

SAINT HELENA CHURCH

FEBRUARY 23, 2025
7th Sunday of Ordinary Time

1489 DeKalb Pike, Blue Bell .PA .19422
610-275-7711 (Phone)

LOVE YOUR ENEMIES do good to those who hate you

LUKE 6:27



*"Repent, and Believe in
the Gospel"*

Saint Helena
and Saint Titus

Ash Wednesday Schedule

8AM (Mass)- St. Titus

9AM (Mass)- St. Helena

12:15 (Service)- St. Helena

4PM (Service)- St. Helena

6PM (Service)- St. Titus

7PM (Mass)-St. Helena

*Blessed Ashes will be distributed
at all Masses & Services*





OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
 Rev. Samuel A. Verruni: Senior Priest
 Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
 Msgr. Joseph J. Nicolo: Pastor Emeritus
 Deacon Przemek Rozestwinski
 Deacon Claude Granese
 A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt

School Secretary: Mrs. Megan Tronoski

School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870

Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349

Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749

Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711

Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel
 Saturday: 4:00 PM Vigil Mass
 Sunday: 7:30 AM, 9:00 AM, & 11:00 AM
 Holy Days: Vigil: 7:00 PM,
 Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM
 Saturday Vigil Mass: 4:30 PM
 Sunday: 10:00 AM
 Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church
 St. Titus - Saturday at 3:30 PM in the Church
 or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
 Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
 Wednesdays: 11:30 AM (Grotto)
 Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
 followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A *Pre-Baptism class* is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

PARTNER PARISH MASS INTENTIONS

Sat., February 22

9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Margaret (Sibby) Phiambolis
Req. by Jeff & Joan McQuade
4:30 PM - St. Titus
† Czapla Family
Req. by the Family

Sun., February 23

7:30 AM - St. Helena Church
† For the People of the Parish
9:00 AM - St. Helena Church
† Ian Brooks
Req. by the Brooks Family
10:00 AM - St. Titus
† Elaine Flanagan
Req. by Tom & Lina McCracken
11:00 AM - St. Helena Church
† William Dowd, Sr.
Req. by JoAnn & Joe Dowd

Mon., February 24

8:00 AM - St. Titus
† George Shal
Req. by Gus & Debbie Fiorentino
9:00 AM - St. Helena Chapel
† Angela Pucci
Req. by her Daughter

Tues., February 25

8:00 AM - St. Titus
† Gary Gibson
Req. by Karen Loeper
9:00 AM - St. Helena Church
† The Fritz Family
Req. by Barbara Fritz

Wed., February 26

9:00 AM - St. Helena Chapel
† Rev. Theodore Hesburgh
10th Anniversary
Req. by Cecelia, Les, Anne Marie Schmalbach

Thur., February 27 - St. Gregory

8:00 AM - St. Titus
† Evelyn Balder
Req. by Jean Paquette

PARTNER PARISH MASS INTENTIONS Continued

Thur., February 27—St. Gregory

9:00 AM - St. Helena Chapel
† Carol Piskai
Req. by the Piskai Family

Fri., February 28

8:00 AM - St. Titus
† Living & Deceased Parishioners of St. Titus
Req. by
9:00 AM - St. Helena Chapel
† Ian Michael Brooks
Req. by Mom, Dad, Eric & Violetta

Sat., March 1

9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Marie Hilferty
Req. by the Hilferty Family
4:30 PM - St. Titus
† Jean Fulmer
Req. by Norma Brennan

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church
burns in memory of
GIOVANNI DEL MONACO
Requested by his sister, Elvira & Phil Ventresca

The Sanctuary Candle in the Chapel
burns in memory of
IAN M. BROOKS
Requested by Mom, Dad, Eric & Violetta



The four Candles on
the Chapel Altar
burn in memory of
Francis Anderson
Requested by Cheri & Pete Mazzagatti



Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Ed Mitchell, Sr., Dave Colman,
 Juan Barba, Lorraine Perri, Mike Piskai, Jr.,
 Linda Weikert, Carol Berardelli, George Cooper, Sr.,
 Fran, Joan, Patty Kurkowski, William Lawrence,
 Joan DiDonato, Casey Interrante, Alec Jensen,
 Kristen Gilia, Bruce Shepherd, Jong Soo Sohn,
 Carletta Sohn, Betty DeBlasio, Al Slusarz, Joseph Leary,
 Msgr. Beach, Mary Ann Keyes, Sue Eason, Mark Hines,
 Charlotte Yacovelli, Kevin Hogan, Kaye Grasso,
 Richard Kellerman, Marsia Tinti, Charlotte Yacovelli,
 William Yacovelli, Nicolette Theisen.

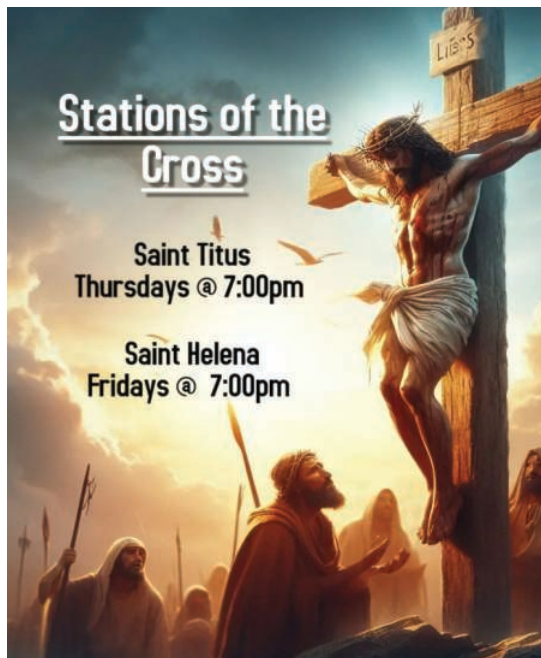


PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch,
 ENS John W Bushner, CPT Christopher Rongione



