

# SAINT HELENA CHURCH

## *Called to Follow*

FEBRUARY 9, 2025  
5th Sunday of Ordinary Time

1489 DeKalb Pike, Blue Bell .PA .19422  
610-275-7711 (Phone)

© JPPC



# OUR PARISH MISSION STATEMENT

## ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

## ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

## ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

### PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus  
Rev. Samuel A. Verruni: Senior Priest  
Rev. Dr. Kyle M. Adamczyk: Parochial Vicar  
Msgr. Joseph J. Nicolo: Pastor Emeritus  
Deacon Przemek Rozestwinski  
Deacon Claude Granese  
A. Kenneth Belanger: Retired Deacon

### PARISH OFFICE:

Phone: 610-275-7711  
Web Site: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)  
Email: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)  
Monday through Friday: 9:00 AM to 5:00 PM  
Business Manager: Ms. Cathy Neugebauer  
Parish Administrative Assistant: Mrs. Gina Malony  
NEW REGISTRATIONS, call the office to make an appointment.

### EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422  
Phone: 610-279-3345 <> Fax: 610-279-3272  
School Principal: Miss Denise Britt  
School Secretary: Mrs. Megan Tronoski  
School Nurse: Mrs. April Maxwell

### PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870  
Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

### DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349  
Mr. Christian Thompson

### FACILITIES MANAGER:

Phone: 610-322-5749  
Mr. Vince Thompson

### FACILITIES DIRECTOR:

Phone: 610-275-7711  
Mr. Jay Maiale

### GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

### ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel  
Saturday: 4:00 PM Vigil Mass  
Sunday: 7:30 AM, 9:00 AM, & 11:00 AM  
Holy Days: Vigil: 7:00 PM,  
Holy Day: 9:00 AM, & 12:15 PM

### ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM  
Saturday Vigil Mass: 4:30 PM  
Sunday: 10:00AM  
Holy Day: 10:00 AM

### SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church  
St. Titus - Saturday at 3:30 PM in the Church  
or call St. Helena Parish Office to make an appointment

### ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

### SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM  
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)  
Wednesdays: 11:30 AM (Grotto)  
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)  
followed by recitation of Rosary

### SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.  
*A Pre-Baptism class is required for parents & optional for Godparents, and are usually offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.*

### SACRAMENT OF MARRIAGE:

*At least 6 months prior* to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.  
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to [Archphila.org](http://Archphila.org), under Marriage preparations to take the class on-line.

### SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

### PARTNER PARISH MASS INTENTIONS

Sat., February 8 - St. Jerome & St. Josephine Bakhita

- 9:00 AM - St. Helena Chapel
- † Living & Deceased Members of the Saint Theresa Guild
- 4:00 PM - St. Helena Church
- † Elizabeth Getzfreed
- Req. by her Family
- 4:30 PM - St. Titus
- † Anna J. Cianciulli
- Req. by her Family

Sun., February 9

- 7:30 AM - St. Helena Church
- † For the People of the Parish
- 9:00 AM - St. Helena Church
- † Helen Schmidt - 10th Anniversary
- Req. by the Schmidt Family
- 10:00 AM - St. Titus
- † Rose Montalbano
- Req. by John & Melissa Barrett
- 11:00 AM - St. Helena Church
- † Greg Loeper
- Req. by John & Nancy Nadler Family

Mon., February 10 - St. Scholastica

- 8:00 AM - St. Titus
- † David DeColli
- Req. by the DeColli Family
- 9:00 AM - St. Helena Chapel
- † James J. Smith
- Req. by Ray & Pat Van Haute

Tues., February 11 - Our Lady of Lourdes

- 8:00 AM - St. Titus
- † Living & Deceased Parishioners of St. Titus
- 9:00 AM - St. Helena Church
- † Ed Kurek
- Req. by Rita Kurek

Wed., February 12

- 9:00 AM - St. Helena Chapel
- † Vincent Chiarolanza
- Req. by his wife, Miriam

Thur., February 13

- 8:00 AM - St. Titus
- † Michelle & Tracy Barrett
- Req. by John & Melissa Barrett

