

SAINT HELENA CHURCH



**Rejoice and be glad,
for your reward is great in heaven.**

FEBRUARY 16, 2025
6th Sunday of Ordinary Time

1489 DeKalb Pike, Blue Bell . PA .19422
610-275-7711 (Phone)



OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
 Rev. Samuel A. Verruni: Senior Priest
 Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
 Msgr. Joseph J. Nicolo: Pastor Emeritus
 Deacon Przemek Rozestwinski
 Deacon Claude Granese
 A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt

School Secretary: Mrs. Megan Tronoski

School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870

Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349

Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749

Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711

Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel

Saturday: 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Holy Days: Vigil: 7:00 PM,

Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM

Saturday Vigil Mass: 4:30 PM

Sunday: 10:00 AM

Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church

St. Titus - Saturday at 3:30 PM in the Church

or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM

Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11:30 AM (Grotto)

Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A *Pre-Baptism class* is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

PARTNER PARISH MASS INTENTIONS

Sat., February 15

9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Marie Hilferty
Req. by the Hilferty Family
4:30 PM - St. Titus
† Joan E. Buffington
Req. by Pat Klampfer & Rosie Dillon

Sun., February 16

7:30 AM - St. Helena Church
† For the People of the Parish
9:00 AM - St. Helena Church
† Gregory Loeper
Req. by Nancy Barile
10:00 AM - St. Titus
† Walter Paquette
Req. by Jean Paquette
11:00 AM - St. Helena Church
† Gregory Loeper
Req. by the Wisniewski Family

Mon., February 17

8:00 AM - St. Titus
† Louis Rusnock
Req. by the Piergrossi Family
9:00 AM - St. Helena Chapel
† Raymond D’Orazio
Req. by his Family

Tues., February 18

8:00 AM - St. Titus
† Anna Venezia
Req. by Helen Gardocki
9:00 AM - St. Helena Church
† Mary Ryan
Req. by the Foley Family

Wed., February 19

9:00 AM - St. Helena Chapel
† Joseph Gravinese
Req. by the Gravinese Family

Thur., February 20

8:00 AM - St. Titus
† Living & Deceased Members of St. Titus Parish

PARTNER PARISH MASS INTENTIONS Continued

Thur., February 20

9:00 AM - St. Helena Chapel
† Amelia Wallace
Req. by the Rooney Family

Fri., February 21 - St. Peter Damian

8:00 AM - St. Titus
† Bob Duncan
Req. by Helen Duncan
9:00 AM - St. Helena Chapel
† Brenda Dowdle
Req. by Deirdre Collins

Sat., February 22

9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Margaret (Sibby) Phiambolis
Req. by Jeff & Joan McQuade
4:30 PM - St. Titus
† Czapla Family
Req. by the Family

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in memory of **JOSEPH GRAVINESE**
Requested by his wife, Diane

The Sanctuary Candle in the Chapel burns in memory of **MARY & JOHN FLAHERTY**
Requested by their Daughter



A Candle burns at St. Joseph in memory of **RON MILES - BIRTHDAY**
Requested by his wife, Dotty



Bread & Wine

The Bread & Wine this week is offered in memory of **Joseph Armeli**
Requested by his wife, Phyllis.

Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Ed Mitchell, Sr., Dave Colman,
 Juan Barba, Lorraine Perri, Mike Piskai, Jr.,
 Linda Weikert, Carol Berardelli, George Cooper, Sr.,
 Fran, Joan, Patty Kurkowski, William Lawrence,
 Joan DiDonato, Casey Interrante, Alec Jensen,
 Kristen Gilia, Bruce Shepherd, Jong Soo Sohn,
 Carletta Sohn, Betty DeBlasio, Al Slusarz, Joseph Leary,
 Msgr. Beach, Mary Ann Keyes, Sue Eason,
 Charlotte Yacovelli, Mark Hines, Kevin Hogan,
 Kaye Grasso.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.

