

DIVINE MERCY SUNDAY

Jesus, I trust in you!

Peace be
with you.

As the Father
has sent Me,
So I send you.

Receive the
Holy Spirit,
whose sins
you forgive
are forgiven
them, and
whose sins
you retain
are retained.

SAINT HELENA CHURCH

One Family, One Faith, One Heart

April 7, 2024
Divine Mercy Sunday

John 20:21-23

©JPPC



OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Parochial Admin. of St. Helena & St. Titus
Rev. Edward C. Kelly & Rev. Dr. Kyle M. Adamczyk
Parochial Vicars, St. Helena & St. Titus
Msgr. Joseph J. Nicolo: Pastor Emeritus
Deacon A. Kenneth Belanger
Deacon Claude Granese: St. Titus & St. Helena

PARISH OFFICE:

Phone: 610-275-7711
Web Site: www.sainthelena-centersquare.net
Email: parish@sainthelenachurch.org
Monday through Friday: 9:00 AM to 5:00 PM
Business Manager: Ms. Cathy Neugebauer
Parish Administrative Assistant: Mrs. Gina Malony
NEW REGISTRATIONS, call Gina to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422
Phone: 610-279-3345 <> Fax: 610-279-3272
School Principal: Miss Denise Britt
School Secretary: Mrs. Rene Ryan
School Nurse: Mrs. April Maxwell

PREP:

Phone: 610-279-3870
Interim Dir. of Religious Education: Mr. Jonathan DeMent

DIR. of PARISH SERVICES: Mr. Christian Thompson
Phone: 610-930-0349

FACILITIES MANAGER: Mr. Vince Thompson
Phone: 610-322-5749

FACILITIES DIRECTOR: Mr. Bob Geiger
Phone: 610-275-7711

PARISH MASS SCHEDULE:

Saturday 4:00 PM Vigil Mass
Sunday 7:30 AM, 9:00 AM, & 11:00 AM
Weekdays: Mon - Sat 9:00 AM
Holy Days: Vigil 7:00 PM, 9:00 AM, & 12:15 PM

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9 PM; Saturday from 8 AM - 5 PM; & Sunday from 7 AM to 5 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
Wednesdays: 11:30 AM (Grotto)
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.
Pre-Jordan classes are required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

SACRAMENT OF RECONCILIATION/ CONFESSION:

St. Helena - Saturdays at 3:00 PM in the Church
St. Titus -Saturday 3:30 PM in the Church
or call St. Helena Parish Office to make an appointment.

MEMORIALS:

If you would like to have a spiritual memorial offered in memory or in honor of a loved one, (*Mass Cards, Candles, Bread & Wine*) stop by the Parish Office.

SANCTUARY FLOWERS:

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call THERESA SMITH at 215-646-7636 to learn about details and availability.



MASS INTENTIONS FOR THIS WEEK

Sun., April 7

7:30 AM

† For the People of the Parish

9:00 AM

† Cyril Seddon

Req. by Mike & Libby McGinn

11:00 AM

† Jeremiah W. Freas, IV

Req. by Eileen & Tom Gravinese

Mon., April 8 - The Annunciation of the Lord

9:00 AM

† Ed Whelan

Req. by The McAluney's

Tues., April 9

9:00 AM

† Drew Burton

Req. by Denise Britt

Wed., April 10

9:00 AM

† Robert Hendrickson, Jr.

Req. by Mary Anne Hendrickson

Thur., April 11 - St. Stanislaus

9:00 AM

† Mary Oscapinski

Req. by Jim & Pat Tygh

Fri., April 12

9:00 AM

† William Foster

Req. by Elizabeth & Sue Foster

Sat., April 13 - St. Martin I

9:00 AM

† Living & Deceased Members of the Saint Theresa Guild

4:00 PM

† Erin Moore

Req. by the Moore Family

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in honor of

LEONA BANICKI

Requested by the Rectory Staff

The Sanctuary Candle in the Chapel burns in memory of

AGNES PERNAZZA

Requested by Laurel Murphy, her daughter

Candles may be purchased (\$20 each) to burn for the week of, in honor or in memory of a loved one. They will be lit on Saturday through the following Saturday. We have candles in the Church at the Sanctuary, Blessed Mother Statue, St. Joseph Statue and in the Narthex at the Sacred Heart Statue. In the Chapel, we have the Sanctuary and on the Altar. They can be purchased in the Parish Office during business hours.