### PARTNER PARISH MASS INTENTIONS Continued

Thur., February 13

- 9:00 AM - St. Helena Chapel
- † Patrick Hilferty
- Req. by the Hilferty Family

Fri., February 14 - St. Cyril

- 8:00 AM - St. Titus
- † Frank & Catherine DeBenny
- Req. by John & Melissa Barrett
- 9:00 AM - St. Helena Chapel
- † Bob Baxter
- Req. by Madeline Baxter

Sat., February 15

- 9:00 AM - St. Helena Chapel
- † Living & Deceased Members of the Saint Theresa Guild
- 4:00 PM - St. Helena Church
- † Marie Hilferty
- Req. by the Hilferty Family
- 4:30 PM - St. Titus
- † Joan E. Buffington
- Req. by Pat Klampfer & Rosie Dillon

### MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in honor of **ALL NEWLY BAPTIZED IN JANUARY**  
Requested by St. Helena Parish

The Sanctuary Candle in the Chapel burns for the healing of **JUSTIN DIFILIPPO**  
Requested by Family & Friends

A Jubilee Year of Hope 2025



Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Ed Mitchell, Sr., Dave Colman, Juan Barba, Lorraine Perri, Mike Piskai, Jr., Linda Weikert, Carol Berardelli, George Cooper, Sr., Fran, Joan, Patty Kurkowski, William Lawrence, Joan DiDonato, Casey Interrante, Alec Jensen, Kristen Gilia, Bruce Shepherd, Jong Soo Sohn, Carletta Sohn, Betty DeBlasio, Al Slusarz, Joseph Leary, Msgr. Beach, Mary Ann Keyes, Sue Eason, Charlotte Yacovelli, Mark Hines, Kevin Hogan.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever

mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

ROBERT JACOBS, SR.

ANTHONY PILEGGI

WILLIAM GOERIG

JOAN FINK

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

PARISH EVENTS FOR THIS WEEK

SUNDAY, FEBRUARY 9

- Masses: 7:30, 9:00, 11:00 AM - Church
- Souper—Bowl Collection: After All Masses - Narthex

MONDAY, FEBRUARY 10

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria

TUESDAY, FEBRUARY 11

- Daily Mass: 9:00 AM - Church
- Mommy & Me: 10:00 AM - Our Lady of Mercy
- Adult Basketball: 5:30 PM - Rec. Center
- PREP : 6:00 PM - Education Center
- Walking with Purpose: 7:00 PM - Convent
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, FEBRUARY 12

- Daily Mass: 9:00 AM- Chapel
- Pinewood Derby Drop-Off: 5:30 PM - Science Lab
- Adult Faith Formation: 7:00 PM - Constantine Room
- Knights of Columbus: 7:00 PM - Our Lady of Mercy
- Ladies of Helena: 7:00 PM - Chapel

THURSDAY, FEBRUARY 13

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- Robotics: 6:00 PM - Cafeteria
- RCIA: 7:00 PM - Our Lady of Mercy

FRIDAY, FEBRUARY 14

- Daily Mass: 9:00 AM - Chapel
- Senior Club: 10:00 AM - Social & Rec. Center

SATURDAY, FEBRUARY 15

- Daily Mass: 9:00 AM - Chapel
- Men's Fellowship Group: 7:00 AM - Convent
- Blood Drive: 9:00 AM - Cafeteria
- Vigil Mass: 4:00 PM - Church

SUNDAY, FEBRUARY 16

- Masses: 7:30, 9:00, 11:00 AM - Church
- Girl Scout Cookie Sale: After 9:00 AM & 11:00 AM Masses: Narthex
- Youth Group: 6:00 PM - Convent



# LITURGICAL MINISTRIES

FEBRUARY 15 & 16

## CELEBRANTS & DEACONS

**Saturday, February 15**

4:00 PM Fr. Sam (Deacon Przemek)

**Sunday, February 16**

7:30 AM Fr. Drew

9:00 AM Fr. Sam (Deacon Przemek)

11:00 AM Fr. Joe

# THANK YOU FOR YOUR TITHE!

for weekend of February 2, 2025

PLATE: \$ 17,714

E GIVING: \$ 5,750

MAIL-IN: \$ 1,550

Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together.



