

SAINT HELENA CHURCH



A good tree does not bear
rotten fruit, nor does a rotten
tree bear good fruit.

Luke 6:43

MARCH 2, 2025
8th Sunday of Ordinary Time

1489 DeKalb Pike, Blue Bell .PA .19422
610-275-7711 (Phone)

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OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
Rev. Samuel A. Verruni: Senior Priest
Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
Msgr. Joseph J. Nicolo: Pastor Emeritus
Deacon Przemek Rozestwinski
Deacon Claude Granese
A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711
Web Site: www.sainthelena-centersquare.net
Email: parish@sainthelenachurch.org
Monday through Friday: 9:00 AM to 5:00 PM
Business Manager: Ms. Cathy Neugebauer
Parish Administrative Assistant: Mrs. Gina Malony
NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422
Phone: 610-279-3345 <> Fax: 610-279-3272
School Principal: Miss Denise Britt
School Secretary: Mrs. Megan Tronoski
School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870
Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349
Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749
Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711
Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel
Saturday: 4:00 PM Vigil Mass
Sunday: 7:30 AM, 9:00 AM, & 11:00 AM
Holy Days: Vigil: 7:00 PM,
Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM
Saturday Vigil Mass: 4:30 PM
Sunday: 10:00AM
Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church
St. Titus - Saturday at 3:30 PM in the Church
or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
Wednesdays: 11:30 AM (Grotto)
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.
A Pre-Baptism class is required for parents & optional for Godparents, and are usually offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

PARTNER PARISH MASS INTENTIONS

Sat., March 1

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† Marie Hilferty

Req. by the Hilferty Family

4:30 PM - St. Titus

† Jean Fulmer

Req. by Norma Brennan

Sun., March 2

7:30 AM - St. Helena Church

† For the People of the Parish

9:00 AM - St. Helena Church

† Ian Michael Brooks

Req. by Mom, Dad, Eric, & Violetta

10:00 AM - St. Titus

† Mary Benkovich

Req. by Lorraine Lawler

11:00 AM - St. Helena Church

† Jerry DiGiovanni

Req. by Dean & Jennifer DiGiovanni

Mon., March 3 - St. Katharine Drexel

8:00 AM - St. Titus

† Living & Deceased Parishioners of St. Titus

9:00 AM - St. Helena Chapel

† Fred & Margaret Kaufmann

Req. by the Piskai Family

Tues., March 4 - St. Casimir

8:00 AM - St. Titus

† Caroline & Joseph Aiello

Req. by Phyllis DeColli

9:00 AM - St. Helena Church

† Gregory Loeper

Req. by Leona Banicki

Wed., March 5 - ASH WEDNESDAY

9:00 AM - St. Helena Chapel

† James J. Smith

Req. by Mike & Kittie Ryan

7:00 PM

† James J. Smith

Req. by Frances Giamo

Thur., March 6

8:00 AM - St. Titus

† Rita Granese

Req. by St. Titus Seniors Group

PARTNER PARISH MASS INTENTIONS Continued

Thur., March 6

9:00 AM - St. Helena Chapel

† Joseph F. Wallin

Req. by the Wallin Family

Fri., March 7 - St. Perpetua, St. Felicity

8:00 AM - St. Titus

† Virginia Calabrese Gaeto

Req. by Mr. & Mrs. Adam Dickerson

9:00 AM - St. Helena Chapel

† John Rooney's Birthday

Req. by JoAnn Rooney

Sat., March 8 - St. John of God

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† Lorraine Strizzieve

Req. by Jeff & Joan McQuade

4:30 PM - St. Titus

† Theresa & Charles Connell

Req. by the Connell Family

Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Ed Mitchell, Sr., Dave Colman, Juan Barba, Mike Piskai, Jr., Linda Weikert, Patty Kurkowski, William Lawrence, Joan DiDonato, Casey Interrante, Alec Jensen, Kristen Gilia, Bruce Shepherd, Jong Soo Sohn, Carletta Sohn, Al Slusarz, Msgr. Beach, Sue Eason, Kevin Hogan, Charlotte Yacovelli, Kaye Grasso, Richard Kellerman, Marsha Tinti, William Yacovelli, Nicolette Theisen, Danny Matoney, Nancy Matozzo, Sarah Jammer.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of human-kind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione



Bread & Wine

The Bread & Wine this week is offered in memory of **Joseph F. Wallin**
Requested by the Wallin Family.