THANK YOU FOR YOUR TITHE!

Collection for weekend of March 24, 2024

PLATE: \$ 18,722

E GIVING: \$ 9,504

MAIL-IN: \$ 1,506

Collection for weekend of March 31, 2024

PLATE: \$ 8,144

E GIVING: \$ 6,585

MAIL-IN: \$ 6,723

Total Collection for Easter: \$ 42,793

A tithe is a portion (10%) of your income given to your church. (The word tithe literally means tenth in Hebrew.) Because the custom of tithing is biblical, many Christians and Jews practice it as part of their faith.

How to set up for Electronic Giving:

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to ParishGiving.org and begin making your weekly offering through Parish Giving. *We ask that you still use your weekly envelopes when attending Mass. Mark them as I've given electronically.*

Prayer for the Sick

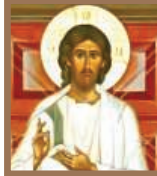


In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

- Patrick Banicki, Ed Mitchell, Sr., Dave Colman,
- Lorraine Perri, Juan Barba, Jim Smith, Mike Piskai, Jr.,
- Karen Meenan, Vince Pyle, Andrea Caperilla,
- Joe Matoney, Jr., Stella Montoya, Finneas Joseph Price,
- Mary Trodden, Bob DeLeonard, Linda Weikert,
- Joseph Leary,

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

INCLUDING **JOHN BUZAD**

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.



Bread & Wine

The Bread & Wine this week is offered in memory of **Gerard M. Shannon** Requested by the Smith Family.



PRAY FOR OUR MILITARY

Please pray for all our military personnel especially:

- POI ELIZABETH FENERTY,
- CPT KEVIN MAGUIRE,
- SFC JAMES KILGORE, TSGT JAMES LAPORTE,
- SGT JOHN Z. MATEJA, LT NICHOLAS HUMES,
- CPL ANTHONY J. CICCARONE, LTJG BRENDAN J. KOCH,
- CPT EMILY M. LORENZO-WOMACK,
- CPT JONATHAN R. WOMACK, SSGT JOSEPH P. LORENZO,
- LT CHRISTINA TAORMINA-LAPORTE,
- LTJG ANDREW J. SCHUTTA, LTC JOHN LYNCH,
- COL ELIZABETHANNE CAIN, LTJG. REBECCA MCCOOL,
- 1LT CHRISTOPHER RONGIONE &
- ENS JOHN W. BUSHNER, MAJOR GEORGE C. WARREN, III

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LITURGICAL MINISTRIES

APRIL 13 & 14

CELEBRANTS & DEACONS

Saturday, April 13

4:00 PM Fr. Kyle

Sunday, April 14

7:30 AM Fr. Joe

9:00 AM Fr. Joe (Deacon Ken)

11:00 AM Fr. Kyle (Deacon Claude)

Lectors

Saturday, April 13

4:00 PM T. Rogers, T. Pantaleo

Sunday, April 14

7:30 AM J. Bond, T. Donohue

9:00 AM B. Nyman, L. Fickett

11:00 AM R. Gomes, M. Saunders

Ministers of Holy Communion

Saturday, April 13

4:00 PM M. Baxter, M. Skeels, T. Smith

Sunday, April 14

7:30 AM G. Berti, J. Dalhoff, D. DeBrakeleer

9:00 AM Deacon Ken, J. Kang, N. Kang, J. O'Doherty

11:00 AM Deacon Claude, T. Gallagher, M. Okenquist, N. Tagliamonte

Altar Servers

Saturday, April 13

4:00 PM H. Guckert, E. Kern, J. Koop, J. Sabo

Sunday, April 14

7:30 AM N. Laub, E. Richer, A. Rose

9:00 AM B. Dion, T. Esbensen, K. McGinn, L. Rodweller

11:00 AM J. Dever, C. Kovatch, M. Merone, M. Rosko

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

PARISH EVENTS FOR THIS WEEK

SUNDAY, APRIL 7 - DIVINE MERCY SUNDAY

- Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, APRIL 8

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:45 AM - Convent
- Prayer Shawl: 12:30 PM - Lady of Fatima
- School Chorus: 3:15 PM - Social & Rec. Center
- Daisy Troop: 5:30 PM - Cafeteria
- Robotics: 6:00 PM - Cafeteria
- SOC: 6:30 PM - Convent Kitchen
- Communion & Liberation: 7:00 PM - St. Joseph