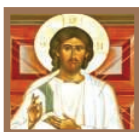


PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

ANTHONY PILEGGI

WILLIAM GOERIG

JOAN FINK

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

PARISH EVENTS FOR THIS WEEK

SUNDAY, FEBRUARY 16

- Masses: 7:30, 9:00, 11:00 AM - Church
- Girl Scout Cookie Sale: After 9:00 AM & 11:00 AM Masses: Narthex
- Youth Group: 6:00 PM - Convent

MONDAY, FEBRUARY 17

- Daily Mass: 9:00 AM - Chapel
- NO SCHOOL
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria

TUESDAY, FEBRUARY 18

- Daily Mass: 9:00 AM - Chapel
- Adult Basketball: 5:30 PM - Rec. Center
- PREP : 6:00 PM - Education Center
- Walking with Purpose: 7:00 PM - Convent
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, FEBRUARY 19

- Daily Mass: 9:00 AM- Chapel
- Wolf Den: 6:30 PM - Cafeteria
- Adult Faith Formation: 7:00 PM - Constantine Room
- CSC Meeting: 7:30 PM - Convent (St. Joseph)

THURSDAY, FEBRUARY 20

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- Robotics: 6:00 PM - Cafeteria
- RCIA: 7:00 PM - Our Lady of Mercy

FRIDAY, FEBRUARY 21

- Daily Mass: 9:00 AM - Chapel

SATURDAY, FEBRUARY 22

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church

SUNDAY, FEBRUARY 23

- Masses: 7:30, 9:00, 11:00 AM - Church
- Spiritual Adopt A Baby Program Sign Ups: After All Masses



LITURGICAL MINISTRIES

FEBRUARY 22 & 23

CELEBRANTS & DEACONS

Saturday, February 22

4:00 PM Fr. Joe (Deacon Claude)

Sunday, February 23

7:30 AM Fr. Joe (Deacon Przemek)

9:00 AM Fr. Kyle

11:00 AM Fr. Kyle

THANK YOU FOR YOUR TITHE!

for weekend of February 9, 2025

PLATE: \$ 11,101

E GIVING: \$ 9,231

MAIL-IN: \$ 14,375

Snowflakes are one of nature's most fragile things,
but just look what they can do when
they stick together.

St.
Helena
Parish

You

Online
Giving



To get started, log on to:
www.sainthelena-centersquare.net
and click on the Parish Giving Logo,
then follow the easy registration steps.

Parish Giving offers secure flexible Online Giving for our parishioners who would like to make their donations online using a credit card or bank transfer. You never have to bring cash or checks to church. Online Giving helps the church save money and plan the budget.

Saint Helena Bible Study - Spring Series

Unlocking the Mystery of the Bible

Do you want to read the bible more but don't know where to start?

Come understand how you fit into God's plan!

Join us for an exciting 8 week bible study where we will discover the story of salvation history and get the "big picture" of the Bible and learn the complete story from Adam and Eve to Christ and the Church.

To learn more about when and where, simply scan the QR code or contact Christian at cthompson@sainthelenachurch.org 610-275-7711



"Unlocking the Mystery of the Bible"



ALL TEENS IN 8TH - 12TH GRADES ARE INVITED TO JOIN US FOR OUR NEXT...



TEEN NIGHT

SUNDAY, FEBRUARY 23 / 7 TO 8:15 PM

HELP US MAKE CRAFTS FOR OUR HOMEBOUND PARISHONERS!

FAITH FELLOWSHIP FOOD FRIENDS

SAINT HELENA CONVENT 1301 YOST ROAD



SCAN THE QR CODE TO JOIN OUR EMAIL LIST AND TO STAY UP-TO-DATE ON OUR UPCOMING EVENTS!

CONTACT: CHRISTIAN THOMPSON
CTHOMPSON@SAINTHELENACHURCH.ORG

Made with PosterMyWall.com

RESPECT LIFE CORNER



"Life starts at conception, not your perception."

