

For

unto you
is born
this day
in the city
of David
a Savior,
which is
Christ
the Lord

SAINT HELENA CHURCH

1489 DeKalb Pike, Blue Bell . PA .19422

December 25, 2024

Christmas

Luke 2:11



OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus
Rev. Samuel A. Verruni: Senior Priest
Rev. Dr. Kyle M. Adamczyk: Parochial Vicar
Msgr. Joseph J. Nicolo: Pastor Emeritus
Deacon Claude Granese
Seminararian: Przemek Rozestwinski

PARISH OFFICE:

Phone: 610-275-7711
Web Site: www.sainthelena-centersquare.net
Email: parish@sainthelenachurch.org
Monday through Friday: 9:00 AM to 5:00 PM
Business Manager: Ms. Cathy Neugebauer
Parish Administrative Assistant: Mrs. Gina Malony
NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422
Phone: 610-279-3345 <> Fax: 610-279-3272
School Principal: Miss Denise Britt
School Secretary: Mrs. Megan Tronoski
School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870
Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349
Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749
Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711
Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel
Saturday: 4:00 PM Vigil Mass
Sunday: 7:30 AM, 9:00 AM, & 11:00 AM
Holy Days: Vigil: 7:00 PM,
Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM
Saturday Vigil Mass: 4:30 PM
Sunday: 10:00AM
Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church
St. Titus - Saturday at 3:30 PM in the Church
or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM
Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)
Wednesdays: 11:30 AM (Grotto)
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)
followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.
A Pre-Baptism class is required for parents & optional for Godparents, and are usually offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.
The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

PARTNER PARISH MASS INTENTIONS

Sat., December 21 - St. Peter Canisius

9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Jack Schmidt
Req. by Karen Rafferty
4:30 PM - St. Titus
† George Medica
Req. by Georgeann DosSantos

Sun., December 22

7:30 AM - St. Helena Church
† For the People of the Parish
9:00 AM - St. Helena Church
† Mary & Jack Malkin
Req. by MJ & Tom Mrazik
10:00 AM - St. Titus
† Jack Fessler
Req. by Liz Fessler
11:00 AM - St. Helena Church
† Gertrude Saunders
Req. by Mary Ann Fazio

Mon., December 23 - St. John of Kanty

8:00 AM - St. Titus
† Bob Duncan
Req. by Cookie Duncan
9:00 AM - St. Helena Chapel
† Barbara Stolarczyk
Req. by Mom & Dad

Tues., December 24 - Christmas Eve

8:00 AM - St. Titus
† John DeColli
Req. by Phyllis DeColli
9:00 AM - St. Helena Chapel
† Stephanie & Edward Bongard
Req. by the Bongard Family

Midnight Mass - St. Titus

MERRY CHRISTMAS

10:00 AM - St. Titus
† Isabella M. Davis
Req. by Maude Lee

**PARTNER PARISH MASS INTENTIONS
Continued**

Thur., December 26 - St. Stephen

8:00 AM - St. Titus
† Deceased Parishioners of St. Titus
9:00 AM - St. Helena Chapel
† John Rooney 1st Anniversary
Req. by the Rooney Family

Fri., December 27 - St. John

8:00 AM - St. Titus
† Sarah Paquette
Req. by Jean Paquette
9:00 AM - St. Helena Chapel
† Angelina & Peter Gravinese
Req. by the Gravinese Family

Sat., December 28 - Holy Innocents

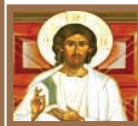
9:00 AM - St. Helena Chapel
† Living & Deceased Members of the Saint Theresa Guild
4:00 PM - St. Helena Church
† Robert DiBenedetto
Req. by his Wife & Family
4:30 PM - St. Titus
† Charlie Nugent
Req. by Irene Nugent



Bread & Wine

The Bread & Wine this week is offered in memory of **Albert Lewullis**

Requested by the Lewullis.