TUESDAY, APRIL 9

- Daily Mass: 9:00 AM - Church
- Mommy & Me: 10:00 AM - Our Lady of Mercy
- School Chorus: 3:145 PM - Social & Rec. Center
- Adult Basketball: 5:30 PM - Social & Rec. Center
- PREP: 6:00 PM - Education Center
- 3 on 3 Basketball: 7:30 PM - Social & Rec. Center
- CYO Board Meeting: 7:30 PM - Our Lady of Mercy

WEDNESDAY, APRIL 10

- Daily Mass: 9:00 AM - Chapel
- School Chorus: 3:15 PM - Social & Rec. Center
- Respect Life: 6:45 PM - Our Lady of Fatima
- Knights of Columbus: 7:00 PM - Our Lady of Mercy
- OCIA : 7:00 PM - Our Lady of Lourdes

THURSDAY, APRIL 11

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- School Chorus: 3:15 PM - Social & Rec. Center
- Robotics: 6:00 PM - Cafeteria

FRIDAY, APRIL 12

- Daily Mass: 9:00 AM - Chapel
- Senior Club: 10:00 AM - Social & Rec. Center
- Communion & Liberation: 7:00 PM - St. Joseph

SATURDAY, APRIL 13

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church

SUNDAY, APRIL 14

- Masses: 7:30, 9:00, 11:00 AM - Church



DIVINE MERCY SUNDAY

Sunday, April 7th, we will have Exposition of the Blessed Sacrament, sung Divine Mercy Chaplet and Confessions, in the Church. During this Holy Hour from 2:30 till 3:30 PM, one is able to receive a *Plenary Indulgence* by devoutly participating in the Chaplet of Divine Mercy, worthy Reception of Holy Communion that morning, recent Confession (does not need to be that day) and a detachment from sin. †
Please join us!

RESPECT LIFE CORNER



THINKING ABOUT SUMMER?

Try this for yourself or with your family this year:

SUMMER FAMILY RETREAT

Eight to ten families (Grandparents welcome, too!) come together to form a Christ-centered community for the week or weekend. Mass and other family liturgies are complemented by skits, presentations, family sharing, peer group discussions, and fun activities. All join in community tasks, such as helping with cleanup after meals. **Retreat themes** focus on family enrichment and spiritual development through affirmation, communication, reconciliation, commitment, and spreading the "Good News."

Scheduled recreation and free time, with ocean swimming (only 1/2 block from our house) and visits to historic Victorian Cape May (only 3 miles from our house), are features of all family retreats. Go to the website for the calendar of events. There are other events for adults; singles, couples & groups.

Marianist Family Retreat Center
417 Yale Avenue,
Cape May Point, NJ 08212
609-884-3829

mfrc@capemaymarianists.org

Malvern Retreat for Men

MAY
3 - 5



Calling All Catholic Men!

What is consuming much of your life right now? Is it work? Is it following professional sports or politics? More likely, is it simply the many distractions and busy tempo of your life in today's world?

Please consider a weekend at Malvern! The topic of this year's retreat is "**Manly Love for the Eucharistic Lord.**" We are blessed to have **Father Roger Landry**, renowned Catholic writer and frequent contributor to the National Catholic Register and EWTN, as our retreat director. He will be focusing on various male saints and the pillars of Eucharistic love as we go more deeply into the Eucharistic Revival. As men of faith, we need to come together and rejuvenate our relationship with Christ. Come to the peaceful grounds known as "*St. Joseph's in the Hills.*" Sit in silence before our Lord in one of the adoration chapels. Walk the Stations of the Cross. Spend some time in quiet contemplation at the Our Lady of Lourdes Grotto. Pray and reconnect with our Lord.

Please register today! Go to www.MalvernRetreat.com and select "Register Now." Scroll down the calendar to the St. Joseph the Worker, Manly Love for the Eucharistic Lord Retreat, May 3-5, 2024. If you would prefer to register by phone,

SENIOR TRANSITIONAL HOUSING FAIR

Thinking of making a move?
Don't know where to start?

JOIN US

- Senior Transition Specialists
- Realtors
- 55+ Communities
- Continuing Care Facilities
- Estate & Will Planning
- Clean-Out Solutions
- Financial Planning

FRIDAY, APRIL 19, 2024

11:30 AM - 1:30 PM

St. Helena Empress Room

For more information contact:
In My Dreams, LLC at 215-380-1170



Our Lady of Guadalupe.