To get started, log on to: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net) and click on the Parish Giving Logo, then follow the easy registration steps.

Parish Giving offers secure flexible Online Giving for our parishioners who would like to make their donations online using a credit card or bank transfer. You never have to bring cash or checks to church. Online Giving helps the church save money and plan the budget.

# Come as you are.

YOU ARE WELCOME HERE

**"God can write straight with crooked lines. So regardless of what has occurred in the past or is happening in your present, there is always hope."**

Lisa Brenninkmeyer  
Founder and Chief Purpose Officer, Walking with Purpose

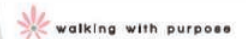
If we were created for relationship, why is it so incredibly hard? Perhaps what we are looking for in others and what we expect of others can only be found in God. Married or not, join the women of Walking with Purpose as we dive into all things relationship!

As usual, the coffee will be on, the conversation fulfilling, the hope abounding, and the video, *Marriage—Transformed By Grace*, utterly inspiring! Never been to Walking with Purpose? Perfect! We look forward to seeing you!

Thursday, February 13, 2025  
9:45-11:30 AM  
St. Helena Convent

For more information, contact:  
StHelenaWWP@gmail.com

Our mission is to help every Catholic woman and girl in America encounter Jesus Christ through our Bible studies.



# "SOUPER" BOWL SUNDAY



St. Helena is having their Annual Soup Drive on "Souper" Bowl Weekend, **Saturday, February 8th and Sunday, February 9th.**

Please bring a canned and/or boxed Soup to help us fill our local Food Cupboard at St. Paul's in Norristown. We will have containers in the Narthex throughout the weekend.

Thank you for your generosity.



It's Girl Scout Cookie time!

## CALLING ALL COOKIE LOVERS!

Girl Scout, Brownie Troop #748, featuring the amazing 3rd-grade girls of St. Helena, will be selling cookies!

**When:** Sunday, February 16th

**Where:** The Narthex

**After the 9:00 & 11:00 AM Masses**

Support our girls as they develop skills in **entrepreneurship, leadership, and teamwork** while bringing you your favorite Girl Scout cookies. Don't miss this chance to satisfy your sweet tooth and cheer on the future leaders of tomorrow!

♥ Thank you for supporting our troop!

# Ken's Cache Retires

Dear Beloved Parishioners of St. Helena,

As I step down from my daily diaconal ministry, I want to express my deepest gratitude for the privilege of serving alongside each of you over the past 36 years (8 years at St. Genevieve Parish in Flourtown and 28 years here at St. Helena Parish) and more recently St. Titus Parish. I recall reading in the St. Helena Sunday bulletin on November 3<sup>rd</sup>, 1996 this exciting exclamation; "HABEMUS DIACONUM!! (We have a deacon!!). This entry in the Sunday bulletin was as a result of my transfer from St. Genevieve to St. Helena Parish. Jo-Ann and I have felt welcomed from the very first time we stepped into this parish. As a member of this clerical community, I have been honored to serve with several pastors notably, Fr. Vadino, Msgr. Nicolo and most recently Fr. Bongard. In addition I have been privileged to assist many priests and work with several deacons over the years. These men have provided me the example that stewards of the body of Christ are called to exhibit.

I am deeply touched by the love and support you have shown me throughout my ministry. Your presence in the pews, your kind words, and your willingness to serve alongside me have been a constant source of strength and inspiration. I am especially grateful for the opportunities to celebrate milestones with you - weddings, baptisms, and even times of grief - moments where we shared the profound grace of God together. And most importantly, assisting at Sunday Mass. I want to acknowledge the support and assistance my wife Jo-Ann has afforded me and her ministry to our parishioners as well. Many of you have told me of her faithful service on your behalf. Thank you Jo-Ann.

While I am excited to embark on this new chapter of retirement, it is my desire to be available at the request of Father Bongard and the priests to assist whatever the need may be.