BAPTISMS



Welcome to the newest members of our parish family who were Baptized in February

George Joseph Giovinazzo, son of George & Charlotte (Bader) Giovinazzo

Cole Michael Monaco, son of Shane & Tracy (Masciandaro) Monaco

Bennett Penn Zeiders, son of Dainel & Jenna (Melchionna) Zeiders

Remi Noelle Frederick, daughter of Ryan & Anne Marie (Miller) Frederick

CONGRATULATIONS and GOD BLESS YOU ALL!

PARISH EVENTS FOR THIS WEEK

MONDAY, MARCH 3

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria
- Home & School Mtg.: 7:00 PM - Library
- Pre-Baptism Class: 7:00 PM - Our Lady of Mercy

TUESDAY, MARCH 4

- Daily Mass: 9:00 AM - Church
- Adult Basketball: 5:30 PM - Rec. Center
- PREP : 6:00 PM - Education Center
- 3 on 3 Basketball: 7:30 PM - Rec. Center
- CYO Board Mtg.: 7:30 PM - Our Lady of Mercy

WEDNESDAY, MARCH 5 - ASH WEDNESDAY

- *Mass & Ashes: 8:00 AM - St. Titus Church*
- *Mass & Ashes: 9:00 AM - Church*
- *Service & Ashes: 12:15 PM - Church*
- Spring Show Practice: 3:15 PM - Rec. Center
- *Service & Ashes: 4:00 PM - Church*
- *Service & Ashes: 6:00 PM - St. Titus Church*
- New Beginnings II: 6:30 PM - Cafeteria
- *Mass & Ashes: 7:00 PM - Church*

THURSDAY, MARCH 6

- Daily Mass: 9:00 AM - Chapel
- Spring Show Practice: 3:15 PM - Rec. Center
- Robotics: 6:00 PM - Cafeteria
- RCIA: 7:00 PM - Our Lady of Mercy
- *St. Titus, Stations of the Cross: 7:00 PM - Church*
- Superhero Run Mtg." 7:00 PM - Library

FRIDAY, MARCH 7

- Daily Mass: 9:00 AM - Chapel
- Senior Board Mtg.: 10:00 PM - Our Lady of Mercy
- NOON DISMISSAL: School
- Brownies: 12:00 PM - Cafeteria
- KoC Fish Dinner: 5:00 PM - Empress Room
- Stations of the Cross: 7:00 PM - Church

SATURDAY, MARCH 8

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church
- Ladies of Helena Bowling Reservations: Narthex

SUNDAY, MARCH 9

- Masses: 7:30, 9:00, 11:00 AM - Church
- Ladies of Helena Bowling Reservations: After All Masses - Narthex
- *St. Titus Forty Hours Opening: 10:00 AM Mass*
- *St. Titus Forty Hours Service: 7:00 PM*

PARISH EVENTS FOR THIS WEEK

SUNDAY, MARCH 2

- Masses: 7:30, 9:00, 11:00 AM - Church
- Ladies of Helena Bowling Reservations: After All Masses - Narthex
- Confirmation Retreat - Mass & Meeting: 9:00 AM
- Youth Group: 7:00 PM - Convent

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church
burns in honor of
ALL NEWLY BAPTIZED IN FEBRUARY
Requested by St. Helena Parishioners

The Sanctuary Candle in the Chapel
burns in memory of
GREGORY LOEPER
Requested by Cheri & Pete Mazzagatti



A Candle burns at the Blessed Virgin Mary
In memory of
JOSEPH F. WALLIN
Requested by the Wallin Family



A Candle burns at St. Joseph
in memory of
JOSEPH F. WALLIN
Requested by the Wallin Family

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two godparents (for baptism), one must be male and one must be female.

A godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore,

If married, must be married in the Church.

If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.

THANK YOU FOR YOUR TITHE!

for weekend of February 23, 2025

PLATE: \$ 14,679
E GIVING: \$ 8,516
MAIL-IN: \$ 3,642

A Jubilee Year of Hope 2025



Based on Scripture, a jubilee year is a time when we are encouraged to re-establish and deepen our relationship with God by drawing closer to Him in prayer and reconciliation.

Over the centuries, the Church has set aside certain years for us to focus on a particular theme or virtue to strengthen our relationship with God.

It is the hope of Pope Francis and the entire Church that over the next year, we may all grow deeper in our faith by taking advantage of opportunities for reconciliation, indulgences, and other events intended to strengthen and revive

How can we celebrate this Jubilee Year of Hope?