PARISH EVENTS FOR THIS WEEK

SUNDAY, FEBRUARY 23

- Masses: 7:30, 9:00, 11:00 AM - Church
- Spiritual Adopt A Baby Program Sign Ups: After All Masses

MONDAY, FEBRUARY 24

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria
- Daisy/Brownies: 6:15 PM - Library

TUESDAY, FEBRUARY 25

- Daily Mass: 9:00 AM - Church
- Adult Basketball: 5:30 PM - Rec. Center
- PREP : 6:00 PM - Education Center
- 1st Holy Communion Mtg.: 6:00 PM - Church
- Walking with Purpose: 7:00 PM - Convent
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, FEBRUARY 26

- Daily Mass: 9:00 AM- Chapel
- Adult Faith Formation: 7:00 PM - Constantine Room

THURSDAY, FEBRUARY 27

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- Robotics: 6:00 PM - Cafeteria
- RCIA: 7:00 PM - Our Lady of Mercy

FRIDAY, FEBRUARY 28

- Daily Mass: 9:00 AM - Chapel

SATURDAY, MARCH 1

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church
- Ladies of Helena Bowling Reservations: Narthex

SUNDAY, MARCH 2

- Masses: 7:30, 9:00, 11:00 AM - Church
- Ladies of Helena Bowling Reservations: After All Masses - Narthex
- Confirmation Retreat - Mass & Meeting: 9:00 AM
- Youth Group: 7:00 PM - Convent



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

LITURGICAL MINISTRIES

MARCH 1 & 2

CELEBRANTS & DEACONS

Saturday, March 1

4:00 PM Fr. Kyle w/ Deacon Przemek

Sunday, March 2

7:30 AM Fr. Drew w/Deacon Przemek

9:00 AM Fr. Kyle

11:00 AM Fr. Sam

THANK YOU FOR YOUR TITHE!

for weekend of February 9, 2025

PLATE: \$ 13,626

E GIVING: \$ 13,423

MAIL-IN: \$ 2005

A tithe is a portion (10%) of your income given to your church. (The word tithe literally means tenth in Hebrew.) Because the custom of tithing is biblical, many Christians and Jews practice it as part of their faith.

How to set up for Electronic Giving:

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to ParishGiving.org and begin making your weekly offering through Parish Giving. *We ask that you still use your weekly envelopes when attending Mass. Mark them as I've given electronically.*

Saint Helena Bible Study - Spring Series

Unlocking the Mystery of the Bible

Do you want to read the bible more but don't know where to start?

Come understand how you fit into God's plan!

Join us for an exciting 8 week bible study where we will discover the story of salvation history and get the "big picture" of the Bible and learn the complete story from Adam and Eve to Christ and the Church.

To learn more about when and where, simply scan the QR code or contact Christian at cthompson@sainthelenachurch.org 610-275-7711



"Unlocking the Mystery of the Bible"



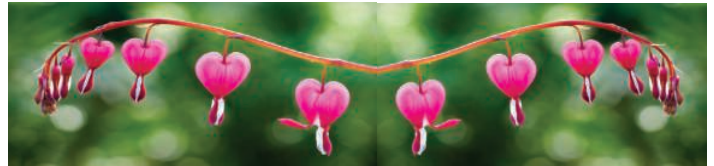
St. Paul on the Power of the Cross...



Beginning Tuesday March 4, Deacon Claude will lead a Lenten Bible study and discussion on St. Paul on the Power of the Cross. Our hope is this

will help us grow closer to our crucified Lord. We will gather over six consecutive Tuesdays, from 2:00 PM to around 3:30 PM in St. Titus Church, on Keenwood Road. We will conclude with reflection, prayer, and Benediction. Please join us as we prayerfully deepen our understanding of the power of the Cross with Jesus and St. Paul.

We require a count estimate for materials, so please call the Parish office at St. Titus (610-279-4990) or St. Helena (610-275-7711), or email Deacon Claude at cgranese@sttitus.org, if you plan to participate.



RESPECT LIFE CORNER

Spiritual Adoption



Conception – At the moment of conception, a unique human being is created. The baby's life begins with a single cell that's even smaller than the size of the period at the end of this sentence. Even though just a single cell, Baby has a soul and the entire blueprint that defines eye and hair color, adult height, and aptitudes for many things. Some examples of this are those for Math, Art, and Sports. All that is required now is nourishment and a safe 'home' in which to live and grow.

"Before I formed you in the womb, I knew you."

Jeremiah 1:5

Spiritual Adoption Prayer; *Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of the unborn child that I have spiritually adopted who is in danger of abortion.* (Archbishop Fulton J. Sheen) Please continue to daily pray for the baby and the parents. Pray that the baby's mother will wait in loving awe for the miracle of life she carries within her.



St. Titus Parish
Forty Hours Devotion
Sunday, March 9-
Tuesday, March 11, 2025

Adoration: Hours:
Sunday, March 9th, 11am-7pm
Monday, March 10th, 9am-7pm
Tuesday, March 11th, 9am-7pm

Evening Devotions:
Sunday, Monday, & Tuesday, 7pm

Homilist: Rev. Thomas A. Viviano

We invite you to spend an hour in prayer with the Lord during 40 Hours.
 Please sign up for an open time slot on the sheets in the Church Lobby or call the Parish Office 610-279-4990 to fill a slot.