Cardinal Burke has called for a nine month Novena for a return to Our Lady from March 12 - Dec. 12.

O Virgin Mother of God, we fly to your protection and beg your intercession against the darkness and sin which ever more envelop the world and menace the Church. Your Son, Our Lord Jesus Christ, gave you to us as our mother as He died on the Cross for our salvation. So too, in 1531, when darkness and sin beset us, He sent you, as Our Lady of Guadalupe, on Tepeyac to lead us to Him, Who alone is our light and our salvation.

Through your apparitions on Tepeyac and your abiding presence with us on the miraculous mantle of your messenger, Saint Juan Diego, millions of souls converted to faith in your Divine Son. Through this novena and our consecration to you, we humbly implore your intercession for our daily conversion of life to Him and the conversion of millions more who do not yet believe in Him. In our homes and in our nation, lead us to Him, Who alone wins the victory over sin and darkness in us and in the world.

Unite our hearts to your Immaculate Heart so that they may find their true and lasting home in the Most Sacred Heart of Jesus. Ever guide us along the pilgrimage of life to our eternal home with Him. So may our hearts, one with yours, always trust in God's promise of salvation, in His never-failing mercy toward all who turn to Him with a humble and contrite heart. Through this novena and our consecration to you, O Virgin of Guadalupe, lead all souls in America and throughout the world to your Divine Son in Whose name we pray. Amen.

Visit the website to sign up and for the daily prayer:
Novena.cardinalburke.com

NEW BEGINNINGS II

New Beginnings II is a Widow/Widowers Group. We meet for fellowship and plan social events.

Meetings are held at 7:00 PM in Saint Helena School Cafeteria, entrance off Yost Road.

May 1, 2024 closing meeting.
(See you in September).

For more information please contact Rita Kurek at 610-279-5897



RESPECT LIFE CORNER



*St. Gianna –
Patron Saint of Mothers,
Physicians & Preborn Children*

A Son Remembers His Sainly Mother

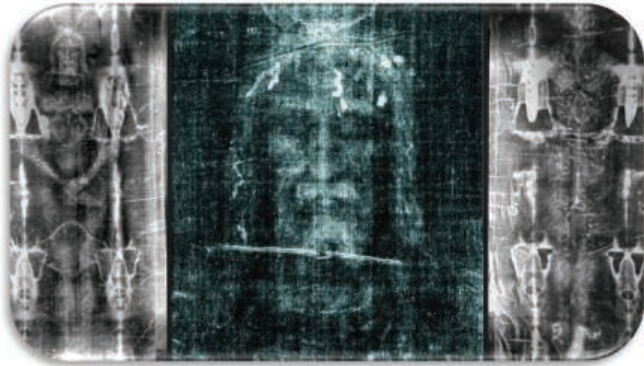
Gianna Beretta Molla, a “saint of life and of family,” is anything but a traditional “angel of the hearth” and breaks several stereotypes regarding the usual “icon” of a holy woman. “She was a modern and dynamic woman,” Pierluigi Molla, son of St. Gianna, points out. “She enjoyed the good things in life: she loved skiing (she taught me), she was a good alpinist, she liked music—she played the piano and the accordion and attended concerts at the *Teatro alla Scala*—and she painted. She liked to dress well. She drove her motorcycle and car, and was even quite reckless. And even though she had a family of three children, she didn't give up her profession, which she exercised with passion and as a true vocation. She is not only a saint because of her heroic deed, but because she knew how to live her life to the full.”

(all from “Aleteia”, “St. Gianna's Son...” by P. Rappellino, 5/20)

St. Gianna's Feast Day is April 28.

St. Gianna, Please pray for all parents!

The Shroud of Turin



Believed to be the burial cloth of Jesus, the Shroud of Turin is the most scientifically-studied object in history.

Come learn about the scientific evidence supporting its authenticity and the truths of our

Faith that it reveals.

**Wednesday, April 17th
from 6:45 - 8:45 PM**

**in the coffee hour room
(enter hall from Ford Street lot)**

**St. John the Baptist Catholic Church
502 Ford St., Bridgeport, PA**

Parking available in the Ford Street lot, adjacent to the rectory & hall.

(No Commitment – Meetings are Monthly – Come When You Can!)

The Society of Patricians is sponsored by the Legion of Mary.