(Lila Rose)

PRAYER CHANGES THINGS - that is why we are launching the **Spiritual Adoption Program** again. It will begin on February 23.

The program involves praying each day from February to October for an unborn baby and the parents to choose life for their baby. Be sure to give your baby, boy or girl, a name, because a name gives the child personhood. Watch the Parish Bulletin each month for how your Spiritually Adopted Baby is growing. Say your own loving prayer or use this one:

"Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of [baby's name] the unborn baby that I have spiritually adopted who is in danger of abortion."

- Prayer of Archbishop Fulton J. Sheen

Ken's Cache Retires

Dear Beloved Parishioners of St. Helena,

As I step down from my daily diaconal ministry, I want to express my deepest gratitude for the privilege of serving alongside each of you over the past 36 years (8 years at St. Genevieve Parish in Flourtown and 28 years here at St. Helena Parish) and more recently St. Titus Parish. I recall reading in the St. Helena Sunday bulletin on November 3rd, 1996 this exciting exclamation; "HABEMUS DIACONUM!! (We have a deacon!!). This entry in the Sunday bulletin was as a result of my transfer from St. Genevieve to St. Helena Parish. Jo-Ann and I have felt welcomed from the very first time we stepped into this parish. As a member of this clerical community, I have been honored to serve with several pastors notably, Fr. Vadino, Msgr. Nicolo and most recently Fr. Bongard. In addition I have been privileged to assist many priests and work with several deacons over the years. These men have provided me the example that stewards of the body of Christ are called to exhibit.

I am deeply touched by the love and support you have shown me throughout my ministry. Your presence in the pews, your kind words, and your willingness to serve alongside me have been a constant source of strength and inspiration. I am especially grateful for the opportunities to celebrate milestones with you - weddings, baptisms, and even times of grief - moments where we shared the profound grace of God together. And most importantly, assisting at Sunday Mass. I want to acknowledge the support and assistance my wife Jo-Ann has afforded me and her ministry to our parishioners as well. Many of you have told me of her faithful service on your behalf. Thank you Jo-Ann.

While I am excited to embark on this new chapter of retirement, it is my desire to be available at the request of Father Bongard and the priests to assist whatever the need may be.

I will always cherish the memories we have built as a parish family. Please know that you will remain in my prayers, and I encourage you to continue growing in your faith, serving one another, and sharing the love of Christ with the world.

With heartfelt appreciation I remain,

Deacon A. Kenneth Belanger





ARCHDIOCESE OF PHILADELPHIA



ARE YOU BEING CALLED TO BE A DEACON?

Minister of the Word • Minister at the Altar • Minister of Charity



We invite Catholic men *(and their wives if married)* with a deep spiritual life who are between the ages of 29 and 55, and would like to discern a call to serve Jesus Christ and His Church within the Archdiocese of Philadelphia as permanent deacons.



Want to learn more visit...

<https://archphila.org/deacon>

Deacon Michael Pascarella, Jr.
Associate to the Vicar for Clergy
Direct: 215-587-3883 • Main: 215-587-4532
mpascarella@archphila.org
Archdiocese of Philadelphia • Office for Clergy
Office for Permanent Deacons

Scan the Code to



learn more!



St. Paul on the Power of the Cross...

Beginning Tuesday March 4, Deacon Claude will lead a Lenten Bible study and discussion on St. Paul on the Power of the Cross. Our hope is this will help us grow closer to our crucified Lord. We will gather over six consecutive Tuesdays, from 2:00 PM to around 3:30 PM in St. Titus Church, on Keenwood Road. We will conclude with reflection, prayer, and Benediction. Please join us as we prayerfully deepen our understanding of the power of the Cross with Jesus and St. Paul.

We require a count estimate for materials, so please call the Parish office at St. Titus (610-279-4990) or St. Helena (610-275-7711), or email Deacon Claude at cgranese@sttitus.org, if you plan to participate.