To All Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are appointed for a three-year term and for the place where they are commissioned. Terms may be renewed if agreeable to both the pastor/chaplain and the Extraordinary Minister of Holy Communion. If you are an Extraordinary Minister of Holy Communion in need of a Letter or its time to renew your term. Please join us as Father G. Dennis Gill, Director of the Office for Divine Worship, presents an Archdiocesan Workshop for Extraordinary Ministers of Holy Communion:

Tuesday, March 11, 2025
 7:00 PM to 9:00 PM in Main Church
 Saint Helena Church, (Montgomery County)

PLEASE REGISTER AT:

worship@archphila.org

When emailing your registration, please include your name, home parish name/institution, and date of the workshop you would like to attend

All teens in 8th - 12th grades are invited to join us for a Potluck Party!



Youth Night: Potluck Party
Sunday, March 2 7 to 8:15pm
St. Helena Parish Covent

Come celebrate with us and bring a friend!

Have a dish you want to show off?
Let us know if you can make it!

Join our email list here!



Let us know what you are bringing here!



Contact: Christian Thompson
cthompson@sainthelenachurch.org

PRAYER SHAWL MINISTRY



The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

Joining us on Friday's from 12:30 till 3 PM in the Covent OR Knitting/Crocheting can be done at home.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.

ARCHDIOCESE OF PHILADELPHIA




ARE YOU BEING CALLED TO BE A DEACON?

Minister of the Word • Minister at the Altar • Minister of Charity



Deacon Michael Pascarella, Jr.
Associate to the Vicar for Clergy
Direct: 215-587-3883 • Main: 215-587-4532
mpascarella@archphila.org
Archdiocese of Philadelphia • Office for Clergy
Office for Permanent Deacons

We invite Catholic men (and their wives if married) with a deep spiritual life who are between the ages of 29 and 55, and would like to discern a call to serve Jesus Christ and His Church within the Archdiocese of Philadelphia as permanent deacons.



Want to learn more visit...
<https://archphila.org/deacon>



RESPECT LIFE CORNER

Respect
Life



A wonderful practice throughout the year is praying for our

precious children. These prayers were written by Lisa Brenninkmeyer, Founder of Walking With Purpose, for parents. But, even if you are not a parent, why not say these prayers for all children?

Monthly Prayer List For Our Children

February: I pray that they will understand they have been created by God, and that they will be content and confident in the way they were made – spiritually, emotionally, and physically.

March: I pray that they will be protected from people and activities that could influence them negatively, and that they will maintain a passion for living the way God desires.

April: I pray that they will recognize hate and run away from evil and sin. I pray they will resist temptation through God's power.

May: I pray that they will love to give and serve, and will be glad, grateful, and generous givers to the world, not just takers.

MAN UP PHILLY

17th Annual Man Up Philly Men's Spirituality Conference—Saturday, March 8, 2025

The men of our parish are invited to join Catholic Men from throughout the Archdiocese for the 17th Annual Man Up Philly Men's Conference on **March 8th** at *Cardinal O'Hara H.S.* Speakers include *Ward Fitzgerald, CNBC Contributor and Papal Knight, Eddie Morris, creator Team Hope, Msgr. Federico Britto, Pastor of St. Cyprian Parish and our keystone speaker, Brian Dawkins, Pro Football HOF safety.* Back by popular demand, Mark Forrest, internationally recognized Irish tenor, who will lead our Eucharistic Adoration. The Sacrament of Reconciliation will be available, and the Conference will conclude with Mass celebrated by our archbishop *Most Reverend Archbishop Nelson Perez.*

For more information and to register go to the website: www.manupphilly.com

This Lent, ask yourself one question...
Who do *YOU* say Jesus is?



Join our Lenten Faith Formation:
“Metanoia: A Journey with Christ to Conversion”

“Metanoia” is a Greek word that means a transformation of the heart, a spiritual conversion.

Jesus invites everyone to a deeper and more profound conversion—a “metanoia”—that moves us from something to Someone. Conversion is not a one-time event. It is a continual process of discovering Who Jesus is.

What does this mean for you? Our need for conversion should be a source of hope and encouragement. We invite you to join us this Lent to discover Who Jesus is.

Take your spiritual life from complacency to a meaningful relationship with Jesus.

Who? Open to all adults (Catholic & non-Catholic...parishioner & non-parishioner). Bring a friend!

When? Five Wednesday evenings March 12, 19, 26 and April 2 and 9 from 7 – 8:15 pm

Where? The Empress Room (below the main church) - Light refreshments will be provided

How? To join us, learn more, and watch the trailer, scan the QR code below or contact Christian at cthompson@sainthelenachurch.org OR 610-275-7711.

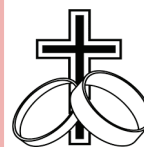
This series is a great way to spend the Lenten season preparing for Easter.

We look forward to seeing you!

A Jubilee
Year of Hope
2025



PRE-CANA CLASSES



The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. To register go to the Archdioceses website: Archphila.org, under Marriage preparations to take the class on line.

Please join us for the
Ladies of Helena Fun Nite!

BOWLING NIGHT

We hope you can SPARE some time for a great local cause!