I will always cherish the memories we have built as a parish family. Please know that you will remain in my prayers, and I encourage you to continue growing in your faith, serving one another, and sharing the love of Christ with the world.

With heartfelt appreciation I remain,

Deacon A. Kenneth Belanger



St. Helena,  
James F. Fenerty Knights  
Council #14210  
Join Online for Free !  
[www.kofc.org](http://www.kofc.org)  
Grand Knight,  
Ted Pantaleo  
[tpantal@msn.com](mailto:tpantal@msn.com)



**Red Cross Blood Drive**  
Saturday, February 15, 2025  
9 am - 2 pm  
St Helena School Cafeteria  
1301 Yost Road, Blue Bell 19422

Make an appointment online  
[www.redcrossblood.org](http://www.redcrossblood.org)



Questions? Contact Karl Wagner  
[khwagner51@gmail.com](mailto:khwagner51@gmail.com)

## To All Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are appointed for a three-year term and for the place where they are commissioned. Terms may be renewed if agreeable to both the pastor/chaplain and the Extraordinary Minister of Holy Communion. If you are an Extraordinary Minister of Holy Communion in need of a Letter or its time to renew your term. Please join us as Father G. Dennis Gill, Director of the Office for Divine Worship, presents an Archdiocesan Workshop for Extraordinary Ministers of Holy Communion:

Tuesday, March 11, 2025  
7:00 PM to 9:00 PM in Main Church  
Saint Helena Church, (Montgomery County)  
PLEASE REGISTER AT:  
[worship@archphila.org](mailto:worship@archphila.org)

*When emailing your registration, please include your name, home parish name/institution, and date of the workshop you would like to attend*



### PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. To register go to the Archdioceses website: [Archphila.org](http://Archphila.org), under Marriage preparations to take the class on line.

### A Jubilee Year of Hope 2025



Based on Scripture, a jubilee year is a time when we are encouraged to re-establish and deepen our relationship with God by drawing closer to Him in prayer and reconciliation.

Over the centuries, the Church has set aside certain years for us to focus on a particular theme or virtue to strengthen our relationship with God.

It is the hope of Pope Francis and the entire Church that over the next year, we may all grow deeper in our faith by taking advantage of opportunities for reconciliation, indulgences, and other events intended to strengthen and revive

#### How can we celebrate this Jubilee Year of Hope?

- Some ideas and examples are...
- Making a pilgrimage to a holy place or shrine
- Receive the Sacrament of Reconciliation
- Spending more time in prayer with God
- Asking for the theological virtue of hope

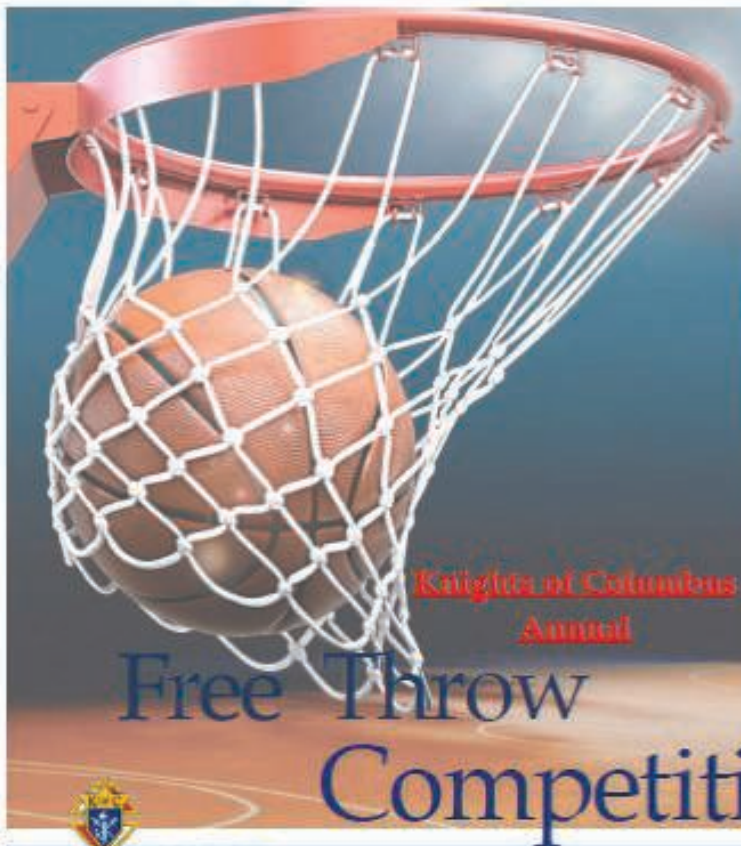
Scan the QR code to learn more about the Jubilee Year of Hope



