

# SAINT HELENA CHURCH

One Family, One Faith, One Heart

August 18, 2024

20th Sunday of Ordinary Time

*Whoever eats my  
flesh and drinks my  
blood remains in me  
and I in him.*

JOHN 6:56



1489 DeKalb Pike, Blue Bell . PA .19422  
610-275-7711 (Phone) 610-879-3701 (Fax)

[parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)  
[www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)



# OUR PARISH MISSION STATEMENT

## ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

## ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

## ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

### PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus  
Rev. Samuel A. Verruni: Senior Priest  
Rev. Dr. Kyle M. Adamczyk: Parochial Vicar  
Msgr. Joseph J. Nicolo: Pastor Emeritus  
Deacon A. Kenneth Belanger  
Deacon Claude Granese  
Seminarists: Przemek Rozestwinski

### PARISH OFFICE:

Phone: 610-275-7711  
Web Site: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)  
Email: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)  
Monday through Friday: 9:00 AM to 5:00 PM  
Business Manager: Ms. Cathy Neugebauer  
Parish Administrative Assistant: Mrs. Gina Malony  
NEW REGISTRATIONS, call the office to make an appointment.

### EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422  
Phone: 610-279-3345 <> Fax: 610-279-3272  
School Principal: Miss Denise Britt  
School Secretary: Mrs. Megan Tronoski  
School Nurse: Mrs. April Maxwell

### PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870  
Interim Dir. of Religious Education: Mr. Jonathan DeMent

### DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349  
Mr. Christian Thompson

### FACILITIES MANAGER:

Phone: 610-322-5749  
Mr. Vince Thompson

### FACILITIES DIRECTOR:

Phone: 610-275-7711  
Mr. Bob Geiger

### GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

### ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel  
Saturday: 4:00 PM Vigil Mass  
Sunday: 7:30 AM, 9:00 AM, & 11:00 AM  
Holy Days: Vigil: 7:00 PM,  
Holy Day: 9:00 AM, & 12:15 PM

### ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM  
Saturday Vigil Mass: 4:30 PM  
Sunday: 10:00AM  
Holy Day: 10:00 AM

### SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church  
St. Titus - Saturday at 3:30 PM in the Church  
or call St. Helena Parish Office to make an appointment

### ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

### SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM  
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)  
Wednesdays: 11:30 AM (Grotto)  
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)  
followed by recitation of Rosary

### SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.  
*A Pre-Baptism class is required for parents & optional for Godparents, and are usually offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.*

### SACRAMENT OF MARRIAGE:

*At least 6 months prior* to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.  
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to [Archphila.org](http://Archphila.org), under Marriage preparations to take the class on-line.

### SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

**PARTNER PARISH MASS INTENTIONS**

**Sat., August 17**

9:00 AM - St. Helena Chapel  
† Living & Deceased Members of the Saint Theresa Guild  
4:00 PM - St. Helena Church  
† Eleanor Kovach  
Req. by Tony and Marlene Vento  
4:30 PM - St. Titus  
† Gloria Maziarz

**Sun., August 18**

7:30 AM - St. Helena Church  
† For the People of the Parish  
9:00 AM - St. Helena Church  
† Mary Pondo, on her 30th Anniversary  
Req. by the Pondo Family  
10:00 AM - St. Titus  
† Sr. Donna Loeper, SSJ  
11:00 AM - St. Helena Church  
† Phillip Prestia  
Req. by the Davidson Family

**Mon., August 19 - St. John Eudes**

8:00 AM - St. Titus  
† Earl Henion  
9:00 AM - St. Helena Chapel  
† James P. Rooney  
Req. by the Rooney Family

**Tues., August 20 - St. Bernard**

8:00 AM - St. Titus  
† Dolores Kubiak  
9:00 AM - St. Helena Chapel  
† Frances & Edward Kuliczowski  
Req. by Daughter & Family

**Wed., August 21 - St. Pius X**

9:00 AM - St. Helena Chapel  
† Mary Tornetta  
Req. by Rita Kurek

**Thur., August 22 - The Queenship of the BVM**

8:00 AM - St. Titus  
† Living & Deceased Parishioners of St. Tiuts  
9:00 AM - St. Helena Chapel  
† Charles Chell  
Req. by his Loving Family