To All Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are appointed for a three-year term and for the place where they are commissioned. Terms may be renewed if agreeable to both the pastor/chaplain and the Extraordinary Minister of Holy Communion. If you are an Extraordinary Minister of Holy Communion in need of a Letter or its time to renew your term. Please join us as Father G. Dennis Gill, Director of the Office for Divine Worship, presents an Archdiocesan Workshop for Extraordinary Ministers of Holy Communion:

Tuesday, March 11, 2025

7:00 PM to 9:00 PM in Main Church
Saint Helena Church, (Montgomery County)

PLEASE REGISTER AT:

worship@archphila.org

When emailing your registration, please include your name, home parish name/institution, and date of the workshop you would like to attend

A Jubilee Year of Hope 2025



Based on Scripture, a jubilee year is a time when we are encouraged to re-establish and deepen our relationship with God by drawing closer to Him in prayer and reconciliation.

Over the centuries, the Church has set aside certain years for us to focus on a particular theme or virtue to strengthen our relationship with God.

It is the hope of Pope Francis and the entire Church that over the next year, we may all grow deeper in our faith by taking advantage of opportunities for reconciliation, indulgences, and other events intended to strengthen and revive

How can we celebrate this Jubilee Year of Hope?

Some ideas and examples are...

- Making a pilgrimage to a holy place or shrine
- Receive the Sacrament of Reconciliation
- Spending more time in prayer with God
- Asking for the theological virtue of hope

Scan the QR code to learn more about the Jubilee Year of Hope



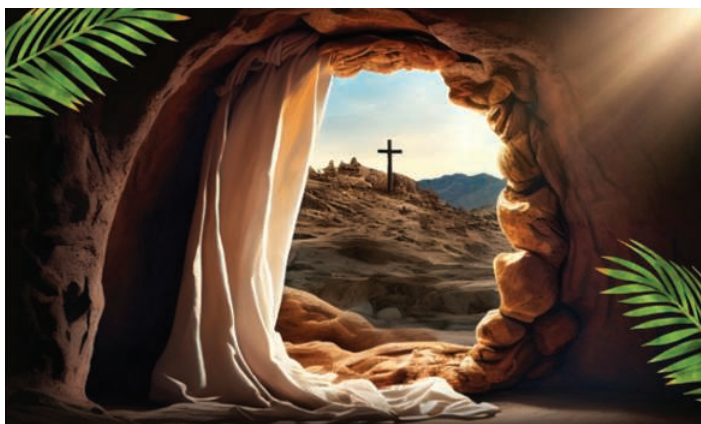
RESPECT LIFE CORNER

Why Spiritual Adoption?

Since the overturn of Roe v. Wade by the United States Supreme Court, abortion is still legal in Pennsylvania. Millions of babies have not been allowed to take their first breath. Many states and federal legislators, including our own, want this evil act to continue even up to the mother's due date. They also want taxpayers to pay for them.

What can you and I do? We can pray! PRAY! PRAY!

In joining the Spiritual Adoption Prayer Program, you and your family can make a personal commitment to pray for an unborn child and their mother each day. You will be praying that this mother will choose life for her baby. You will also be praying for God, our loving father, to guide this mom and dad to love and nurture their child, their gift from God. You will also be praying that the entire church community will continue to provide care and services to assist children and their parents.



Looking to rekindle your faith this year?
Has it been a while since you've felt God working in your life?

Who do YOU say Jesus is?

We invite you to join us for our series...