### St. Paul on the Power of the Cross...

Beginning Tuesday March 4, Deacon Claude will lead a Lenten Bible study and discussion on St. Paul on the Power of the Cross. Our hope is this will help us grow closer to our crucified Lord. We will gather over six consecutive Tuesdays, from 2:00 PM to around 3:30 PM in St. Titus Church, on Keenwood Road. We will conclude with reflection, prayer, and Benediction. Please join us as we prayerfully deepen our understanding of the power of the Cross with Jesus and St. Paul.

We require a count estimate for materials, so please call the Parish office at St. Titus (610-279-4990) or St. Helena (610-275-7711), or email Deacon Claude at [cgranese@sttitus.org](mailto:cgranese@sttitus.org), if you plan to participate.



# Boys & Girls, Ages 9-14

**DATE:** Thursday, February 13<sup>th</sup>    **Time:** 6:00pm

**LOCATION:** St Helena's School Gym  
1499 Dekalb Pike, Blue Bell, PA 19422

**Prizes- Dicks Sporting Goods gift card**

**1<sup>st</sup> Place (Varsity)- \$100**

**2<sup>nd</sup> Place (Varsity)- \$50**

**1<sup>st</sup> place (JV)- \$25**

To register scan the QR code.



or email [shsfreethrow22@gmail.com](mailto:shsfreethrow22@gmail.com)

Please include Shooters full name, age, grade, phone # and address in email



Faith in Action

Community

# Messiah 2.0

An arrangement for contemporary ensemble based on G. F. Handel's original score by MARK EDWARDS

## SING WITH US!

Sing the ORIGINAL "Messiah" with the MODERN sounds of guitars, bass, drums and keyboards arranged especially to preserve, highlight and complement the original score.

### CONCERT DATES & LOCATIONS

Saturday evening, April 12, 2025 7:00PM

Parkside UCC, 505 South Main St. Phoenixville, PA

Palm Sunday, April 13, 2025 3:00 P.M.

SAINT TITUS CATHOLIC CHURCH

3006 Keenwood Road, Norristown PA 19403

FIRST REHEARSAL is January 26 2024 2 to 4 PM @ St. Helena

Open to all high school through adult singers, church groups, community singers, etc. Please send email or call with contact information.

Cheryl Platco - event organizer/producer

chmo32759@aol.com 610-505-3038

Or visit website: [www.messiah2-0.com](http://www.messiah2-0.com) and send CONTACT info.



**SCHOLARSHIP OPPORTUNITY**  
 St. Mary Polish American Society is accepting applications for the third annual Felicia Jemionek Rzeznik Memorial Scholarship, a \$1,500 scholarship to a qualified student of Polish ancestry residing within the Archdiocese of Philadelphia pursuing full-time undergraduate studies at an accredited college or university in the United States. Full information about the scholarship is included in the QR code. For any questions, please call Dorothy Swedkowski at 610-630-0861.