**PARTNER PARISH MASS INTENTIONS Continued**

**Fri., August 23 - St. Rose of Lima**

8:00 AM - St. Titus  
† Thomas Kubiak  
9:00 AM - St. Helena Chapel  
IHO Theresa & Jim Smith's  
55th Wedding Anniversary

**Sat., August 24 - St. Bartholomew**

9:00 AM - St. Helena Chapel  
† Living & Deceased Members of the Saint Theresa Guild  
4:00 PM - St. Helena Church  
† Louis & Dorothy Jarusik  
Req. by Linda Daniels  
4:30 PM - St. Titus  
† Frank & Kitty DeBenny



**Bread & Wine**

The Bread & Wine this week is offered in memory of **James P. Rooney**  
Requested by the Rooney Family.

**THANK YOU FOR YOUR TITHE!**

**Collection for weekend of August 11, 2024**

**PLATE: \$ 12,742**  
**E GIVING: \$ 10,114**  
**MAIL-IN: \$ 1,405**

A tithe is a portion (10%) of your income given to your church. (The word tithe literally means tenth in Hebrew.) Because the custom of tithing is biblical, many Christians and Jews practice it as part of their faith.

**How to set up for Electronic Giving:**

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to [ParishGiving.org](http://ParishGiving.org) and begin making your weekly offering through Parish Giving. *We ask that you still use your weekly envelopes when attending Mass. Mark them as I've given electronically.*

Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals: Patrick Banicki, Ed Mitchell, Sr., Dave Colman, Juan Barba, Jim Smith, Mike Piskai, Jr., Karen Meenan, Joe Matoney, Jr., Mary Trodden, Linda Weikert, Baby Daly, Carol Berardelli, Finneas Price, Aaron Furman, Nicolette Theisen, Diana Woodward, Baby Serli, Frank Anderson, George Cooper, Sarah Jammer and Babies Eve & Cece, Sr. Fran, Joan, Patty Kurkowski, Rachel Moore, & Lorraine Perri.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of

the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

We removed the list so we could update it. Would you please contact the Parish Office to have your loved one put back on?



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.



The Flowers in the Church & Chapel are in memory of James P. Rooney Requested by the Rooney Family.

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in honor of THE PARISHIONERS OF ST. HELENA

The Sanctuary Candle in the Chapel burns in memory of WAYNE SMITH Requested by the Bushner Family



A Candle burns at the Blessed Virgin Mary In memory of MARIAN ABRUZZESE Requested by Tom Veasy



A Candle burns at St. Joseph in memory of VICTOR TOTO Requested by Karen, Mike & Family



A Candle burns at St. Joseph in memory of MICHAEL VEASY Requested by Tom Veasy

MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a Saint Theresa Guild many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into Saint Theresa Guild come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

- The Sanctuary Candle
The Blessed Mother Altar, up to 4 candles may be lit
The St. Joseph Altar, up to 4 candles may be lit
The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

- The Sanctuary Candle
The Altar, up to 4 candles may be lit on the Altar

## PARISH EVENTS FOR THIS WEEK

### SUNDAY, AUGUST 18

- Masses: 7:30, 9:00, 11:00 AM - Church

### MONDAY, AUGUST 19

- Daily Mass: 9:00 AM - Chapel
- Robotics: 6:00 PM - Cafeteria

### TUESDAY, AUGUST 20

- Daily Mass: 9:00 AM - Chapel
- Adult Basketball: 5:30 PM - Rec. Center
- 3 On 3 Basketball: 7:30 PM - Rec. Center

### WEDNESDAY, AUGUST 21

- Daily Mass: 9:00 AM - Chapel
- RCIA Info. Night: 7:00 PM - Convent

### THURSDAY, AUGUST 22

- Daily Mass: 9:00 AM - Chapel

### FRIDAY, AUGUST 23

- Daily Mass: 9:00 AM - Chapel

### SATURDAY, AUGUST 24

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church
- School Supply Collection: After Mass - Narthex