"METANOIA"

A JOURNEY WITH CHRIST TO CONVERSION

JOIN US FOR FIVE WEDNESDAY EVENINGS
MARCH 12, 19, 26 AND APRIL 2 & 9



SCAN THE QR CODE TO LEARN MORE

CONTACT: CHRISTIAN
CTHOMPSON@SAINTHELENACHURCH.ORG

SCHOLARSHIP OPPORTUNITY

St. Mary Polish American Society is accepting applications for the third Annual Felicia Jemionek Rzeznik Memorial Scholarship, a \$1,500 scholarship to a qualified student of Polish ancestry residing within the Archdiocese of Philadelphia pursuing full-time undergraduate studies at an accredited college or university in the United States. Full information about the scholarship is included in the QR code. For any questions, please call Dorothy Swedkowski at 610-630-0861.



Respect
Life

RESPECT LIFE CORNER

A wonderful practice throughout the year is praying for our precious children. These prayers were written by Lisa Brenninkmeyer, Founder of Walking With Purpose, for parents. But, even if you are not a parent, why not say these prayers for all children?

Monthly Prayer List For Our Children

February: I pray that they will understand they have been created by God, and that they will be content and confident in the way they were made – spiritually, emotionally, and physically.

March: I pray that they will be protected from people and activities that could influence them negatively, and that they will maintain a passion for living the way God desires.

April: I pray that they will recognize hate and run away from evil and sin. I pray they will resist temptation through God's power.

May: I pray that they will love to give and serve, and will be glad, grateful, and generous givers to the world, not just takers.

Messiah 2.0

An arrangement for contemporary ensemble
based on G. F. Handel's original score by
MARK EDWARDS

SING WITH US!

Sing the ORIGINAL "Messiah" with the MODERN
sounds of guitars, bass, drums and keyboards arranged especially to
preserve, highlight and complement the original score.

CONCERT DATES & LOCATIONS

Saturday evening, April 12, 2025 7:00PM
Parkside UCC, 505 South Main St. Phoenixville, PA
Palm Sunday, April 13, 2025 3:00 P.M.
SAINT TITUS CATHOLIC CHURCH
3006 Keenwood Road, Norristown PA 19403

FIRST REHEARSAL is January 26 2024 2 to 4 PM @ St. Helena

Open to all high school through adult singers, church groups, community singers, etc.
Please send email or call with contact information.

Cheryl Platco - event organizer/producer

chmo32759@aol.com 610-505-3038

Or visit website: www.messiah2-0.com and send CONTACT info.

VACATION BIBLE SCHOOL 2025 SAVE THE DATES!



Mark your calendars for a fun and faith-filled week this summer!

Monday, August 4 - Friday, August 8, 2025

Our theme: Radical Ride - On the Wings of Prayer

This week will help children understand the purpose of prayer and how to put prayer into action through the ups and downs of daily life.

Registration is coming in March 2025!

Want to stay updated on VBS 2025? Contact: Christian Thompson
cthompson@sainthelenchurch.org OR 610-930-0349



PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. To register go to the Archdioceses website: Archphila.org, under Marriage preparations to take the class on line.

BBVC 2025!

Brothers of Borromeo Vocation Camp

**Saturday, March 22, 2025
9am-4:30pm**

Registration Due: February 28

Registration: \$25 (includes lunch and a t-shirt)

Who: Middle School Men (grades 6, 7, 8)

Where: St. Charles Borromeo Seminary
(1400 Evans Road Ambler, PA)

Scan the QR code to register!



Questions? Contact Grace Murphy,
Program Coordinator, at
gmurphy@archphila.org

HeedTheCall.org/BBVC

RACHEL'S VINEYARD



you can find HEALING

If you or someone you love has been suffering from the emotional and spiritual pains of an abortion, a Rachel's Vineyard retreat weekend can help – no matter how much time has passed. Rachel's Vineyard retreats bring healing and God's forgiveness to the trauma and darkness of abortion for those who are suffering from shame, guilt, or anger. Join us from April 4 through 6, for a safe, loving, and confidential weekend, and experience the healing power of God's infinite mercy.

Come to our Healing Weekend Retreat

April 4-6, 2025

in Doylestown, PA, at the National Shrine of Our Lady of Czestochowa
To register, or for more information, please call Evelyn at (215) 317-5752.