FRIDAY, March 21
5:30pm – 7:30pm

Our Town Alley Bowling
2912 Swede Road – East Norriton

\$25.00 per person
Ticket Price Includes:
2 hrs of Bowling + Shoe Rental
+ 1 Door Prize Ticket

For every bowler registered, the Ladies of Helena will make a donation to
Cecil & Grace Bean's Soup Kitchen
(Located at 520 Church Street, Norristown, PA) www.beansoupkitchen.com

If you would like to help our neighbors, consider bringing a pair of socks to donate to the soup kitchen!

Food & Drinks (including a Full Bar) available for purchase inside the bowling alley
– No outside drinks or food are allowed on the premises –

We have reserved 12 lanes with 6 people per lane
Space is limited and prepayment is required!

All reservations must be made through Marie Guilardi before March 16th
Email: Marie523@comcast.net • Phone: 267-240-3876

*Once you reserve your spot with Marie Guilardi you can work with her about payment dropoff options. Please make checks payable to "Saint Helena Church"
Either place your check in an envelope labeled "LOH Bowling Night" & deliver to Saint Helena Parish Office (open M - F 9am to 5pm) or Marie will advise you of alternate dropoff options.

Sign-up today for a fun night of bowling!
Remember it's first-come, first-serve basis until our open slots are filled & payments are received.

Cultural and Historical Treasures of



Cotswolds Village Stonehenge Cardiff Castle

England, Scotland, and Wales

You are invited to join Monsignor Nicolo on a Cultural and Historical Treasure of England, Scotland, and Wales Trip from August 3, 2025 to August 15, 2025. The price of the trip is \$5,780 double occupancy and single supplement is \$1,350.

For more information call Theresa Smith at 215-646-7636 or email theresacssmith@verizon.net.

WEDNESDAY ROSARY GROUP

WEDNESDAYS, 11:30 AM

in the St. Theresa Chapel.



New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

THE SHEPHERD IS LOOKING FOR LOST SHEEP

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

4th Annual Marriage Enrichment Day

Speakers:
Dr. Laura Sicola & husband, Larry DeMarco



SATURDAY
MARCH 29, 2025

9 AM - 4 PM

For Engaged and Married Couples of all ages to Renew, Strengthen & Enhance your Marriage.

\$85 per couple / \$45 per person

Register with QR Code or Link

bit.ly/MarriagesofGrace2025

-or- PhillyCatholicLife.org

Enjoy a day with Dynamic Speakers, Breakfast, Lunch & 4 PM Vigil Mass

St. Helena's Church
Empress Room

1489 Dekalb Pike
Blue Bell, PA 19422



Archdiocese of Philadelphia
Office for Life & Family



VACATION BIBLE SCHOOL 2025 SAVE THE DATES!



Mark your calendars for a fun and faith-filled week this summer!

Monday, August 4 - Friday, August 8, 2025

Our theme: Radical Ride - On the Wings of Prayer

This week will help children understand the purpose of prayer and how to put prayer into action through the ups and downs of daily life.

Registration is coming in March 2025!

Want to stay updated on VBS 2025? Contact: Christian Thompson
cthompson@sainthelenachurch.org OR 610-930-0349

ST. HELENA SENIOR CLUB

All Senior's are invited to join our *Senior Club* at St. Helena in the Constantine Room (below the church, use side entrance for easy access). We meet on the second Friday of the month at 10:00 AM for various adventures such as BINGO, Guest Speakers, and Entertainers.

Our objectives have been funding various charities and making new friends.

All along with a complimentary cup of coffee and other refreshments. Dues are \$20 a year.

Call John Waldspurger at 610-279-1595 or June Lentz at 215-822-6751 for more information.

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at bushners@comcast.net for more information

RACHEL'S VINEYARD



you can find HEALING

If you or someone you love has been suffering from the emotional and spiritual pains of an abortion, a Rachel's Vineyard retreat weekend can help – no matter how much time has passed. Rachel's Vineyard retreats bring healing and God's forgiveness to the trauma and darkness of abortion for those who are suffering from shame, guilt, or anger. Join us from April 4 through 6, for a safe, loving, and confidential weekend, and experience the healing power of God's infinite mercy.

Come to our Healing Weekend Retreat

April 4-6, 2025

in Doylestown, PA, at the National Shrine of Our Lady of Czestochowa
To register, or for more information, please call Evelyn at (215) 317-5752.



Learn more by going to Rachel'sVineyard.org or by scanning the QR code:



All calls and emails are strictly confidential



Rachel's Vineyard is a 501(c)3 organization. To financially assist in making this retreat available for future participants, especially for those in need of scholarships, please email evelynwalsh59@gmail.com for more information. May God bless you for your generosity.

Rachel's Vineyard

Snowflakes are one of nature's most fragile things,
but just look what they can do when
they stick together.

St.
Helena
Parish

You

Online
Giving



To get started, log on to:
www.sainthelena-centersquare.net
and click on the Parish Giving Logo,
then follow the easy registration steps.

Parish Giving offers secure flexible Online Giving for our parishioners who would like to make their donations online using a credit card or bank transfer. You never have to bring cash or checks to church. Online Giving helps the church save money and plan the budget.

March 7, 2025 Lenten Dinner Order Form



To order on line through PayPal, please go to <https://forms.pabbly.com/form/share/Ghu3-722602221>

This ordering link is located at the Knights website www.shkofc.com

or use this Drop Off Order Form

Please fill out and print 2 copies of your order. Drop off 1 copy of your order form along with a check made payable to “KofC Council 14210”, in an envelope marked “Knights of Columbus Fundraiser” to the Parish Office on or before **March 3**. We will call you to confirm your order once we receive it. Bring the 2nd copy of your order with you when you come to dine or pick-up your order on **March 7, 2025**.