### SUNDAY, AUGUST 25

- Masses: 7:30, 9:00, 11:00 AM - Church
- School Supply Collection: After All Masses - Narthex

## LITURGICAL MINISTRIES

AUGUST 24 & AUGUST 25

### CELEBRANTS & DEACONS

#### Saturday, August 24

4:00 PM Fr. Sam

#### Sunday, August 25

7:30 AM Msgr. Beach

9:00 AM Fr. Sam (Deacon Claude)

11:00 AM Fr. Kyle (Deacon Ken)

### Lectors

#### Saturday, August 24

4:00 PM R. Henry, T. Yezzi

#### Sunday, August 25

7:30 AM T. Donohue, A. Ilano

9:00 AM B. Nyman, C. Buzad

11:00 AM T. Pantaleo, R. Gomes

### Ministers of Holy Communion

#### Saturday, August 24

4:00 PM J. Coyle, D. Galanti, M. Guckert, J. Schmidt

#### Sunday, August 25

7:30 AM L. Buella, M. Skeels, K. Wurtenberg

9:00 AM J. Kang, N. Kang, J. O'Doherty

11:00 AM C. Interrante, M. Okenquist, N. Tagliamonte, V. Thompson

### Altar Servers

#### Saturday, August 24

4:00 PM N. Laub, K. McGinn, H. Vargas, B. Vargas

#### Sunday, August 25

7:30 AM K. Falcone, C. Falcone, K. Weber

9:00 AM T. Bushner, L. Fegarsky, J. Trainor

11:00 AM K. Lynch, N. Pantaleo, G. Sheldon



## WALKING WITH PURPOSE

### Monthly Prayer List for Our Children

**August:** I pray that they will readily seek forgiveness when they sin and be quick to forgive others.

**September:** I pray that they will grow spiritually as quickly as they do physically and mentally.

**October:** I pray that they will understand who God is and love Him with all their hearts throughout their lives.

**November:** I pray that they will enjoy Bible stories now, and make and keep a commitment to study the Bible every day of their lives.

**December:** I pray that they will speak about God with boldness and become leaders for the cause of God.

(Lisa Brenninkmeyer, Founder, *Walking With Purpose*)



## GOD BLESS NIRVOY DIBRA

Nirvoy is a seminarian for the Diocese of Mymensingh in Bangladesh. He is studying for the priesthood at St. Charles Borromeo Seminary. He assisted our parish for his summer assignment. Nirvoy has returned to the Seminary to continue his studies. Let us hold him in prayer as he continues his discernment.

# ST. HELENA RELIGIOUS EDUCATION

## VOLUNTEER POSITIONS AVAILABLE!

**Do you have a love for God and your Catholic Faith? Do you have a desire to share your faith with others? Do you enjoy working with children?**

If you answered "yes" to these questions, please consider teaching or serving as an aide or office assistant in our *Religious Education Program*! Our Religious Education Program serves children in Levels 1 through 7 by forming them in their relationship with Jesus Christ, cultivating and nurturing their knowledge and practice of the Catholic faith, and preparing them for reception of the Sacraments of Reconciliation, Eucharist, and Confirmation.

**We have openings in our Tuesday evening weekly program for both elementary and middle school class levels.**

Applicants must be practicing Catholics, living in accord with Catholic teachings, and have a love for God and the Catholic Faith. They should be 18 or older and be able to relate to and work with children. While prior experience teaching is always beneficial, it is not required. Responsibilities for the Catechist position include preparing and teaching lessons for a class of roughly 20 children using published and prescribed materials provided by the program, and maintaining periodic email communication with families. For our weekly program, applicants must be available Tuesday evenings from 6:00 – 7:30 PM, September through May. Full materials, training, support, and certification for the Catechist position are provided to every volunteer in order to equip them for this position. Background checks and adherence to the Archdiocesan Safe Environment Program are required.

For more information about these positions or to schedule an interview, please contact Mr. Jonathan DeMent at [jdement@sainthelenachurch.org](mailto:jdement@sainthelenachurch.org).



