Viviano

We invite you to spend an hour in prayer with the Lord during 40 Hours.

Please sign up for an open time slot on the sheets in the Church Lobby or call the Parish Office 610-279-4990 to fill a slot.

MESSAGE OF THANKS

Having been Ordained to the Diaconate I am so grateful to all of you, my family and friends who shared this day with me. I could feel the warm thoughts and love. I will always be grateful for your presence, gifts and most of all your prayers. I am excited to serve you as a Deacon in the months to come. Please pray for me as I continue my journey towards the priesthood.

Prayerfully Yours,
Deacon Przemek



Messiah 2.0 Production Presents... 50/50s RAFFLE BASKETS SPECIAL GAMES

BINGO

At Saint Helena's
Friday, March 21, 2025 at 7:00 PM
Saint Helena Social Hall (located behind the school)
1499 DeKalb Pike, Blue Bell
\$30 online/\$35 at the door
Make checks payable to St. Helena Church
Memo Line – Messiah 2.0 Bingo

Packet includes 10 sheets containing 3 bingo cards each!
Specials & Additional Games are Extra
Bring Your Own Food & Beverages
Music Jeopardy Game is Included

Please register by March 20th. Registration Options:

- Scan QR code below
- Complete information below. Drop the form with payment in the collection basket or at the parish office. (Questions? Messiahconcert@gmail.com)

NAME _____
PHONE _____
EMAIL _____
No. of Packets _____ @ \$30 per package = _____



Respect Life Corner

Saturday, March 29, 2025

Event: Respect Life Day of Prayer with Sister Deidre Byrne, P.O.S.C.

When we think of the “*Respect Life Movement*” our minds and hearts often immediately turn to the unborn.

However, respecting life also includes applying principles of our Catholic faith to the handicapped, sick, and dying. Join us in a day of prayer and reflection as we view Sister Deidre’s new documentary film on **Euthanasia** entitled, “**No Mercy**” with an opportunity for Q & A following it. There is no cost to attend this Day of Prayer; however, it is a ticketed event. Register at www.padrepio.org by clicking on the event calendar for March 29. Bring your own packed lunch or pre-order and pre-pay \$20.00 for a boxed lunch when registering for your ticket on-line. The deadline to order lunch is Saturday, March 22. Lunch payment is non-refundable but is transferrable to another person.

Location: National Centre for Padre Pio,
111 Barto Road, Barto, PA 19504

More Information: Complete event details can be found on our website, www.padrepio.org/event-calendar. For more information or with questions about how to register, email angela@padrepio.org

RESPECT LIFE CORNER



40 Days for Life

March 5 – April 13

HELP SAVE LIVES IN NORRISTOWN!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

With God’s help, here are the proven results in 25 coordinated campaigns:

- 25,308 babies saved from abortion
- 268 abortion workers converted
- 159 abortion centers closed

Here’s how to take part in 40 Days for Life in our community:

Vigil location: Outside Planned Parenthood at 1221 Powell Street, Norristown

Vigil hours: 8:00 AM to 5:00 PM daily

Local contact: Helen D.

Phone: 215-646-4648

Email: hdbluebell@yahoo.com

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

40daysforlife.com/Norristown

Heavenly Father, during this Lenten season, give me a new and expanded vision for my life. Help me to live full of faith. Teach me to find hope in the face of adversity. Amen.

PRAYER SHAWL MINISTRY



The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

Joining us on Monday's from 12:30 PM till 2:30 PM in the Convent OR Knitting/Crocheting can be done at home.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.

WEDNESDAY ROSARY GROUP



WEDNESDAYS, 11:30 AM

in the St. Theresa Chapel.

New meditations are offered each week for contemplation. All ages welcome.

Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

ST. HELENA SENIOR CLUB

All Senior's are invited to join our *Senior Club* at St. Helena in the Constantine Room (below the church, use side entrance for easy access). We meet on the second Friday of the month at 10:00 AM for various adventures such as BINGO, Guest Speakers, and Entertainers.

Our objectives have been funding various charities and making new friends.

All along with a complimentary cup of coffee and other refreshments. Dues are \$20 a year.

Call John Waldspurger at 610-279-1595 or June Lentz at 215-822-6751 for more information.

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at bushners@comcast.net for more information



Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." - Matthew 19:14

CALLING ALL SEWISTS!

SENIOR CLUB NEEDS YOUR TIME AND TALENT!

We are looking for volunteers to help cut, embroider, sew and label Baptismal Bibs for our newly christened parishioners.

Since 2006, this ministry has sewn over 1,400 bibs. We would like to make about 150 per year. To keep this gift going, we need seasoned sewists and anyone interested in learning some sewing skills. All are welcome!