If you have any questions John Schmidt at schmidt@udbell.org or 610-405-3097

Dinner or Pick-up is on Friday, March 7 between
5:00 and 7:15 pm at the Empress Ballroom

Please check if you will Dine In or Pick Up

Name:		Phone:	
E Mail:			
Entrée	Price	Quantity	Entrée Total
Flounder	\$13		
Fish'n Chips	\$13		
Crab Cake Sandwich	\$13		
Shrimp Basket	\$15		
Grilled Salmon	\$16		
Eggplant	\$13		
New England Clam Chowder	\$6		
Pierogies	\$6		
Caesar Salad	\$6		
Grilled Cheese Sandwich	\$6		
Mac and Cheese	\$6		
Baked Ziti	\$6		
Child's Pizza	\$6		
Total Order			

Orders must be preordered and paid for on or before March 3, 2025.

MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

- The Sanctuary Candle
- The Blessed Mother Altar, up to 4 candles may be lit
- The St. Joseph Altar, up to 4 candles may be lit
- The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

- The Sanctuary Candle
- The Altar, up to 4 candles may be lit on the Altar

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

All Memorials can be purchased in the Parish Office during business hours.

SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

BEQUESTS

The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.

Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, Elizabeth Foster, Marie Sommers, Martin J. Payton, Jr., Wanda James, & Angela M. Holbrook

WE REMEMBER

and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.

We ask that you please keep them in your prayers:

Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel, Edward Wykstra, Daniel Bagley, Frank Groarke, & Connie Swan.

CHILDREN'S TITHE

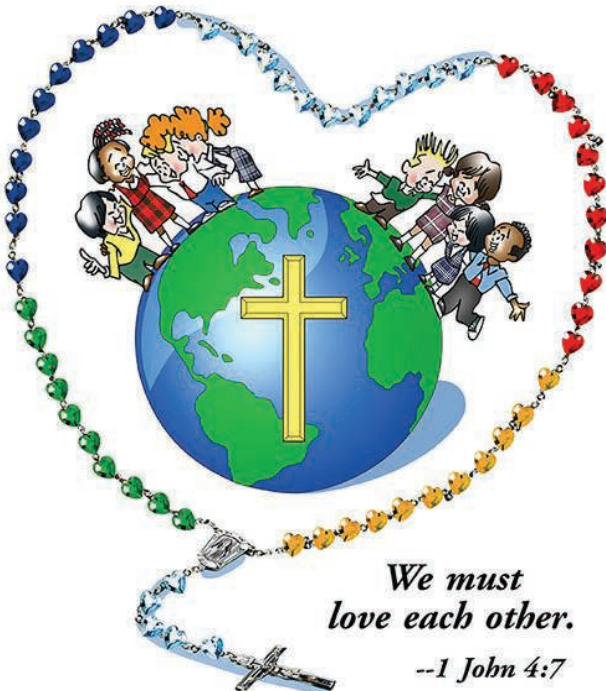
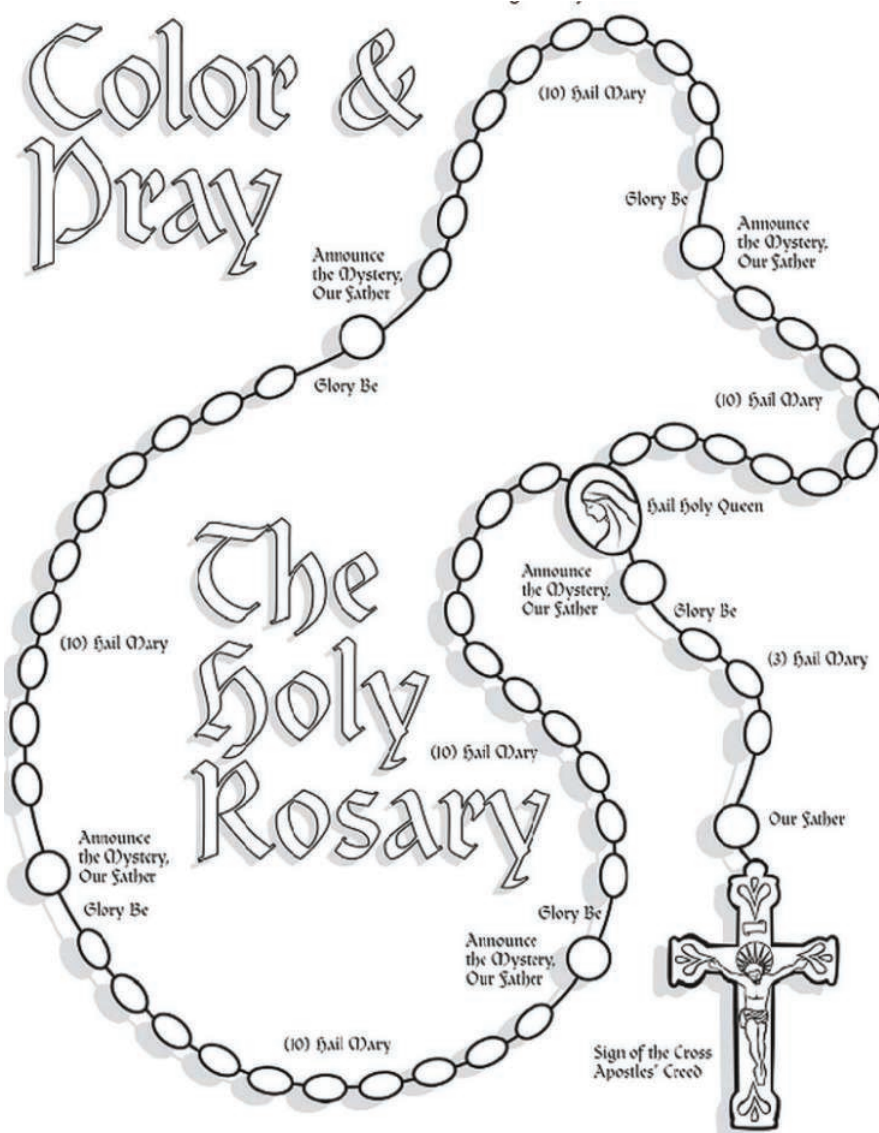