## PREP 2024-2025 Schedule

Our Parish Religious Education Program (PREP) will resume on **Tuesday, September 10, 2024 at 6:00 PM**. We ask the *parents and children* to meet in the Cafeteria where we will have opening prayer and then give out their class assignments and the teachers will take the children to their classrooms.

All new and returning students are to be pre-registered before September 10. Please visit the parish website to register.

## Bishop Kenrick H.S. 1974 Class Reunion

**Can we believe it's been 50 years???**

Join us as we celebrate Friday, September 20<sup>th</sup>

Chadwick's – The Club at Shannondell  
2750 Egypt Road, Audubon, Pa.

Price - \$74.00 per person

Buffet Dinner and live music by Main Street Band

Cash Bar

You may venmo @Sandy-Grady

Or

Mail a check to:  
BKHS 1974 Reunion  
c/o Sandy Grady  
1302 Cooper Circle  
Audubon, Pa. 19403

Please pay by September 1<sup>st</sup>.

**\*\*PLEASE NOTE THERE WILL BE NO PAYMENTS TAKEN AT THE DOOR.**

A final count must be given at least 10 days prior

**SCHOOL SUPPLY DRIVE**

**TO BENEFIT ST. HELENA-INCARNATION**

Pencils, crayons, glue sticks, sidewalk chalk, children's scissors, composition books, Expo markers, & copy paper

For monetary donations, please make checks out to St. Helena School.



**COLLECTION BINS WILL BE OUTSIDE THE SCHOOL**  
**8/19 TO 8/23, 9A-5P**  
**OR IN THE NARTHEX AFTER MASSES ON**  
**8/24 & 8/25**

**THANK YOU FOR YOUR SUPPORT!**

Saint Helena School's



**September 26, 2024**  
**6:30 - 8:00 P.M.**  
**SHS Gymnasium**  
**1499 DeKalb Pike Blue Bell, PA 19422**

**SEVENTH AND EIGHTH GRADE STUDENTS AND PARENTS, PLEASE COME MEET REPRESENTATIVES FROM VARIOUS ARCHDIOCESAN AND PRIVATE HIGH SCHOOLS.**

**WE HOPE TO SEE YOU AT OUR OPEN HOUSE!**  
 Questions? Please call the school office at 610-279-3345



The Knights of Columbus invite YOU, our Parishioners, Friends, and Community to join us for the *Annual Blue Mass* At Saint Helena Church **Wednesday, September 11 at 6:00 PM**



*Pray, Reflect and Honor* All who lost their lives on 9/11/2001, Local Police, Fire Fighters, EMT and those Who Serve and Have Served Our Country



Are you curious about the Catholic faith?  
 Have you ever thought about becoming a Catholic?  
 Were you baptized Catholic but never received the other Sacraments?


If you answered YES to any of these questions, we WELCOME YOU to join our RCIA program!

# RCIA (Rite of Christian Initiation)

## Info Sessions

If you are interested, or know of someone who would welcome an invitation to join the Church, please use the QR code below to register for an information session or contact Fr. Kyle Adamczyk (610-275-7711) or email the Saint Helena Office (parish@sainthelenachurch.org)


"Go and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you." - Matthew 28:19-20



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**SAVE THE DATE**

# SISTER CATHE Classic



**WEDNESDAY  
 OCTOBER 23  
 12PM  
 BLUE BELL COUNTRY CLUB**

**SHS TOUR**

*All proceeds benefit the Mercy Fund- "The SHS Mercy Fund is used to support our school families who are experiencing extraordinary hardship or difficult life events, at the discretion of the school principal."*

### RESPECT LIFE CORNER



Secretariat of Pro-Life Activities

#### Excerpt From USCCB's "Faithful Citizenship"

"The Church's teaching is clear that a good end does not justify an immoral means. As we all seek to advance the common good—by defending the inviolable sanctity of human life from the moment of conception until natural death, by promoting religious freedom, by defending marriage, by feeding the hungry and housing the homeless, by welcoming the immigrant and protecting the environment—it is important to recognize that not all possible courses of action are morally acceptable. We have a responsibility to discern carefully which public policies are morally sound. Catholics may choose different ways to respond to compelling social problems, but we cannot differ on our moral obligation to help build a more just and peaceful world through morally acceptable means, so that the weak and vulnerable are protected and human rights and dignity are defended.