More info: r.edel.lukens@gmail.com or 610-256-7125

The society of the Patricians is an informal group of adult Catholics who meet monthly under the direction of Fr. Sam Keyes to learn more about the Catholic Faith so that they can better share it with others.

Please come, and bring a friend!

Refreshments will be served and free literature will be available.



Saturday, April 20 2024 from 8:30 am-4:00 pm, followed by Saturday Vigil Mass at St. Helena Church, 1489 Dekalb Pike, Blue Bell

Come with your spouse or fiancé and listen to nationally acclaimed Catholic speakers who will inspire you to live out your marriage with greater fervor, love and joy.

For more information visit www.phillycatholiclife.org and to register, visit bit.ly/Marriages Grace 2024 or scan the QR code:



PATRICIAN SOCIETY

The Patrician Society is where our donated food is sent. The food we leave in the Information room and the food the children donate at Mass on the weekends. St. Helena is one of the largest donators to the Patrician Society.



At this time they are in needed of: Mac & Cheese, Peanut Butter (small jars), Cereal, Cereal Bars, Rice, Pasta, Oatmeal, Fruit Cups, Canned Fruit, Diapers size 4, 5, 6.

The Patrician Society is regularly involved with the Norristown Hospitality Center, Central Behavioral Health, Creative Health, Resources for Human Development, Catholic Social Services, Montgomery County Office of Children and Youth, Montgomery County Senior Services, and others in the sharing of referrals and provision of various services to ensure that all requests are fulfilled.

Thank you for your continued generosity.

In Celebration of St. Titus Parish 60th Anniversary



Please Join Us For
PARISH FAMILY BINGO

Sunday, April 14, 2024
2:00pm
Saint Titus Parish Hall
3004 Keenwood Road,
East Norriton

- \$10 per package which includes: One Bingo Dauber and 10 sheets containing 3 Bingo cards each - play all 3 cards yourself or share!
- Bring your own food and snacks...Pizza Slices, Water, Soda will be available for purchase

ALL ARE WELCOME!!

RAFFLE BASKETS 50/50 RAFFLE "SPECIAL" GAMES

Please register by **April 7th**. Registration Options:

- Scan QR code below
- Complete information below. Drop the form with payment in the collection basket or at the parish office.

Name _____
 Phone _____ Email _____
 # of people attending _____
 # of packages _____ @\$10 per package = _____
 Will you be purchasing pizza? Yes No



MEMORIALS AVAILABLE

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours.

SAINT THERESA GUILD

A perpetual Mass said every Saturday at 9:00 AM for Living and Deceased members of the Guild. To enroll a member (\$25) visit the Parish Office.



CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.



Candles are available in the Church at the:

- The Sanctuary Candle
- The Blessed Mother Altar, up to 4 candles may be lit
- The St. Joseph Altar, up to 4 candles may be lit
- The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at the:

- The Sanctuary Candle
 - The Altar, up to 4 candles may be placed on the Altar
- Candles can be purchased in the Parish Office during business hours.

CareNotes - A Catholic Perspective



CareNotes, a ministry of Saint Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting.

These wellness-oriented booklets address real-life

emotional, physical and spiritual needs with topics that include grief, aging, healthcare, mental wellness, family care, spiritual support and more.

Whether you are dealing with difficult emotions or you minister to someone who is, you're sure to find the topic that applies directly to your situation. The down-to-earth style of each CareNote offers relatable advice to help you heal - mind, body and spirit.

Please check out the kiosk in the back of the Church narthex and consider picking up a booklet or two for yourself and a friend. CareNotes is owned and operated by the monks of Saint Meinrad Archabbey. All donations and proceeds support their prayer and work.

ARE YOU A YOUNG ADULT LOOKING TO GROW & STRENGTHEN YOUR FAITH? THEN WE INVITE YOU TO JOIN US FOR...

A BIBLE STUDY OF THE BOOK OF EPHESIANS

COME DISCOVER YOUR INHERITANCE AS A CHILD OF GOD

Journey with us as we discover the treasures that await us as adopted sons and daughters in the family of God.

OPEN TO YOUNG ADULTS AGES 22 - MID-30'S

THURSDAYS IN APRIL & MAY - 7PM-8PM

SAINT HELENA PARISH CONVENT
1301 YOST ROAD, BLUE BELL, PA 19422

LED BY CHRISTIAN & GABRIELLE THOMPSON

REACH OUT TO US - WE'D LOVE TO HEAR FROM YOU!
CTHOMPSON@SAINTHELENACHURCH.ORG



April is **Abortion Recovery Awareness Month**

Are you or someone you love suffering from a traumatic pregnancy loss and experiencing:

- Depression
- Anxiety and panic attacks
- Intense grief, sadness, rage
- Feelings of shame and guilt
- Suicidal thinking and behavior
- Drug or alcohol abuse
- Problems maintaining intimate relationships
- Eating disorders
- Nightmares, flashbacks

you can find healing.