The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week.

During the Mass they are asked to come forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.

Color & Pray



ACROSS

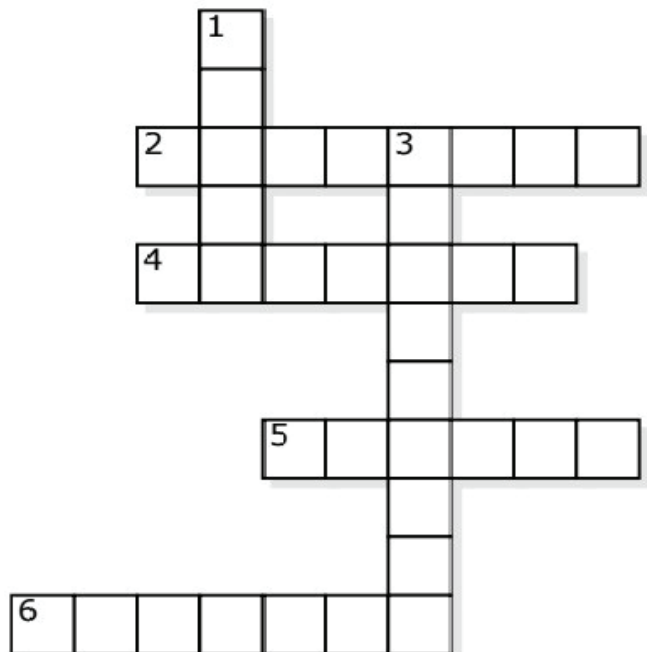
- Jesus asked, "Can you drink the cup that I drink or be _____ with the baptism with which I am baptized?"
- James and John were the sons of _____.
- "For the Son of Man did not come to be served but to serve and to give his life as a _____ for many."
- "Whoever wishes to be great among you will be your _____."

DOWN

- "Whoever wishes to be first among you will be the _____ of all."
- When the ten heard what Jesus said, they became _____ at James and John.

WORD BANK

- Servant
- Indignant
- Baptized
- Slave
- Ransom
- Zebedee



Al's Group Roofing
INSTALLATION & REPAIR

Repairs & Maint. | New Installs | Res/Com
GUTTERS, SIDING, WINDOWS, SKYLIGHTS

267-243-8039
www.AlsRoofing.org

Corropolese
Italian Bakery & Deli

Open 7 Days
2014 Old Arch Rd.
Norristown, PA 19401

610.275.6664
www.corropolesebakery.com

CC & Heating and Air Conditioning Co. 50th Anniversary

YORK EQUIPMENT • INSTALLATIONS
MAINTENANCE CONTRACTS

www.cc-hvac.com 800 Hagey Rd. Souderton, PA 18964 **215-799-0515**

CONNOR ELECTRIC
Neighboring Parishioner

215-628-9709
Residential • Commercial

Middle School OPEN HOUSE
FEBRUARY 22 | 9 AM
ndapa.org/visit

ACADEMY of NOTRE DAME de NAMUR
All Girls • Grades 6-12
Catholic Education

FACENDA WHITAKER LANES
Total Family Fun!

Good for one FREE Game
1 person per visit

MARTIN SAINTS CLASSICAL HIGH SCHOOL
A CHESTERTON ACADEMY

Affordable. Classical. Catholic.

3000 Keenwood Road, East Norriton
Grades 9-12
Learn more at whymsc.org
7th Grade Visitation Day
Tuesday, March 11, 8:30 am



"Servicing Bucks and Montgomery Counties"

Forliano REMODELING

houzz | facebook | instagram

267-884-2538

ADDITIONS
BASEMENTS
BATHROOMS
KITCHENS
PAINTING

ForlianoRemodeling.com



StateFarm Home & auto. Bundle & save.

Michael Groves michael@grovesinsurance.net
484-674-7034 www.grovesinsurance.net

Availability and amount of discounts and savings vary by state.



BERKSHIRE HATHAWAY FOX & ROACH, REALTORS®
HOMESERVICES

LISA HILL
610.506.1599
215.542.2200
LISAZ.HILL@FOXROACH.COM
ARCHDIOCEASN MEMBER

HOUSE FOR HOME
with Lisa Hill
It's more than a place, it's your lifestyle base.



NICK LAURO PAINTING

INTERIOR • EXTERIOR
On time, polite, respectful and experienced for all your painting needs

215-886-2212
www.lauropainting.com

181 Rittenhouse Rd., Royerford, PA

ATTEND OUR OPEN HOUSE
Thursday, April 3rd
5:00pm to 7:00pm

PJP
Pope John Paul II HIGH SCHOOL

Come find out why enrollment at PJP is on the rise. To sign up contact Will Martinko at umar-tinko@pjphs.org

Visit our website to see all PJP II has to offer & for more information including applying to PJP II
www.pjphs.org



Montgomery County Rehabilitation & Sports Therapy, P.C.