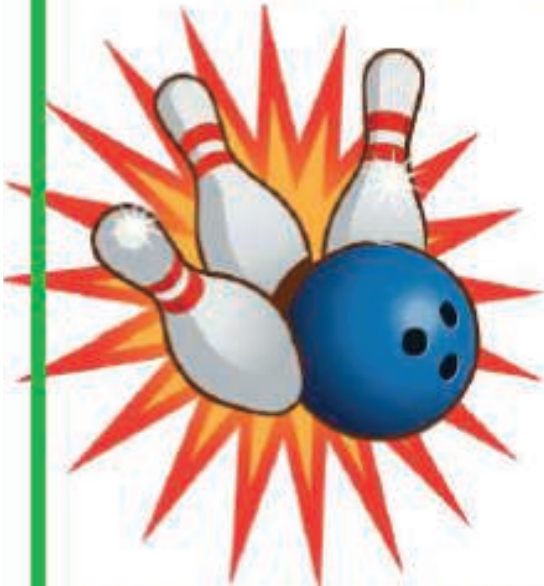




Please join us for the  
**Ladies of Helena Fun Nite!**

# **BOWLING NIGHT**

We hope you can SPARE some time for a great local cause!



**FRIDAY, March 21**

**5:30pm – 7:30pm**

**Our Town Alley Bowling**

2912 Swede Road – East Norriton

**\$25.00 per person**

Ticket Price Includes:

**2 hrs of Bowling + Shoe Rental  
+ 1 Door Prize Ticket**

For every bowler registered, the Ladies of Helena will make a donation to

**Cecil & Grace Bean's Soup Kitchen**

(Located at 520 Church Street, Norristown, PA) [www.beansoupkitchen.com](http://www.beansoupkitchen.com)

If you would like to help our neighbors, consider bringing a pair of socks to donate to the soup kitchen!

**Food & Drinks (including a Full Bar) available for purchase inside the bowling alley**

– No outside drinks or food are allowed on the premises –

**We have reserved 12 lanes with 6 people per lane**

**Space is limited and prepayment is required!**



**All reservations must be made through Marie Guilardi before March 16th**

**Email: [Marie523@comcast.net](mailto:Marie523@comcast.net) • Phone: 267-240-3876**

*\*Once you reserve your spot with Marie Guilardi you can work with her about payment dropoff options.*

*Please make checks payable to "Saint Helena Church"*

*Either place your check in an envelope labeled "LOH Bowling Night" & deliver to Saint Helena Parish Office (open M - F 9am to 5pm) or Marie will advise you of alternate dropoff options.*

**Sign-up today for a fun night of bowling!**

Remember it's first-come, first-serve basis until our open slots are filled & payments are received.

Respect  
*Life*



**RESPECT LIFE  
CORNER**

A wonderful practice throughout the year is praying for our precious children. These prayers were written by Lisa Brenninkmeyer, Founder of Walking With Purpose, for parents. But, even if you are not a parent, why not say these prayers for all children?

**Monthly Prayer List For Our Children**

**January:** I pray that my children will never be without godly friends and role models. I pray that they will be discerning in choosing both friends and lifestyle, caring as much about inner beauty as outward beauty and achievement.

**February:** I pray that they will understand they have been created by God, and that they will be content and confident in the way they were made – spiritually, emotionally, and physically.

**March:** I pray that they will be protected from people and activities that could influence them negatively, and that they will maintain a passion for living the way God desires.

**April:** I pray that they will recognize hate and run away from evil and sin. I pray they will resist temptation through God's power.

**May:** I pray that they will love to give and serve, and will be glad, grateful, and generous givers to the world, not just takers.

**June:** I pray that early in life they will learn and love to pray, and that they will develop intimacy with God and become true worshippers of Him.

**July:** I pray that they will treat people with godly kindness in a meek and gentle spirit, without losing the ability to take a stand for what is right.

**August:** I pray that they will readily seek forgiveness when they sin and be quick to forgive others.

**September:** I pray that they will grow spiritually as quickly as they do physically and mentally.

**October:** I pray that they will understand who God is and love Him with all their hearts throughout their lives.

**November:** I pray that they will enjoy Bible stories now, and make and keep a commitment to study the Bible every day of their lives.