Experience forgiveness and be freed from shame. Confidential, compassionate, non-judgmental help is available. You're not alone:

- **For an in-person weekend retreat:**

RachelsVineyard.org

- **For online and/or in-person* Bible-based programs:**

HerChoiceToHeal.com (part of RamahInternational.org)

SaveOne.org

SheFoundHisGrace.org



**ABORTION
Recovery
AWARENESS**

Because no heart
is too broken to be healed



Have you received a prenatal diagnosis?

Are you considering carrying to term but uncertain how to find resources and support?

Lily's Gift is a network of concerned parents and professionals who have experienced or worked closely with issues surrounding receiving a prenatal diagnosis. Modeled and trained by *Be Not Afraid*, volunteers from **Lily's Gift** offer a free service of practical guidance and compassionate care focusing on meeting the needs of expectant parents as they seek to honor the life of their baby from diagnosis during pregnancy, birth, and no matter what the future holds for the family after birth. **Lily's Gift** is here to ensure that your dignity and that of your child is valued and respected.

Lily's Gift provides resource materials, assistance with writing birth plans, birth support persons as requested and referrals to other community-based services and support groups, as needed.

To expectant parents, **Lily's Gift** offers unique insight and sensitivity regarding such difficult issues as:

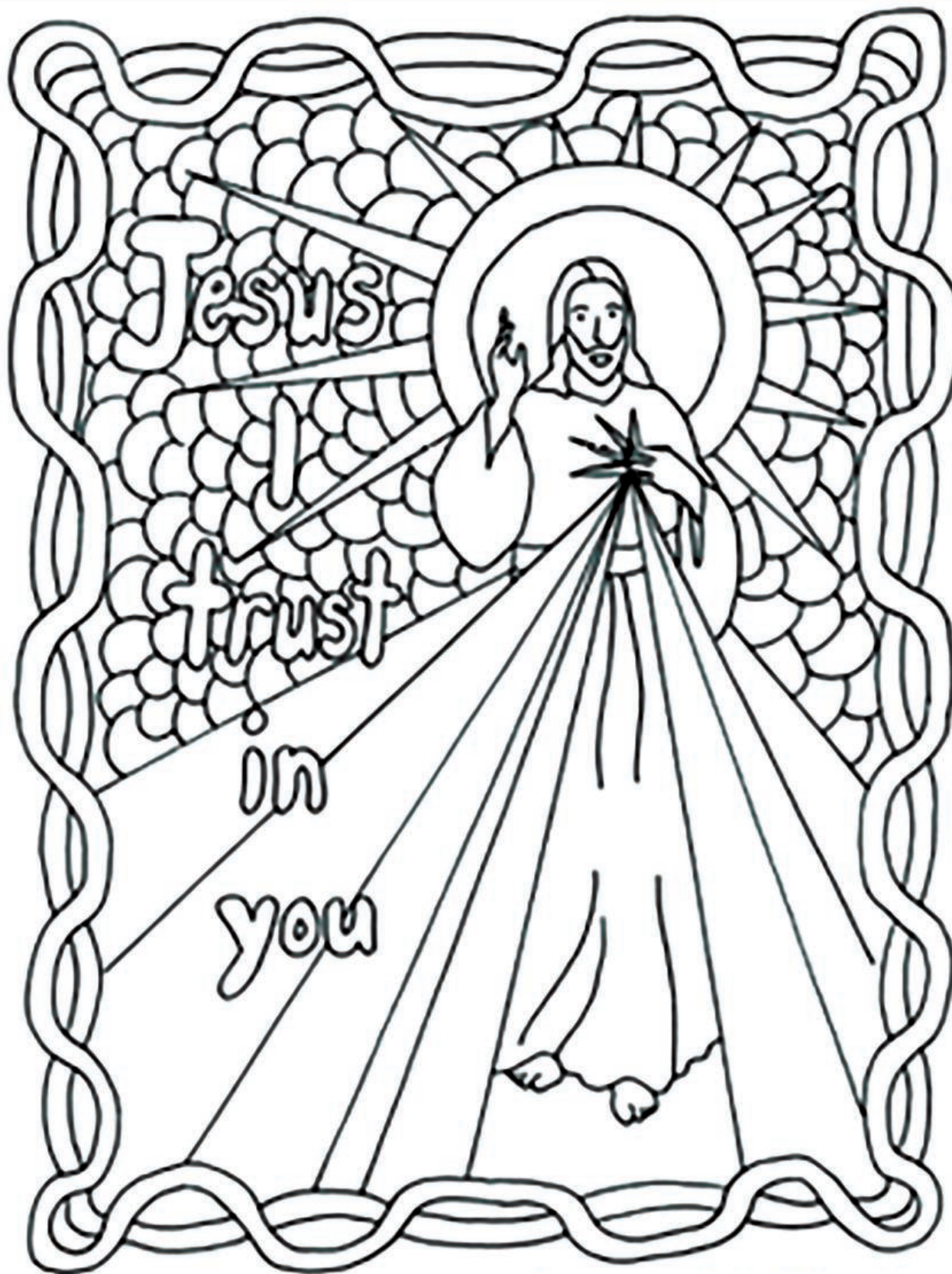
- maintaining hope after receiving a prenatal diagnosis
- evaluating medical decision making
- grieving the loss of the anticipated baby
- stillbirth and neonatal critical care