Stop by the table in the Narthex immediately following Mass on Saturday, March 8 or Sunday March 9. You can sign up for any part of the process, and any amount of work that you're able to complete.

Members will be available to answer your questions. The club provides all materials and can assist in training if desired.

Please contact Joan Winkowski at 267-242-8158 or Liz Baldasano at 267-210-7632 for more information.

Hope to see you in March 8 or 9 after Mass!

Please join us for the
Ladies of Helena Fun Nite!

BOWLING NIGHT

We hope you can SPARE some time for a great local cause!

FRIDAY, March 21
5:30pm – 7:30pm

Our Town Alley Bowling
2912 Swede Road – East Norriton

\$25.00 per person
Ticket Price Includes:
2 hrs of Bowling + Shoe Rental
+ 1 Door Prize Ticket

For every bowler registered, the Ladies of Helena will make a donation to
Cecil & Grace Bean's Soup Kitchen
(Located at 520 Church Street, Norristown, PA) www.beansoupkitchen.com

If you would like to help our neighbors, consider bringing a pair of socks to donate to the soup kitchen!

Food & Drinks (including a Full Bar) available for purchase inside the bowling alley
– No outside drinks or food are allowed on the premises –

We have reserved 12 lanes with 6 people per lane
Space is limited and prepayment is required!

All reservations must be made through Marie Guilardi before March 16th
Email: Marie523@comcast.net • Phone: 267-240-3876

*Once you reserve your spot with Marie Guilardi you can work with her about payment dropoff options.
Please make checks payable to "Saint Helena Church"
Either place your check in an envelope labeled "LOH Bowling Night" & deliver to
Saint Helena Parish Office (open M - F 9am to 5pm) or Marie will advise you of alternate dropoff options.

Sign-up today for a fun night of bowling!
Remember it's first-come, first-serve basis until our open slots are filled & payments are received.

A Jubilee Year of Hope 2025



Jubilee Holy Year, the 2,025th Anniversary of the Incarnation of our Lord

Archbishop Perez invites all Catholics in our Archdiocese to experience spiritual renewal by participating in Holy Year events in homes, in local parishes, at shrines throughout the region, and at the Cathedral Basilica of SS. Peter and Paul.

Goal - - pilgrim opportunities for reconciliation, indulgences, prayer, and reception of the sacraments in local communities.

Fruits - - strengthened personal relationships with Jesus Christ and enriched faith journeys.

GIFT of this Indulgence through sacraments and good works - - the remission of any punishment due to our sins upon death.

HOW TO Obtain the Jubilee Indulgence granted by the Holy Father?

Undertake a pious pilgrimage, Mass or Rosary or Eucharistic Adoration and Meditation which includes the Our Father, Profession of Faith and Invocations to Mary, the Mother of God, so that everyone will come to know the closeness of Mary who never abandons her children, Confession, and Works of Mercy and Penance.

Where?

Designated Shrines within the Archdiocese as places to obtain the Jubilee Indulgence:

NATIONAL SHRINES

St. Joh Neumann at St. Peter Church, Philadelphia
Our Lady of Czestochowa, Doylestown
St. Rita, Philadelphia

DIOCESAN SHRINES

St. Anne, St. Ann's (upper) Church, Philadelphia
Bl. Carlo Acutis, Malvern Retreat House, Malvern
St. Gianna Beretta Molla, Nativity of Our Lord Church, Warminster
St. Jude, St. Jude Church, Chalfont
St. Katharine Drexel, The Cathedral Basilica of Saints Peter and Paul, Philadelphia
Our Lady, The Basilica Shrine of Our Lady of the Miraculous Medal, Philadelphia
Padre Pio, St. Bede Church, Holland

ADDITIONAL PILGRIMAGE OPPORTUNITIES

The Font at Your Place of Baptism - - where your pilgrimage of hope began as a Christian
The Basilica of the National Shrine of the Immaculate Conception, Washington, DC


THE SHEPHERD IS LOOKING FOR LOST SHEEP

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

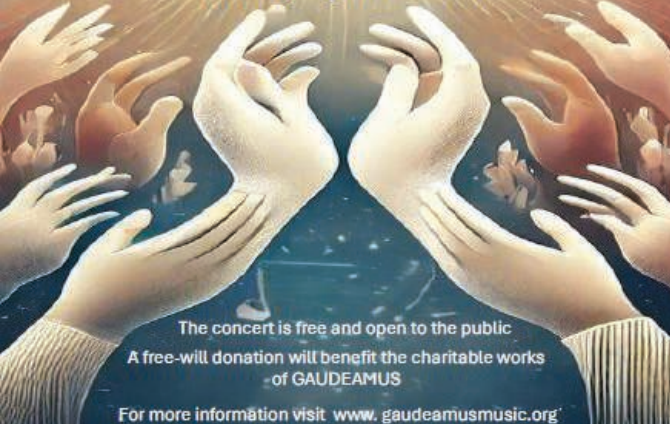


You Raise Me Up

Please join us for a concert featuring inspirational music to soothe your soul, heal your heart and lift your spirit. Gaudeamus will be joined by the Valley Forge Chorale for a performance of the Fauré Requiem