**December:** I pray that they will speak about God with boldness and become leaders for the cause of God.

**RESPECT LIFE CORNER**



*"Life starts at conception, not your perception."*

(Lila

Rose)

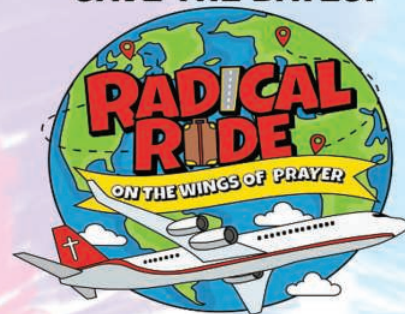
**PRAYER CHANGES THINGS** - that is why we are launching the **Spiritual Adoption Program** again. It will begin on February 23.

The program involves praying each day from February to October for an unborn baby and the parents to choose life for their baby. Be sure to give your baby, boy or girl, a name, because a name gives the child personhood. Watch the Parish Bulletin each month for how your Spiritually Adopted Baby is growing. Say your own loving prayer or use this one:

*"Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of [baby's name] the unborn baby that I have spiritually adopted who is in danger of abortion."*

- Prayer of Archbishop Fulton J. Sheen

**VACATION BIBLE SCHOOL 2025  
SAVE THE DATES!**



Mark your calendars for a fun and faith-filled week this summer!

**Monday, August 4 - Friday, August 8, 2025**

**Our theme: Radical Ride - On the Wings of Prayer**  
This week will help children understand the purpose of prayer and how to put prayer into action through the ups and downs of daily life.

Registration is coming in March 2025!  
Want to stay updated on VBS 2025? Contact: Christian Thompson  
cthompson@sainthelenachurch.org OR 610-930-0349



Saint Helena Bible Study - Spring Series

# Unlocking the Mystery of the Bible

Do you want to read the bible more but don't know where to start?

Come understand how you fit into God's plan!

Join us for an exciting 8 week bible study where we will discover the story of salvation history and get the "big picture" of the Bible and learn the complete story from Adam and Eve to Christ and the Church.

To learn more about when and where, simply scan the QR code or contact Christian at [cthompson@sainthelenachurch.org](mailto:cthompson@sainthelenachurch.org) 610-275-7711



"Unlocking the Mystery of the Bible"



## WEDNESDAY ROSARY GROUP

Come pray the Rosary

WEDNESDAYS, 11:30 AM

in the St. Theresa Chapel.

New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

## BBVC 2025!

Brothers of Borromeo Vocation Camp

**Saturday, March 22, 2025**  
**9am-4:30pm**

Registration Due: February 28

Registration: \$25 (includes lunch and a t-shirt)

Who: Middle School Men (grades 6, 7, 8)

Where: St. Charles Borromeo Seminary  
(1400 Evans Road Ambler, PA)

Scan the QR code to register!



Questions? Contact Grace Murphy,  
Program Coordinator, at  
[gmurphy@archphila.org](mailto:gmurphy@archphila.org)

[HeedTheCall.org/BBVC](http://HeedTheCall.org/BBVC)

ALL TEENS IN 8TH - 12TH GRADES ARE INVITED TO JOIN US FOR OUR NEXT...



# TEEN NIGHT

SUNDAY, FEBRUARY 23 / 7 TO 8:15 PM

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## MEMORIALS AVAILABLE AT ST. HELENA

### ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

### SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

### CANDLES

*Candles in the Church and Chapel* can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

#### *Candles are available in the Church at:*

- The Sanctuary Candle
- The Blessed Mother Altar, up to 4 candles may be lit
- The St. Joseph Altar, up to 4 candles may be lit
- The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

#### *Candles are available in the Chapel at:*

- The Sanctuary Candle
- The Altar, up to 4 candles may be lit on the Altar

### BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

*All Memorials can be purchased in the Parish Office during business hours.*

### SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.

## CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

### WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

### BEQUESTS

**The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.**

*Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, Elizabeth Foster, Marie Sommers, Martin J. Payton, Jr., Wanda James, & Angela M. Holbrook*

### WE REMEMBER

**and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.**

**We ask that you please keep them in your prayers:**

*Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel, Edward Wykstra, Daniel Bagley, Frank Groarke, & Connie Swan.*