Call to see how **PHYSICAL THERAPY** can help
NO prescription necessary • Most insurances accepted

Owned and operated by Michael Q. Giuliani, MPT, Ph.D.
Our practice provides high level, professional care.

1837 Davisville Road, Willow Grove, PA 19090
170 W. Germantown Pike, Ste. C-3, East Norriton, PA 19401

GET WELL WITH US
www.montcorehab.org
215.885.2022
610.279.6290

\$350 off
Any New Stairlift With This Ad

- FREE in home evaluations
- Family owned & operated for more than 20 years

1.888.900.8883
www.Tri-StateStairlifts.com

tri-state STAIRLIFTS



SAINT JOSEPH VILLA

A Healing Presence
ALL ARE WELCOME
Skilled Nursing & Rehab Available

110 W. Wissahickon Avenue
Flourtown PA 19031
215-836-4179
www.stjosephvilla.org

Rosaries and Keepsakes
made from your special flowers

Family owned & operated for over 40 years!
walk-ins • mail orders • call

Weddings • Funerals • Communion • Gift

1215 Main Street | Unit 114 | Tewksbury MA
www.rosariesfromflowers.com
978-851-9103

SUZY-JO DONUTS

205 W. GERMANTOWN PK.
EAST NORRITON, PA 19401
610-270-2800
WWW.SUZYJODONUTS.COM

the MOUNT
MOUNT SAINT JOSEPH ACADEMY

VISIT THE MOUNT

Apply Now or Schedule a Visit!



Learn more at **MSJACAD.ORG**



WE SPECIALIZE IN ALL PLUMBING & DRAINS

Water Conditioning • Sewer Replacements

Sewer Lining • Camera Inspections

Toilets • Water Heaters • Pumps

610-489-2717

www.PaPlumbingAndDrains.com

Neighboring Parishioner

Bergin's Chocolates
Fine Hand Crafted Chocolates Since 1935
 Hours: Mon.-Fri. 8am-5pm
 Sat. 8am-4pm
 2634 Morris Road
 West Point, PA • 215-699-3420

Reigart Contracting
 610-812-9029
 Handyman & Remodeling Services
 Plumbing • Electric • Power Washing
 Kitchens & Bathrooms
 Flooring • Painting • Windows • Doors
 Call Me for Your Free Estimate
Parishioner

Joseph Genuardi

Florist Inc.
 410 E. Fornance St. • Norristown
 www.josephgenuardiflorist.com
610-272-0157

VIA VENETO
Pizza
 & Family Restaurant
610-279-5222
 2688 DeKalb Pike, East Norriton, PA

STONE FINISH

215-657-7440
 Since 1997
**HOME IMPROVEMENT
 REMODELING / ADDITIONS
 FULLY LICENSED & INSURED
 SNOW REMOVAL, GENERAL CONTRACTOR**

TAX PREP PLUS LLC
 Amie Brown-Torrecuso, EA, CAA
 New Britain, PA
215-436-4336
www.taxprepplus.com
Large enough to meet all your needs, small enough to know your name.
 Diocesan Member Tax Preparation, Bookkeeping & Business Services

Join Us...
 for our Pre-Planning Seminars
Get your ducks in a row.
 We'll guide you through the steps of preparing your final wishes, options for placement of your remains, funeral personalization, and addressing the financial options of final expenses.
 Call Us For More Info About Upcoming Dates & Locations!
844-451-9614
 www.PhiladelphiaCatholicCemeteries.com
 PHILADELPHIA CATHOLIC CEMETERIES.COM
PHILADELPHIA • BUCKS • MONTCO • DELAWARE • CHESTER

WELLS FARGO Advisors
Need a hand on the path to retirement?
 Traveling the path to retirement with someone you can trust can help keep you from veering from it. Contact me today and we can help make sure your retirement goals stay on track.

Joe Hornig III, CRPC®
 Managing Director - Investments
 1 Fayette St, Two Tower Bridge, Suite 200
 Conshohocken, PA 19428
 Direct: 610-832-7628
 joseph.hornig@wellsfargoadvisors.com
 wellsfargoadvisors.com

Feliciani & SON
Plumbing & Heating
610-275-4333
 Blue Bell, PA
 Since 1947 • Parish Member

**Repairs | Rentals | Sales | Delivery
 Maintenance | Cleaning & Sanitization**

 2672 Dekalb Pike
 East Norriton, PA
267-813-1420
www.koppa.mobilitycity.com
 • Mobility Scooters • Wheelchairs
 • Power Chairs • Transport Chairs
 • Lift Chairs • Ramps
 • Hospital Beds • Battery Replacement
 • Rollators • & More!
If you can't come to our showroom, a Technician can come to you!

DBD
DISCHELL BARTLE DOOLEY
 law offices
www.DBDLaw.com
215.362.2474
 Lansdale • Pottstown • Boyertown

NEW ROSE HOME HEALTHCARE
 Personal Care Assistance • Meal Prep
 Respite Care Assistance
 Transportation
Please Call 267-528-4032
 Private Pay/Insurance
www.newrosehomehealthcare.com

KitchenSaver
 CUSTOM CABINET RENEWAL
kitchensaver.com

Investment and Insurance Products:
 ► NOT FDIC Insured ► NO Bank Guarantee ► MAY Lose Value
 Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company.
 ©2023 Wells Fargo Clearing Services, LLC. CAR-0323-04473

Wills, Trusts, Estates
 Family Law
 Personal Injury Litigation
 Workers' Compensation
 Social Security Disability
 Civil Litigation
 Tax & Business Law
 Real Estate, Land Use, Zoning
 Labor & Employment Law
 Municipal Law

ATTORNEY JOHN T. DOOLEY

BLUE BELL Country Club
GOLF & SOCIAL Memberships Available!