For local support email: LilysGift@archphila.org

For more information and other resources, visit www.lilysgift.org or www.benotafraid.net

Catholic Social Services (215) 587-3595

Office for Persons with Disabilities (215) 587-3530



www.thefirstfruits.com

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COMMUNITY MINSTRIES & ORGANIZATIONS

LOCATION - ST. HELENA

| Ministry/Organization | Contact Person |
|--|------------------------------|
| Art & Environment | Theresa Smith |
| Basketball: Adult/Young Adult | Mike O'Brien |
| Basketball: 3 on 3 | James Humes |
| Caring for Friends | Micki Burns |
| Chapel Reposers | Vince Thompson |
| Collection Counters | Denise Janick |
| | Karen Wurtenberg |
| Communion & Liberation | Colin Cherico |
| EXTRA ORDINARY MINISTERS OF HOLY COMMUNION: | |
| Church | Lori/Steve Iannello |
| Home Visit | Jim McLaughlin |
| Nursing Home/Private Visit | Parish Office |
| Finance Council | Fr. Bongard |
| First Lego League | Greg Mann |
| Garden Club | Theresa Smith |
| Greeters | Larry Constable |
| Home & School Association | Leigh Ann Lonergan |
| Knights of Columbus | George Gillin |
| Ladies of Helena | Theresa Smith |
| Lectors | Pat Lorenzo |
| Men's Fellowship Group | Joe Bushner |
| Mommy & Me | Ana Haynie |
| MUSIC MINISTRY | Cheryl Platco |
| Adult Choir | Cheryl Platco |
| Bells | Cheryl Platco |
| Cantors (Scheduling) | Cheryl Platco |
| Children's Chimes | Natalie Perez |
| Contemporary Music Ensemble | Dick Lentz |
| School Chorus | Sara Hansell |
| New Beginnings II | Maryanne Fuhr |
| Parish Pastoral Council | Fr. Bongard |
| PARISH YOUTH & YOUNG ADULT MINISTRIES | |
| Altar Servers | Fr. Kyle |
| Children's Liturgy of the Word | Christian Thompson |
| Cub Scouts | Ann Bottcher |
| CYO/Community Service Corps | Sean Lonergan |
| CYO/Sports - President | Stephen Lynch |
| CYO/Sports - Athletic Director | Chris Massella |
| HIGH SCHOOL YOUTH GROUP | Christian Thompson |
| Parish Outreach Committee | Amanda Hunt |
| Parish Religious Ed. Program (PREP) | Interim DRE: Jonathan DeMent |
| | Sean Lonergan |
| Robotics | Erin Forish |
| Scouts: Brownies/Daisy | Denise Britt |
| St. Helena School | Christian Thompson |
| Young Adult Group | Christian Thompson |
| Pre-Jordan Team | Sr. Francis, O.S.F. |
| Prayer Shawl Ministry | Dcn. Ken Belanger |
| OCIA (Order of Christian Initiation for Adults) | Maryann Schieve |
| Respect Life | Mary Jane Mrazik |
| Rosary Prayer Group | Dcn. Ken Belanger |
| Scripture Study | John Waldspurgen |
| Senior Citizens Club | |

| | |
|--------------------------------|-----------------|
| Ushers | Larry Constable |
| Walking with Purpose | Margaret Malloy |
| Wedding Rehearsal Coordinators | Joan O'Neill |

If you are interested in joining any of these Ministries or Organizations please contact the St. Helena Parish Office at 610-275-7711 or e-mail parish@sainthelenachurch.org for contact information.