In your Christian charity and mindful of the Communion of Saints, please pray for

**ALL OUR BELOVED DECEASED
INCLUDING**

BERNICE ZWIGAITIS

JANE MARIE DOWNEY

AGNES "DORIS" CARDWELL

FRANK J. MAIELLO

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Ed Mitchell, Sr., Dave Colman, Juan Barba, Lorraine Perri, Mike Piskai, Jr., Sr. Fran, Karen Meenan, Mary Trodden, Linda Weikert, Carol Berardelli, George Cooper, Joan, Steve Malek, Patty Kurkowski, William Lawrence, Joan DiDonato, Casey Interrante, Alec Jensen, Al Slusarz, Kristen Gilia, Rose O'Donnell, Bruce Shepherd, Jong Soo Sohn, Carletta Sohn, Betty DeBlasio, Shannon Sanfilippo, Nicolette Theisen, Al Slusarz, Msgr. Beach, Mary Ann Keyes.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church burns in memory of,

ANDREW KOSVITCH

Requested by Anne Kosvitch

The Sanctuary Candle in the Chapel burns in memory of,

MICHAEL VARGO

Requested by Claire Carson



A Candle burns at the Blessed Virgin Mary in memory of

JOHN BANICKI

Requested by John & Robin Banicki



A Candle burns at the Blessed Virgin Mary in memory of

BAMBINA VENTRESCA

Requested by Mr. & Mrs. Philip Ventresca



A Candle burns at St. Joseph in memory of

ERNEST ROTONDO

Requested by Leslie Powell



Two Candles on the Chapel Altar burn in memory of

Andrea Caperilla

Requested by Gina, Donna & Dotty



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione

WEDNESDAY ROSARY GROUP



The Wednesday Rosary at 11:30 AM is moving inside for the winter months and will move back to the Grotto in the warmer weather. All are welcome to join us. Bring your friends, family and children!

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X,000 to be used for the general purposes of Saint Helena Parish."





St. Helena has a long and rich history that began with the vision of Dennis Cardinal Dougherty who on October 3, 1919, informed Father Francis Higgins, that he was to become the pastor and founding father of a new parish in Montgomery County. The parish would be known as St. Helena Roman Catholic Church, Centre Square.

As we stand on the rich and historical grounds of St. Helena parish, all are encouraged to participate in the spiritual growth and present-future development of the parish. There are various opportunities to make that happen...such as participating at Mass (daily and on the weekends), in Prayer, (daily in the Chapel) and in many Ministries (see the following pages).



The Exciting Happenings of St. Helena School From the Desk of Miss Denise Britt, Principal

Empower Your Child's Future: Faith, Excellence, and Fun Await at Saint Helena School!"

Are you looking for a school with grades PreK3 through Grade 8 where your child can thrive spiritually, academically, and socially? At **Saint Helena School (SHS)**, we are committed to providing a well-rounded, Catholic education that sets students up for success at the next level and beyond.

Why Choose Saint Helena School?

- **Catholic Values & Legacy:** Rooted in the tradition of **Mother Catherine McAuley**, the foundress of the Sisters of Mercy, SHS affirms the Mercy tradition of caring for the poor, respecting the uniqueness of each individual, protecting the environment through responsible stewardship, and fostering a community of **love, respect, and academic excellence**.
- **Student to Teacher Ratio-** 20:1
- **Proven Success:** The SHS Class of 2024 was awarded **\$815,600 in scholarships**, with students accepted into some of the most prestigious high schools in the region including **St. Joseph's Preparatory School, LaSalle College High School, Roman Catholic High School of Philadelphia, Mount Saint Joseph Academy, Gwynedd Mercy Academy High School, Lansdale Catholic High School, Archbishop John Carroll High School, Pope John Paul II High School**, and many more.
- **Strong Leadership:** Our Principal, Miss Denise Britt, is a **former SHS student and former SHS first grade teacher**, passionate about providing the best education for every child. Our Pastor, Reverend Joseph W. Bongard, is a former President of **Roman Catholic High School** and former Principal and President of the former Pope Pius X, bringing deep insight and experience to our school community.
- **A School for All Talents:** Whether your child excels in **academics**, loves the **arts**, or enjoys **sports**, **there is a place for them at SHS!** We offer an array of **clubs** and activities including **Chess, Lego, Robotics, Media, Reading Olympics, Podcast, Science Tuesdays, Mathletes, Art, Empower, Tap, Dance, and Student Council**. Our students also have opportunities to participate in a variety of **sports** such as **basketball, soccer, volleyball, track, swimming, baseball, softball, football, and cross-country!**
- **Holistic Development:** We believe in developing the **whole child**, offering **piano lessons, voice lessons, instrumental music** (string, percussion), **chorus**, and an annual **spring theater show**. All of our students also learn important **virtues** that enhance their character development, helping them become compassionate, responsible leaders.