Learn more by going to Rachel'sVineyard.org or by scanning the QR code:



All calls and emails are strictly confidential



Rachel's Vineyard is a 501(c)3 organization. To financially assist in making this retreat available for future participants, especially for those in need of scholarships, please email evelynwalsh59@gmail.com for more information. May God bless you for your generosity.

Rachel's Vineyard

Cultural and Historical Treasures of England, Scotland, and Wales



Cotswolds Village

Stonehenge

Cardiff Castle

You are invited to join Monsignor Nicolo on a Cultural and Historical Treasure of England, Scotland, and Wales Trip from August 3, 2025 to August 15, 2025. The price of the trip is \$5,780 double occupancy and single supplement is \$1,350.

For more information call Theresa Smith at 215-646-7636 or email theresacsmith@verizon.net.

Please join us for the
Ladies of Helena Fun Nite!

BOWLING NIGHT

We hope you can SPARE some time for a great local cause!



FRIDAY, March 21
5:30pm – 7:30pm

Our Town Alley Bowling
2912 Swede Road – East Norriton

\$25.00 per person
Ticket Price Includes:
2 hrs of Bowling + Shoe Rental
+ 1 Door Prize Ticket

For every bowler registered, the Ladies of Helena will make a donation to
Cecil & Grace Bean's Soup Kitchen
(Located at 520 Church Street, Norristown, PA) www.beansoupkitchen.com

If you would like to help our neighbors, consider bringing a pair of socks to donate to the soup kitchen!

Food & Drinks (including a Full Bar) available for purchase inside the bowling alley
– No outside drinks or food are allowed on the premises –

We have reserved 12 lanes with 6 people per lane
Space is limited and prepayment is required!

All reservations must be made through Marie Guilardi before March 16th
Email: Marie523@comcast.net • Phone: 267-240-3876

*Once you reserve your spot with Marie Guilardi you can work with her about payment dropoff options.
Please make checks payable to "Saint Helena Church"
Either place your check in an envelope labeled "LOH Bowling Night" & deliver to
Saint Helena Parish Office (open M - F 9am to 5pm) or Marie will advise you of alternate dropoff options.

Sign-up today for a fun night of bowling!
Remember it's first-come, first-serve basis until our open slots are filled & payments are received.

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at bushners@comcast.net for more information

THE SHEPHERD IS LOOKING FOR LOST SHEEP

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

4th Annual Marriage Enrichment Day

Speakers:
Dr. Laura Sicola & husband, Larry DeMarco



SATURDAY
MARCH 29, 2025
9 AM - 4 PM

For Engaged and Married Couples of all ages to Renew, Strengthen & Enhance your Marriage.

*\$85 per couple / \$45 per person
Register with QR Code or Link
bit.ly/MarriagesofGrace2025*

-or- PhillyCatholicLife.org

Enjoy a day with Dynamic Speakers, Breakfast, Lunch & 4 PM Vigil Mass

St. Helena's Church
Empress Room
1489 Dekalb Pike
Blue Bell, PA 19422



Archdiocese of Philadelphia
Office for Life & Family



MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

- The Sanctuary Candle
- The Blessed Mother Altar, up to 4 candles may be lit
- The St. Joseph Altar, up to 4 candles may be lit
- The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

- The Sanctuary Candle
- The Altar, up to 4 candles may be lit on the Altar

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

All Memorials can be purchased in the Parish Office during business hours.

SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

BEQUESTS

The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.

Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, Elizabeth Foster, Marie Sommers, Martin J. Payton, Jr., Wanda James, & Angela M. Holbrook

WE REMEMBER

and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.

We ask that you please keep them in your prayers:

Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel, Edward Wykstra, Daniel Bagley, Frank Groarke, & Connie Swan.