Some ideas and examples are...

Making a pilgrimage to a holy place or shrine
Receive the Sacrament of Reconciliation
Spending more time in prayer with God
Asking for the theological virtue of hope

Scan the QR code to
learn more about the
Jubilee Year of Hope



LITURGICAL MINISTRIES

MARCH 8 & 9

CELEBRANTS & DEACONS

Saturday, March 8

4:00 PM Fr. Sam w/ Deacon Claude

4:30 PM Fr. Kyle w/Deacon Przemek

Sunday, March 9

7:30 AM Fr. Drew

9:00 AM Fr. Joe

10:00 AM Fr. Kyle w/Deacon Przemek

11:00 AM Fr. Sam w/Deacon Claude



*St. Titus Parish
Forty Hours Devotion
Sunday, March 9-
Tuesday, March 11, 2025*

*Adoration: Hours:
Sunday, March 9th, 11am-7pm
Monday, March 10th, 9am-7pm
Tuesday, March 11th, 9am-7pm*

*Evening Devotions:
Sunday, Monday, & Tuesday, 7pm*

Homilist: Rev. Thomas A. Viviano

We invite you to spend an hour in prayer with the Lord during 40 Hours.

Please sign up for an open time slot on the sheets in the Church Lobby or call the Parish Office 610-279-4990 to fill a slot.

CHILDREN'S TITHE



The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week.

During the Mass they are asked to come forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.

To All Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are appointed for a three-year term and for the place where they are commissioned. Terms may be renewed if agreeable to both the pastor/chaplain and the Extraordinary Minister of Holy Communion. If you are an Extraordinary Minister of Holy Communion in need of a Letter or its time to renew your term. Please join us as Father G. Dennis Gill, Director of the Office for Divine Worship, presents an Archdiocesan Workshop for Extraordinary Ministers of Holy Communion:

Tuesday, March 11, 2025

7:00 PM to 9:00 PM in Main Church

Saint Helena Church, (Montgomery County)

PLEASE REGISTER AT:

worship@archphila.org

When emailing your registration, please include your name, home parish name/institution, and date of the workshop you would like to attend

MESSAGE OF THANKS

Having been Ordained to the Diaconate I am so grateful to all of you, my family and friends who shared this day with me. I could feel the warm thoughts and love. I will always be grateful for your presence, gifts and most of all your prayers. I am excited to serve you as a Deacon in the months to come. Please pray for me as I continue my journey towards the priesthood.

Prayerfully Yours,
Deacon Przemek



March 7, 2025 Lenten Dinner Order Form



To order on line through PayPal, please go to <https://forms.pabbly.com/form/share/Ghu3-722602221>

This ordering link is located at the Knights website www.shkofc.com

or use this Drop Off Order Form

Please fill out and print 2 copies of your order. Drop off 1 copy of your order form along with a check made payable to “KofC Council 14210”, in an envelope marked “Knights of Columbus Fundraiser” to the Parish Office **on or before March 3**. We will call you to confirm your order once we receive it. Bring the 2nd copy of your order with you when you come to dine or pick-up your order on **March 7, 2025**.

If you have any questions John Schmidt at schmidt@udbell.org or 610-405-3097

Dinner or Pick-up is on Friday, March 7 between
5:00 and 7:15 pm at the Empress Ballroom

Please check if you will Dine In or Pick Up

Name:		Phone:	
E Mail:			
Entrée	Price	Quantity	Entrée Total
Flounder	\$13		
Fish'n Chips	\$13		
Crab Cake Sandwich	\$13		
Shrimp Basket	\$15		
Grilled Salmon	\$16		
Eggplant	\$13		
New England Clam Chowder	\$6		
Pierogies	\$6		
Caesar Salad	\$6		
Grilled Cheese Sandwich	\$6		
Mac and Cheese	\$6		
Baked Ziti	\$6		
Child's Pizza	\$6		
Total Order			

Orders must be preordered and paid for on or before March 3, 2025.