A Caring Community: At SHS, you are a part of a warm, welcoming community that values the **individual**. With **active volunteer involvement** from parents and parishioners, our school feels like an extension of your family.

Saint Helena School is not just about academic achievement; it is about **growing in faith, building character**, and having **fun** while doing it. We are dedicated to helping each child reach their full potential in an environment that celebrates both academic excellence and the joy of learning.

Ready to join a community where faith, learning, and fun grow together? **Contact us today** to schedule a tour and see how SHS can be the right fit for your family!



Mark your calendar for our Open House on Sunday, January 26 after the 11:00 Mass. At this time, you will meet the principal, teachers, and our student ambassadors. Come see what makes Saint Helena School special.

**Saint Helena School Open House Sunday,
January 26-12:00-1:30**

Miss Denise Britt
dbritt@sainthelenaschool.org

Where Faith, Learning, and Fun Grow Together!

*From Saint Helena PREP family to yours,
we wish you a blessed Christmas and New Year.*

Parents are the primary educators of their children in the Catholic Faith. Through your efforts and example, your sons and daughters learn about the love of Jesus, Mary & Joseph, the lives of the saints, the teachings of Jesus and what it means to be faithful members of the church.

The PREP Program at St. Helena assists parents in this very important responsibility. Building on the foundations set by YOU, PREP teachers and catechists prepare your children to receive the Sacraments of Reconciliation, Holy Communion and Confirmation.

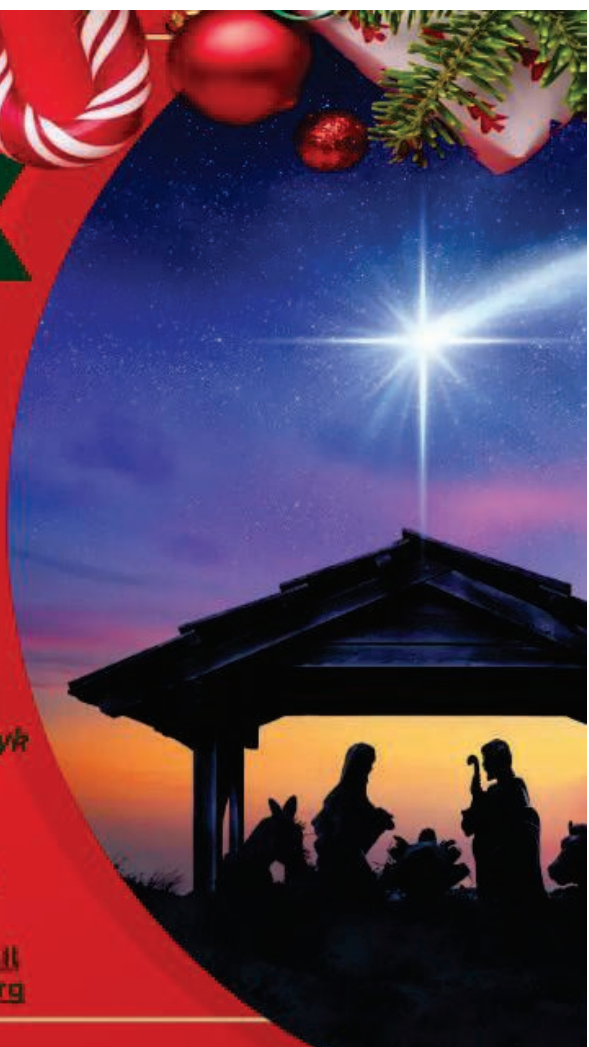
In the words of the Holy Father, Pope Francis
"Faith Is the Greatest Inheritance You Can Give Your Children."