LOCATION - ST. TITUS

If you are interested in joining any of these Ministries or Organizations please contact the St. Titus Parish Office at 610-279-4990 or e-mail sttitus@sttitus.org for contact information.

| MINISTRY/ORGANIZATION | CONTACT PERSON |
|---|--------------------|
| Altar Servers | Dcn Claude Granese |
| Baptismal Preparation | Parish Office |
| Bible Study | Dcn Claude Granese |
| Church Cleaning | Pat Orner |
| Church Decorating | Pat Klampfer |
| CYO | Parish Office |
| Eucharistic Ministers | Dcn Claude Granese |
| Finance Council | Parish Office |
| Gardening | Parish Office |
| Gabriels (Bulk Mailers) | Parish Office |
| Knights of Columbus | Matt Faust |
| Lectors | Denise Hoisington |
| Legion of Mary | Richard Wieda |
| Music Ministry | |
| Outreach | Parish Office |
| OCIA (Order of Christian Initiation for Adults) | Fr. Kyle |
| Parish Pastoral Council | Parish Office |
| Respect Life Committee | John Harris |
| Sacristans | Parish Office |
| Senior Activity Club | Don McAvoy |
| Sodality (Prayer Group) | Nancy Kolenda |
| STAC (St. Titus Athletic Club) | Bill Munro |
| St Vincent DePaul | Betty Ann Hilwig |
| Traveling Virgin Statue | Lina McCracken |
| 2 Hearts/2K Hail Marys | |
| Night of Reparation | Bella Kampmeyer |

Visit the Church & Chapel Livestream

Go to the Parish Website and on the Homepage select on the right hand side of the page.



WALKING WITH PURPOSE

Monthly Prayer List for Our Children

April: I pray that they will recognize hate and run away from evil and sin. I pray they will resist temptation through God’s power.

May: I pray that they will love to give and serve, and will be glad, grateful, and generous givers to the world, not just takers

June: I pray that early in life they will learn and love to pray, and that they will develop intimacy with God and become true worshippers of Him.

July: I pray that they will treat people with godly kindness in a meek and gentle spirit, without losing the ability to take a stand for what is right.

August: I pray that they will readily seek forgiveness when they sin and be quick to forgive others.

September: I pray that they will grow spiritually as quickly as they do physically and mentally.

October: I pray that they will understand who God is and love Him with all their hearts throughout their lives.

November: I pray that they will enjoy Bible stories now, and make and keep a commitment to study the Bible every day of their lives.

December: I pray that they will speak about God with boldness and become leaders for the cause of God.

(Lisa Brenninkmeyer, Founder, *Walking With Purpose*)

VISIT US AT:

Parish Website



Parish Facebook



PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we are not holding classes in person, we ask you to go to the Archdioceses website: Archphila.org, under Marriage preparations to take the class on line.

A Prayer for the Deceased

O God, Creator and Redeemer of all Your faithful people, grant to the souls of all our faithful departed Your mercy, light and peace.

Lord, we pray that those we love who have gone before us in faith, may know Your forgiveness for their sins, and the blessings of everlasting life, in company with the Virgin Mary and all the angels and saints in heaven.
Amen.

BEQUESTS

The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.

Vivian Becker, Alice P. Devlin, Mary E. Flanagan, Hon. Robert W. Honeyman, Concetta Marchesani, Mary Ellen Sullivan, Laura E. Wisniewski, Jean Stock, Estelle Noska, Elizabeth Ann Quillinan, Mary Rosciola, Lawrence Marinari, Catherine Frawley, Marian Curran, Charles Loeper, Rev. John Coates, Regina Zaleski, Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, & Elizabeth Foster.

WE REMEMBER

and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.

We ask that you please keep them in your prayers:

Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John “Jack” Keidel, Edward Wykstra, Daniel Bagley & Frank Groarke.

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: “I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal.” OR “I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 (\$X..00) to be used for the general purposes of Saint Helena Parish.”

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