#### Doing Good and Avoiding Evil

Aided by the virtue of prudence in the exercise of well-formed consciences, Catholics are called to make practical judgments regarding good and evil choices in the political arena. There are some things we must never do, as individuals or as a society, because they are always incompatible with love of God and neighbor. Such actions are so deeply flawed that they are always opposed to the authentic good of persons. These are called 'intrinsically evil' actions. They must always be rejected and opposed and must never be supported or condoned. A prime example is the intentional taking of innocent human life, as in abortion and euthanasia. In our nation, "abortion and euthanasia have become preeminent threats to human dignity because they directly attack life itself, the most fundamental human good and the condition for all others" (*Living the Gospel of Life*, no. 5). **It is a mistake with grave moral consequences to treat the destruction of innocent human life merely as a matter of individual choice.** A legal system that violates the basic right to life on the grounds of choice is fundamentally flawed. Similarly, human cloning, destructive research on human embryos, and other acts that directly violate the sanctity and dignity of human life are also intrinsically evil. These must always be opposed. Other direct assaults on innocent human life, such as genocide, torture, and the targeting of noncombatants in acts of terror or war, can never be justified. Nor can violations of human dignity, such as acts of racism, treating workers as mere means to an end, deliberately subjecting workers to subhuman living conditions, treating the poor as disposable, or redefining marriage to deny its essential meaning, ever be justified."





# I N D E F E N S E O F T R U T H :

UNDERSTANDING CORE  
CATHOLIC TEACHING

THE HUMAN PERSON + GRACE & NATURE    WORLD & SACRAMENT    THE FOUR LAST THINGS

DATE: FRIDAY, SEPTEMBER 20TH-22ND  
LOCATION: ST. JOSEPH'S HALL, MALVERN RETREAT HOUSE  
TIME: FRIDAY 6PM – SUNDAY 1:30PM

SCAN MORE INFORMATION:



~~\$210~~  
**\$175**

WITH  
FR. AMBROSE CRISTE O. PRAEM.



QUESTIONS? CONTACT PETER LAND AT PLAND@MALVERNRETREAT.COM OR 484-321-2538  
315 S WARREN AVE MALVERN, PA 19355

**SAINT HELENA YOUTH GROUP**  
*Presents a...*

# ROSARY WALK



**"MY SOUL PROCLAIMS THE GREATNESS OF THE LORD  
MY SPIRIT REJOICES IN GOD MY SAVIOR"  
LUKE 1:46-47**

**SUNDAY 18TH AUGUST**  
**7PM - PARISH CONVENT**  
**LET'S MEET FOR A ROSARY WALK AROUND CAMPUS**  
**OPEN TO ALL 8TH-12TH GRADERS AND FRIENDS!**

**CONTACT: CHRISTIAN**  
**CTHOMPSON@SAINTHELENACHURCH.ORG**

# Pope Saint Pius X August 21



**SAINT PIUS X WANTED EVERYONE TO BE ABLE TO RECEIVE JESUS IN HOLY COMMUNION. HE ALLOWED YOUNGER CHILDREN TO RECEIVE THEIR FIRST HOLY COMMUNION, WHEN BEFORE THEY HAD TO BE AT LEAST 12. WE CAN LEARN FROM HIM TO RECEIVE HOLY COMMUNION OFTEN AND WITH GREAT LOVE.**

*thekidsbulletin@gmail.com*

# St. Paul Teaches Us...

Ephesians 5:15-20

**UNDERSTAND  
GWATCHHHIH  
WILLVEAYIE  
TSONGSMGA  
HDRAFIKNNR  
GODNOSSOT  
IMBROTHERS  
VFILLEDKAL  
ISSPIRITNI  
NALWSAYCV  
GFATHERSEE**

Try to find all the words in CAPITALS from today's reading. Use the leftover letters to fill in the blanks at the end to find an important part of being a Christian.