- Rev. Kyle Adamczyk

Registration for the new 2025 & 2026 PREP year will
open in May 2025.

PREP is available to all parish children who are enrolled
in public, private or home-school programs.

For information please email
PREP@sainthelenachurch.org



LOOKING TO START 2025 OFF RIGHT?

**JOIN US FOR OUR WINTER
FAITH FORMATION SERIES**

ROMANS: The Gospel of Salvation

Discover what it means to "be saved"

A VIDEO SERIES BY ASCENSION PRESS

Wednesday Evenings
7.00 to 8.15pm

January 8, 15, 22, 29

February 5, 12, 19

St. Helena Church - Empress Room



Want to learn more or sign up?
Scan the QR Code or
contact Christian
cthompson@sainthelenachurch.org

VACATION BIBLE SCHOOL 2025

SAVE THE DATES!



Mark your calendars for a fun and faith-filled week this summer!

Monday, August 4 - Friday, August 8, 2025

Our theme: Radical Ride - On the Wings of Prayer

This week will help children understand the purpose of prayer and how to put prayer into action through the ups and downs of daily life.

Registration is coming in March 2025!

Want to stay updated on VBS 2025? Contact: Christian Thompson
cthompson@sainthelenachurch.org OR 610-930-0349

Saint Helena & Saint Titus Order of Christian Initiation

Are you interested in Becoming Catholic?



Do you, or someone you know, want to become Catholic?



Are you an adult interested in being Baptized?



Are you a baptized adult, but have not received Communion and/or Confirmation?

OCIA IS FOR YOU.

Make the Journey of Faith

If you are interested, know someone who is interested, or if you just want to learn more for yourself, then this process is for you. Contact us to find out how you can join this Journey of Faith.

CONTACT US

Father Kyle Adamczyk

- 610-275-7711

- Kadamczyk@sainthelenachurch.org

A JOURNEY OF FAITH

The OCIA is a process, a faith journey, which prepares interested people to become Catholic. You & all like minded people will be provided with experiences and opportunities to grow in faith, knowledge, understanding, and discipleship in Christ

The Process

The OCIA process forms participants in the Catholic faith and practices through worship, ritual celebrations, prayer, scripture, learning sessions on Catholic beliefs and teachings, and retreat experiences.

The Sacraments

Those not yet baptized are initiated into the Catholic Church through the sacraments of Baptism, Confirmation, and the Eucharist at the Easter Vigil (the night before Easter Sunday).



The Beauty of the Sacrament of Matrimony!

Engaged Couples

Congratulations on your engagement! You have made the biggest decision of your life & the Parish community shares your joy & excitement! As you know, marriage is a Vocation—a call by God to a man and woman to be one—–to reflect in their lives the unconditional love that God has for each of us. A strong, focused preparation for your new life will make your Marriage faithful and true, with Christ at its center. Call the Parish Office (610.275.7711) to begin the process.

Were you married outside the Church?

All Baptized Catholics are expected to marry in the Church, with the Priest or Deacon witnessing their Union before God and His Church. However, for a variety of reasons, some couples get married by Civil Union, entering marriage without the grace of the Sacrament.

We would like to assist such couples to prepare to receive the Sacrament. The term is “Convalidation”. This is not some vague blessing of your Civil Union, but rather, the celebration of the Sacrament of Matrimony in the Catholic Church, that is, assisting a couple to enter into a Sacramental Union

The process is not difficult nor time consuming. A valid Sacramental union allows for the receiving of the Eucharist at Mass, receiving Absolution in the Sacrament of Reconciliation, and standing as a sponsor at Confirmation or godparent at Baptism. For more information, call the Parish Office

For more information please contact the Rectory Office

Parish@sainthelenachurch.org

Are you Separated or Divorced?

Whenever a couple gets married, it is understood that the marriage will last for life. But many, many times, issues arise that lead to separation and divorce. Those suffering from broken relationships are not to bear that pain by themselves. The Church continues to walk with you, to assist you and helps to heal the feelings of brokenness and sorrow.