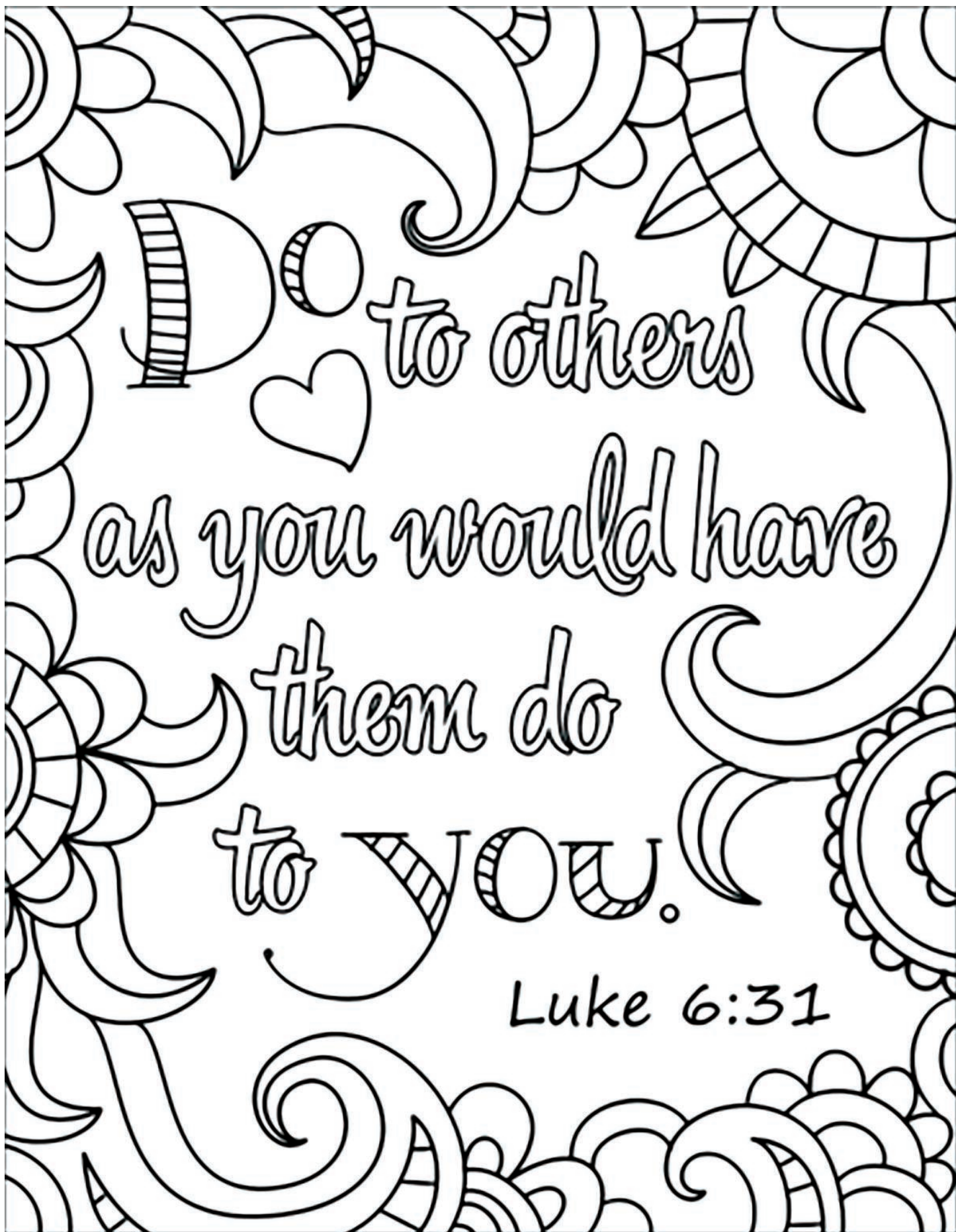
CHILDREN'S TITHE



The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week.

During the Mass they are asked to come forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.



Do to others
as you would have
them do
to you.

Luke 6:31

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