*Messiah 2.0 Production
Presents...*

**50/50s
RAFFLE BASKETS
SPECIAL GAMES**



*At Saint Helena's
Friday, March 21, 2025 at 7:00 PM
Saint Helena Social Hall (located behind the school)
1499 DeKalb Pike, Blue Bell
\$30 online/\$35 at the door
Make checks payable to St. Helena Church
Memo Line – Messiah 2.0 Bingo*

**Packet includes 10 sheets containing 3 bingo cards each!
Specials & Additional Games are Extra
Bring Your Own Food & Beverages
Music Jeopardy Game is Included**

Please register by March 20th. Registration Options:

- Scan QR code below
- Complete information below. Drop the form with payment in the collection basket or at the parish office. (Questions? Messiahconcert@gmail.com)

NAME _____

PHONE _____

EMAIL _____

No. of Packets _____ @ \$30 per package = _____



PRAYER SHAWL MINISTRY



The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

Joining us on Monday's from 12:30 PM till 2:30 PM in the Convent OR Knitting/Crocheting can be done at home.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at bushners@comcast.net for more information

ST. HELENA SENIOR CLUB

All Senior's are invited to join our *Senior Club* at St. Helena in the Constantine Room (below the church, use side entrance for easy access). We meet on the second Friday of the month at 10:00 AM for various adventures such as BINGO, Guest Speakers, and Entertainers.

Our objectives have been funding various charities and making new friends.

All along with a complimentary cup of coffee and other refreshments. Dues are \$20 a year.

Call John Waldspurger at 610-279-1595 or June Lentz at 215-822-6751 for more information.

WEDNESDAY ROSARY GROUP



WEDNESDAYS, 11:30 AM

in the St. Theresa Chapel.

New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

CALLING ALL SEWISTS!

SENIOR CLUB NEEDS YOUR TIME AND TALENT!

We are looking for volunteers to help cut, embroider, sew and label Baptismal Bibs for our newly christened parishioners.

Since 2006, this ministry has sewn over 1,400 bibs. We would like to make about 150 per year. To keep this gift going, we need seasoned sewists and anyone interested in learning some sewing skills. All are welcome!

Stop by the table in the Narthex immediately following Mass on Saturday, March 8 or Sunday March 9. You can sign up for any part of the process, and any amount of work that you're able to complete.

Members will be available to answer your questions. The club provides all materials and can assist in training if desired.

Please contact Joan Winkowski at 267-242-8158 or Liz Baldasano at 267-210-7632 for more information.

Hope to see you in March 8 or 9 after Mass!

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

Please join us for the
Ladies of Helena Fun Nite!

BOWLING NIGHT

We hope you can SPARE some time for a great local cause!



FRIDAY, March 21
5:30pm – 7:30pm

Our Town Alley Bowling
2912 Swede Road – East Norriton

\$25.00 per person
Ticket Price Includes:
2 hrs of Bowling + Shoe Rental
+ 1 Door Prize Ticket

For every bowler registered, the Ladies of Helena will make a donation to
Cecil & Grace Bean's Soup Kitchen
(Located at 520 Church Street, Norristown, PA) www.beansoupkitchen.com

If you would like to help our neighbors, consider bringing a pair of socks to donate to the soup kitchen!

Food & Drinks (including a Full Bar) available for purchase inside the bowling alley
– No outside drinks or food are allowed on the premises –

We have reserved 12 lanes with 6 people per lane
Space is limited and prepayment is required!

All reservations must be made through Marie Guilardi before March 16th
Email: Marie523@comcast.net • Phone: 267-240-3876

*Once you reserve your spot with Marie Guilardi you can work with her about payment dropoff options.
Please make checks payable to "Saint Helena Church"
Either place your check in an envelope labeled "LOH Bowling Night" & deliver to
Saint Helena Parish Office (open M - F 9am to 5pm) or Marie will advise you of alternate dropoff options.

Sign-up today for a fun night of bowling!
Remember it's first-come, first-serve basis until our open slots are filled & payments are received.

A Jubilee
Year of Hope
2025



**Jubilee Holy Year, the 2,025th Anniversary
of the Incarnation of our Lord**

Archbishop Perez invites all Catholics in our Archdiocese to experience spiritual renewal by participating in Holy Year events in homes, in local parishes, at shrines throughout the region, and at the Cathedral Basilica of SS. Peter and Paul.

Goal - - pilgrim opportunities for reconciliation, indulgences, prayer, and reception of the sacraments in local communities.

Fruits - - strengthened personal relationships with Jesus Christ and enriched faith journeys.

GIFT of this Indulgence through sacraments and good works - - the remission of any punishment due to our sins upon death.

HOW TO Obtain the Jubilee Indulgence granted by the Holy Father?