**BROTHERS and SISTERS: WATCH carefully how you LIVE, not as FOOLISH persons, but with WISDOM, making the most of**

the opportunity, because the days are evil. Therefore, do not continue in IGNORANCE, but try to UNDERSTAND the WILL of the LORD. And do not get drunk on wine, in which lies debauchery, but be FILLED with the SPIRIT, addressing one another in psalms and HYMNS and spiritual SONGS, singing and playing to the Lord in your HEARTS, GIVING THANKS always and for everything in the name of our Lord Jesus Christ to GOD the FATHER.

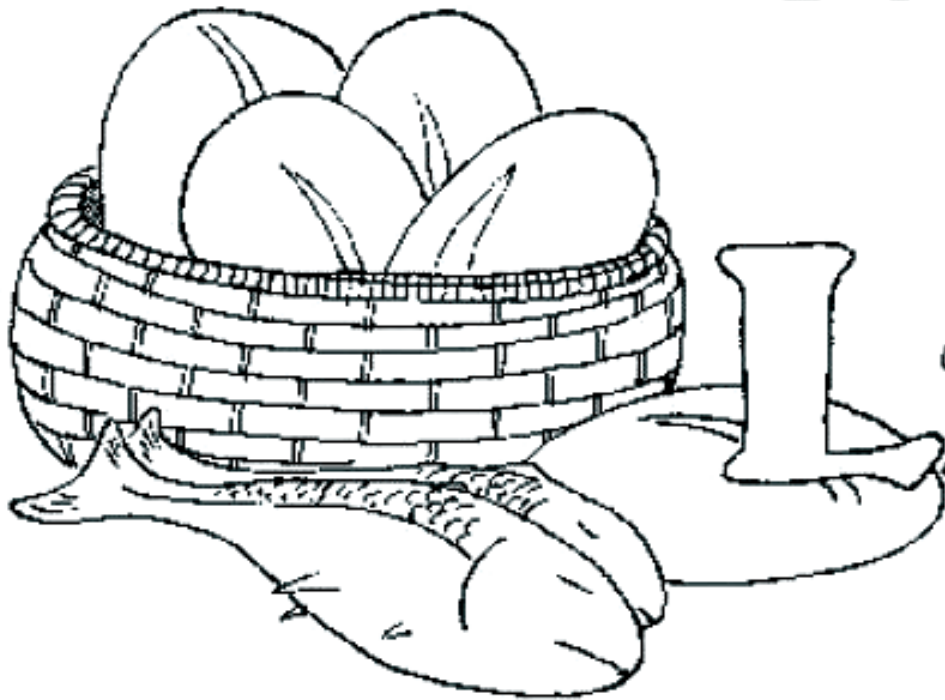
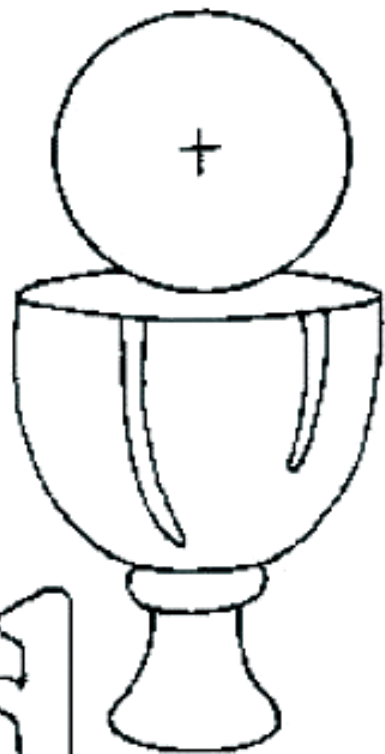
I am

the

Bread

of

Life



**WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?**

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 (\$X..00) to be used for the general purposes of Saint Helena Parish."