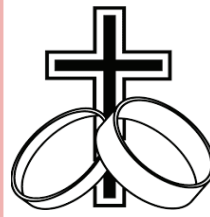
Epiphany of Our Lord Church

Sunday April 6th 7PM



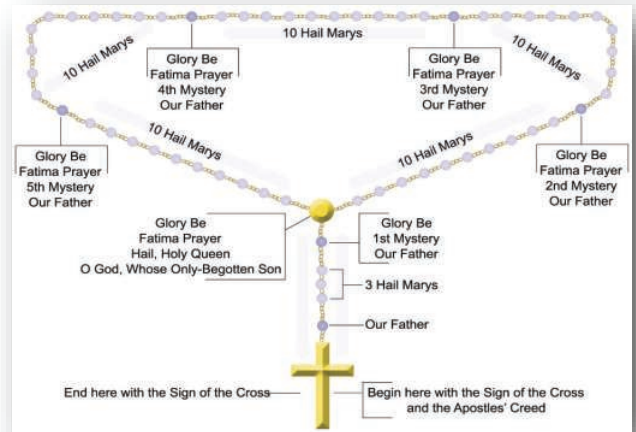
The concert is free and open to the public
A free-will donation will benefit the charitable works of GAUDEAMUS

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PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. To register go to the Archdiocese website: Archphila.org, under Marriage preparations to take the class on line.




American Red Cross

Tiferet Bet Israel Auditorium
1920 Skippack Pike, Blue Bell

Wednesday, March 19, 2025
1:00 PM to 6:00 PM

Please call 1-800-733-2767 or visit RedCrossBlood.org

ADULT DISCOVERY AND LEARNING

Upper Dublin Library offers Free Adult Learning Series.

Register at UDPL.ORG for Spring 2025 courses.

Courses range from Socialism, the Constitution and Current Events, to Music and Acting.

Have questions? Contact Lindsay Cummings at lcummings@mcclinc.org or call 215-628-8744 ext. 3334.



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WE REMEMBER

and we gratefully acknowledge the following families
who so thoughtfully asked that donations in memory
of their loved one be sent to Saint Helena Church.

**We ask that you please keep them
in your prayers:**

Kathleen & James Fenerty, Louis R. DiMaria,
Jim Dougherty, Elsie McDermott, Rita Sciarra,
Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel,
Edward Wykstra, Daniel Bagley, Frank Groarke, &
Connie Swan.

BEQUESTS

**The following people have prayerfully made
bequests in their Wills to Saint Helena Church.
Please remember them in prayer as well.**

*Kathleen Schoemaker, Margaret Donahue,
Lorraine Gigliello, Margaret (Peg) Tannenbaum,
John H. Quillinan, III, David R. Bright, Mary Ann Christ,
Elizabeth Foster, Marie Sommers,
Martin J. Payton, Jr., Wanda James, &
Angela M. Holbrook*

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We have Mass cards available for the Sick, Living & Deceased.

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in
Honor or in Memory of a loved one.

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your
will: "I give, devise, or bequeath to Saint Helena Church,
1489 DeKalb Pike, Blue Bell, PA 19422, for its general
purposes all, (or state a fraction or percentage) of the rest,
residue, and remainder of my estate, whether real or
personal." OR "I give to Saint Helena Church, 1489
DeKalb Pike, Blue Bell, PA 19422 \$X,000.00 to be used for
the general purposes of Saint Helena Parish."

The Kids' Bulletin

First Sunday of Lent
March 9th, 2025



Jesus spent 40 days in the desert preparing for His work. During Lent we spend 40 days getting ready to celebrate Jesus' death and resurrection.

Can you find your way into the desert to be with Jesus?

Lent:

Getting ready for Jesus' death and resurrection

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready by doing prayer, fasting, and almsgiving.



Prayer is talking with God. We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.

Fasting is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need God, not just food.



Almsgiving means giving to those who are in need. It helps us to be generous like God. Maybe you have a bit of money you can give to the poor or to the Church.





My Lenten Prayer

Dear Jesus

Thank you for giving Your life
for me and for everyone in the world.

You fasted 40 days in the desert, and
I want to remember Your sacrifice during Lent,
by doing the following:

Please help me to do this out of love for You,
and help me in my hour of need.

Amen.

Name : _____

Date : _____



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Tuesday, March 11, 8:30 am



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