Undertake a pious pilgrimage, Mass or Rosary or Eucharistic Adoration and Meditation which includes the Our Father, Profession of Faith and Invocations to Mary, the Mother of God, so that everyone will come to know the closeness of Mary who never abandons her children, Confession, and Works of Mercy and Penance.

Where?

Designated Shrines within the Archdiocese as places to obtain the Jubilee Indulgence:

NATIONAL SHRINES

- St. Joh Neumann* at St. Peter Church, Philadelphia
- Our Lady of Czestochowa*, Doylestown
- St. Rita*, Philadelphia

DIOCESAN SHRINES

- St. Anne, St. Ann's (upper) Church*, Philadelphia
- Bl. Carlo Acutis, Malvern Retreat House*, Malvern
- St. Gianna Beretta Molla, Nativity of Our Lord Church*, Warminster
- St. Jude, St. Jude Church*, Chalfont
- St. Katharine Drexel, The Cathedral Basilica of Saints Peter and Paul*, Philadelphia
- Our Lady, The Basilica Shrine of Our Lady of the Miraculous Medal*, Philadelphia
- Padre Pio, St. Bede Church*, Holland

ADDITIONAL PILGRIMAGE OPPORTUNITIES

- The Font at Your Place of Baptism* - - where your pilgrimage of hope began as a Christian
- The Basilica of the National Shrine of the Immaculate Conception*, Washington, DC

**THE SHEPHERD IS LOOKING
FOR LOST SHEEP**

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

This Lent, ask yourself one question...
Who do *YOU* say Jesus is?



Join our Lenten Faith Formation:
“Metanoia: A Journey with Christ to Conversion”

“Metanoia” is a Greek word that means a transformation of the heart, a spiritual conversion.

Jesus invites everyone to a deeper and more profound conversion—a “metanoia”—that moves us from something to Someone. Conversion is not a one-time event. It is a continual process of discovering Who Jesus is.

What does this mean for you? Our need for conversion should be a source of hope and encouragement. We invite you to join us this Lent to discover Who Jesus is.

Take your spiritual life from complacency to a meaningful relationship with Jesus.

Who? Open to all adults (Catholic & non-Catholic...parishioner & non-parishioner). Bring a friend!

When? Five Wednesday evenings March 12, 19, 26 and April 2 and 9 from 7 – 8:15 pm

Where? The Empress Room (below the main church) - Light refreshments will be provided

How? To join us, learn more, and watch the trailer, scan the QR code below or contact Christian at cthompson@sainthelenachurch.org OR 610-275-7711.

This series is a great way to spend the Lenten season preparing for Easter.

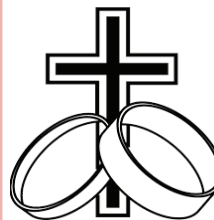
We look forward to seeing you!

ADULT DISCOVERY AND LEARNING

Upper Dublin Library offers Free Adult Learning Series. Register at UDPL.ORG for Spring 2025 courses.

Courses range from Socialism, the Constitution and Current Events, to Music and Acting.

Have questions? Contact Lindsay Cummings at lcummings@mcline.org or call 215-628-8744 ext. 3334.





PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage.

To register go to the Archdioceses website:

Archphila.org, under Marriage preparations to take the class on line.

ARCHDIOCESE OF PHILADELPHIA


ARE YOU BEING CALLED TO BE A DEACON?

Minister of the World • Minister at the Altar
• Minister of Charity

We invite Catholic men (and their wives if married) with a deep spiritual life who are between the ages of 29 and 55, and would like to discern a call to serve Jesus Christ and His Church within the Archdiocese of Philadelphia as permanent deacons.

Want to learn more: <https://archphila.org>

Scan the Code to



learn more!

VACATION BIBLE SCHOOL 2025

SAVE THE DATES!



Mark your calendars for a fun and faith-filled week this summer!

Monday, August 4 - Friday, August 8, 2025

Our theme: Radical Ride - On the Wings of Prayer

This week will help children understand the purpose of prayer and how to put prayer into action through the ups and downs of daily life.

Registration is coming in March 2025!

Want to stay updated on VBS 2025? Contact: Christian Thompson
cthompson@sainthelenachurch.org OR 610-930-0349

RESPECT LIFE CORNER

40 Days for Life

March 5 – April 13

HELP SAVE LIVES IN NORRISTOWN!