 Scan for more information
 1800 Tournament Dr. Blue Bell PA
 215.616.8210

Family Owned and Operated Since 1987
RIGHTWAY WATERPROOFING CO.
 BASEMENT WATERPROOFING
 MOLD REMEDIATION • FOUNDATION REPAIR
215-427-1727
www.RightwayWaterproofing.com
 Church Member Discounts
 FREE INSPECTION Licensed & Insured
 BBB Accredited Business

WILLIAM R. MAY
FUNERAL HOME, INC.

75 Years of Service
GLENSIDE • NORTH WALES

Easton Rd. & Keswick Ave., Glenside, PA 19038 • 215-884-8410
Laura May Haggerty, Supervisor • Harry M. May, Director

Main St. & Elm Ave., North Wales, PA 19454 • 215-699-3442
Timothy P. McLoone, Supervisor • Christine May Rafferty, Director

A Family Tradition of Care ~ Pre-Need Services Available

www.mayfuneralhome.com

SERVICE, SKILL & EXPERIENCE SINCE 1977

- Auto Body Repair & Painting
- 24 Hour Towing • All Insurances Accepted
- Recognized Acura & Honda Body Shop

CenterSquareMotors
collision repair specialists

484-684-7220 534 N. Trooper Rd., Norristown, PA
CENTER SQUARE MOTORS.COM 811 DeKalb Pike, Blue Bell, PA PAC 60840916



**Pick Up • Delivery
Catering**

610-277-3423

1742 DeKalb Pike, Blue Bell
www.frankspizzabluebell.org

Parishioner

Insured Excellence in Electricity Affordable
Reliable Dependable
SALVATORE M. TERRANOVA, SR.
Commercial • Residential • Industrial
Master Lic. Electrician • Diocese Member
610-539-4458 610-639-3956

LAWN DOCTOR
of
The Doylestown Area
215.822.0346

- All Granular Fertilizer
- Full Weed, Insect & Disease Control
- Mosquito & Tick Control
- Power Seeding

Satisfaction Guaranteed Care
www.lawndoctor.com

Accounting Services • Tax Preparation
Bookkeeping Services



William L. McKernan, III
William L. McKernan Jr.
Rachel A. McKernan
Members of the Parish
1133 DeKalb Pike
Blue Bell, PA 19422
Office (610) 277-7921
Fax (610) 279-5587
wmckernaniii@wlmckernan.com
www.wlmckernan.com

Family Owned and Operated Since 1883

JOSEPH Levine & SONS

SERVICE • TRADITION • DIGNITY

SERVING WHITPAIN TOWNSHIP AND SURROUNDING COMMUNITIES

215-942-4700

1002 WEST SKIPPACK PIKE | BLUE BELL

www.LevineFuneral.com

Parishioner **Weight Loss • Nutrition • Sleep**
**TAKE THE FIRST STEP WITH A
FREE CONSULTATION! TEXT OR CALL**
Limited Time Specials
610-914-9451
www.mjbelitehealth.com/

Life Celebration By GIVNISH
You know about our Reputation, Services & Facilities. Now, know us for Affordability.
Funerals from \$195/Month
1-800-GIVNISH www.lifecelebration.com

Buy From the *Best!*
SUBURBAN
MARBLE, GRANITE & TILE
Endless Possibilities...Spectacular Results

951 E. Butler Pike Ambler, PA 215-646-1155
516 Fayette Street Conshohocken, PA 610-828-1336

CIAVARELLI
FAMILY FUNERAL HOMES AND CREMATORY INC

COMFORT, VALUE, CONVENIENCE
Family Owned • Private Crematory • Pre-Planning • Burial
William L. Ciavarelli, FD Christopher J. Ciavarelli, FD
Supervisor Supervisor
William E. Ciavarelli, FD Andrea M. Ciavarelli Scotti, FD
Parish Member
www.ciavarellifuneralhomes.com

Senior Living Specialists
With Love
LOCAL FREE SENIOR CARE REFERRAL SERVICE
Your Partner in Finding the Best Senior Community for Your Loved One
Katie Rhoads
215-767-6428

MOORE, SNEAR & RUGGIERO
FUNERAL HOME & CREMATORY, INC.
19 E. Germantown Pk. • E. Norriton, PA 19401
610-277-1600 • www.msrfh.com
Donald E. Moore, Supervisor

Kitchen Countertops, bathroom vanities, tile and more!
1010 Pulinski Road Ivyland, Bucks County, PA 18974
215.734.9100
Open Monday Thru Saturday
www.SuburbanMarble.com
Contractor #PA 007452

Baldassano and Associates
M FAMILY DENTAL
www.dr.baldassano.com
Dr. Bill Baldassano & Dr. Drew Shafer accept most dental insurances!
1567 Dekalb Pike, Rt. 202, Blue Bell, PA
610-279-1811
Parishioner

School Screenings • Comfort Care
Accept Most Insurance
Hablamos Español
2943 Swede Rd., East Norriton
610-553-5800
www.supertoothdental.net