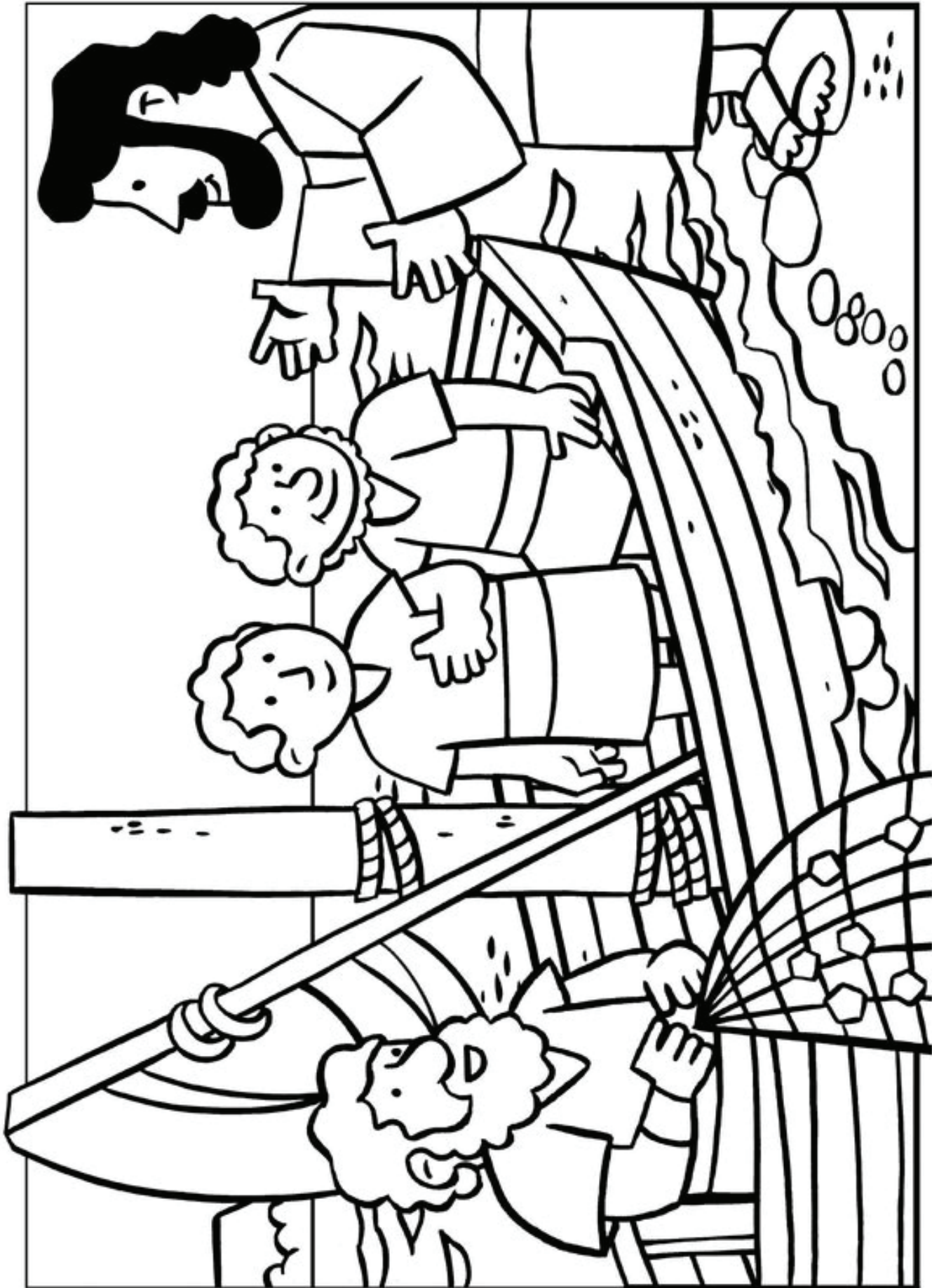
## CHILDREN'S TITHE



The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week.

During the Mass they are asked to come forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.



S&S link: Christian Life and Faith: Biblical and Christian Foundation: Jesus, God's Son-1c  
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