**BEQUESTS**

**The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.**

*Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, Elizabeth Foster, Marie Sommers, & Martin J. Payton, Jr.*

**WEDNESDAY ROSARY GROUP**

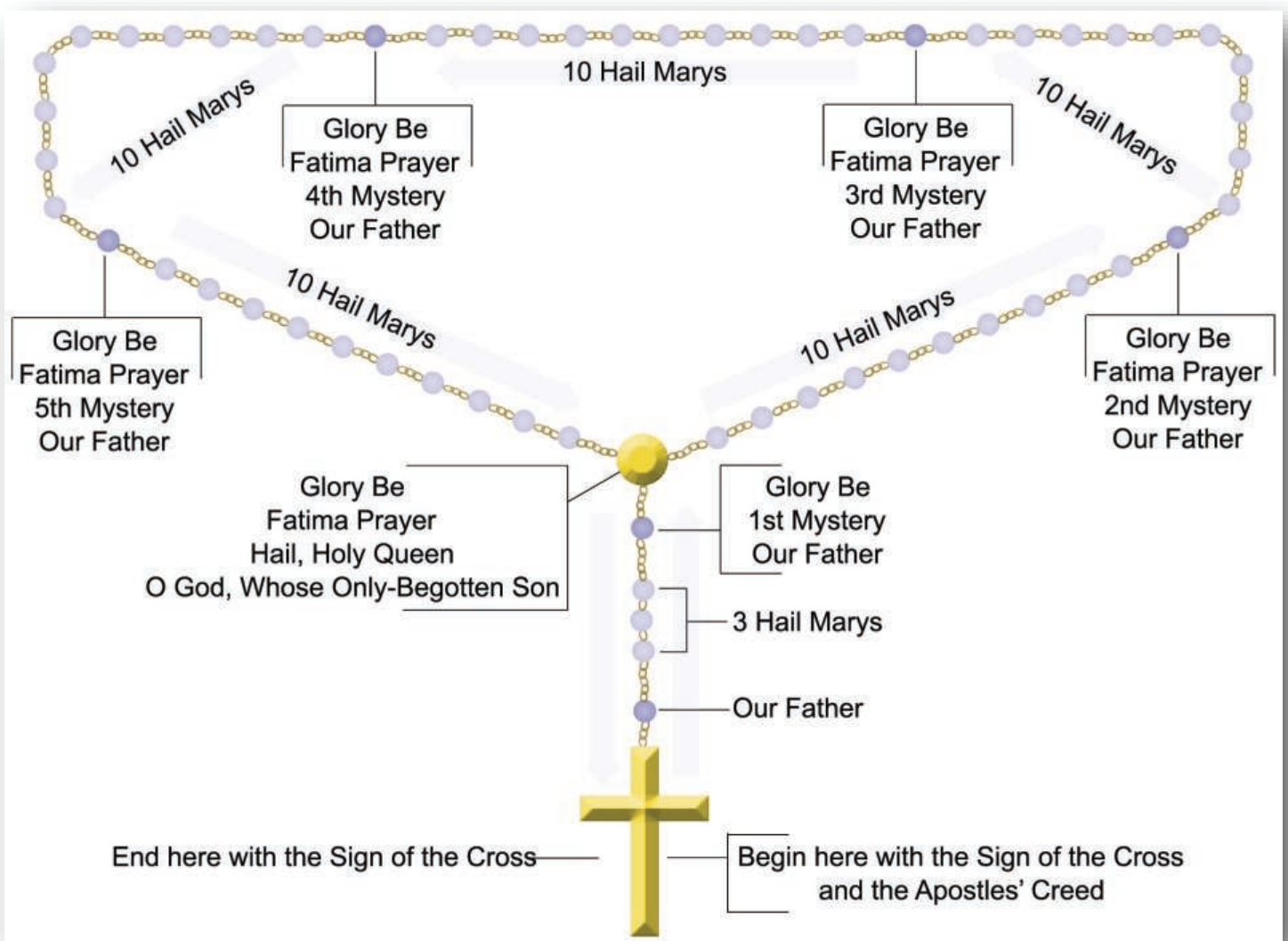
Please join us: The Wednesday Rosary at 11:30 is moving outside for the warm weather to Our Lady of Lourdes Grotto (if it rains, meet in the Chapel). The Grotto is located down behind the Church. Follow the red stone path by the chapel or drive to Empress Room parking lot and follow the level asphalt path. Bring friends, family and children!

**WE REMEMBER**

**and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.**

**We ask that you please keep them in your prayers:**

*Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel, Edward Wykstra, Daniel Bagley & Frank Groarke.*



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