Here's how to take part in 40 Days for Life in our community:

Vigil location: Outside Planned Parenthood at 1221 Powell Street, Norristown

Vigil hours: 8:00 AM to 5:00 PM daily

Local contact: Helen D.

Phone: 215-646-4648

Email: hdbluebell@yahoo.com

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

With God's help, here are the proven results in 25 coordinated campaigns:

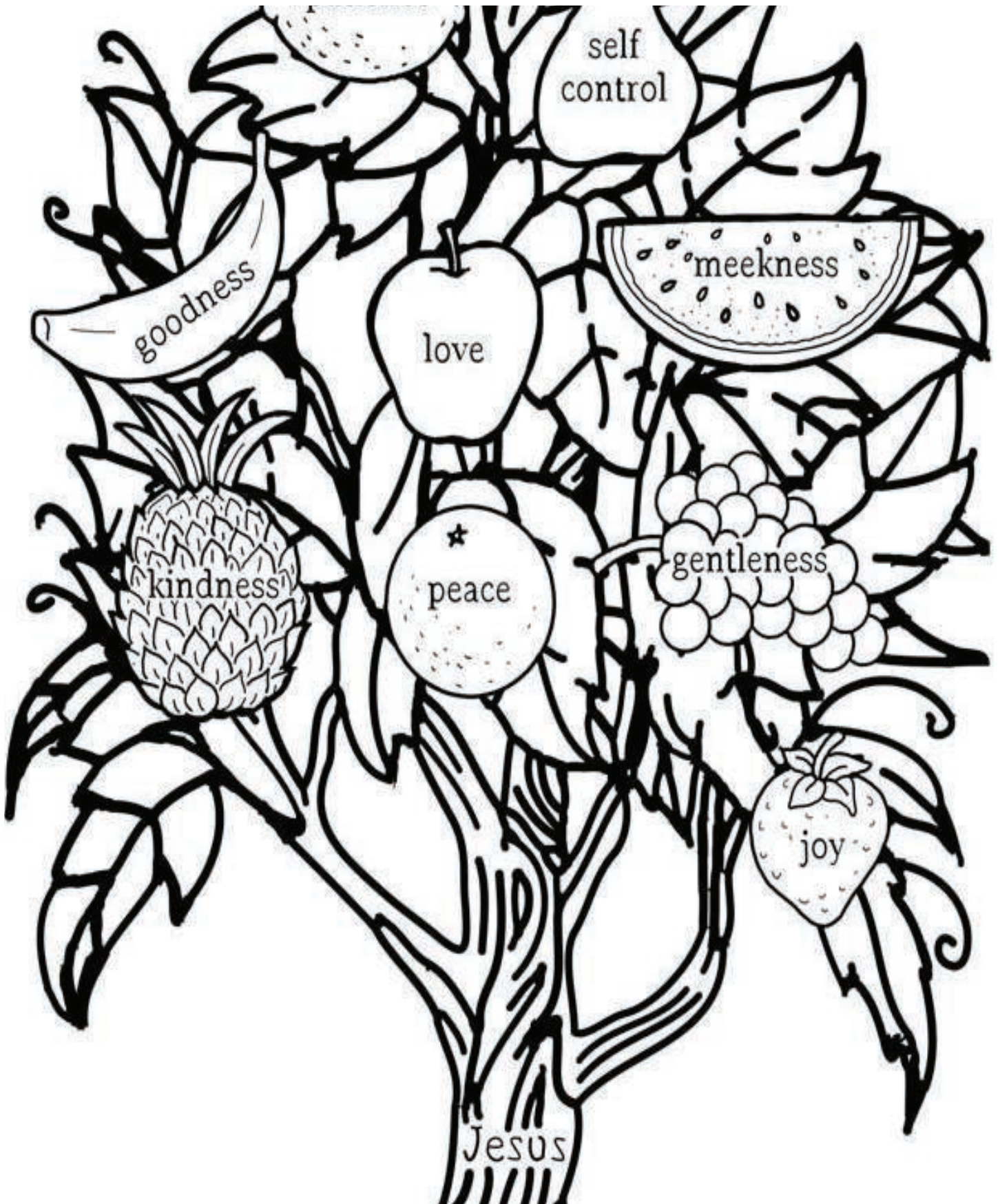
25,308 babies saved from abortion

268 abortion workers converted

159 abortion centers closed

[40daysforlife.com/
Norristown](http://40daysforlife.com/Norristown)

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