As part of the journey of healing, the Church offers the possibility of an Annulment. In the Annulment process, the Church reviews the divorced marriage to see if someone entered the marriage with an understanding, ability or intention contrary to the Church's teaching on marriage. The Church can examine the presumed valid marriage bond to see if the bond really existed. A Declaration of Nullity is declared by the Church if the marriage in question is judged to have been null and void from the very beginning, thus, enabling the persons to marry in the Catholic Church. The Tribunal, through the annulment process, exists to help people participate more fully in the sacramental life of the Catholic Church.

Here is a QR Code to begin the process: Petitioner Questionnaire
For more information, contact one of the parish priests.



COME AND SHARE YOUR TIME & TALENTS



PARISH MUSIC MINISTRY

Adult Choir

Do you like to sing? Have you ever thought of joining a choir, but weren't sure if it was for you? If so, you sound like the perfect candidate for the Saint Helena Choir! We are always looking for individuals who enjoy singing and putting their talents at the service

of our community. Even if you don't know how to read music or have no previous experience - we want YOU! We need YOU!

The St. Helena's Choir is a fun & friendly group of parishioners who enjoy each other's company & work together to provide beautiful & uplifting music for our parish liturgies, singing at Sunday Masses, Holydays, and Parish Concerts. Practices are once a week (Mondays 7:00 PM-9:00 PM)

Youth Choir

All boys & girls in Grades 2nd through 8th, are welcomed to join the Parish Youth Choir. No previous experience required. Children are taught to read music and how to sing in an ensemble. The Youth Choir sings occasionally at Sunday Masses & special concerts throughout the year.

Hand Bell Choir

Hand Bells are not difficult to play & they add a distinctively beautiful touch to Sunday Masses and other important Parish Liturgies. High School students and adults are cordially invited to consider being a part of this unique ministry. No previous music experience required - just a desire to learn a new instrument and provide joyful noise for the Lord!

Children's Chime Choir

All boys & girls from Grades 2nd through 8th are invited to join the Hand Chime Choir. Chimes are played occasionally at Sunday Masses & special concerts throughout the year.

For more information or to join any of these Music Ministry programs, email or call our Music Director Cheryl Platco chmo32759@aol.com 610.505.3038

ARTS & ENVIRONMENT COMMITTEE

We need your help!

New ideas are always welcomed.

The Art & Environment Committee provides direct support for creating and maintaining an appropriate, reverent, and prayerful environment in the Sanctuary, Nave and Narthex of our Church and Chapel. The committee decorates the Church and Chapel during various liturgical seasons (Advent, Christmas, Lent, Easter, Forty Hours, etc.) throughout the Church year. New ideas are always welcomed.

If you have an interest in helping to decorate, please call Theresa Smith at **215-646-7636**.

GREETERS

Are you outgoing and enjoy meeting new people?
Are you able to make people feel comfortable and at home?

If so, then this ministry is for YOU! Greeters come to Mass about 15 minutes before the scheduled start to greet our parishioners and visitors to our Parish, welcoming them to the wonderful community that is Saint Helena. Additionally, Greeters stay about 15 minutes after Mass, distributing bulletins, and wishing those leaving a wonderful week. We are always looking for additional High School, college or older adults, with a welcoming smile, to help make our Parish a warm, friendly and hospitable community.

USHERS

Ushers play a critical role in our parish assemblies. Helping visitors to find seating, assisting the disabled and the elderly, and facilitating the collection offering, Ushers help our Masses and parish gatherings to run smoothly and without a hitch. High School and college students are welcomed, as well as more senior members of our community. Many hands make lite work! Please consider joining our Ushers!



OUR HISTORY AND MISSION

The Knights of Columbus was founded in 1882 by Rev. Michael McGivney, on the principles of charity, unity and fraternity. His intent was to bring financial aid and assistance to the sick, disabled and needy members and their families. Today, the Knights are committed to charitable service for our parish and community and to the strengthen faith of our members and our parish.

To find out more information about us please visit our website: <https://www.shkofc.com/> or Contact **Ted Pantaleo**, Grand Knight at **952-237-8684** or tpantal@msn.com .

St. Helena Men's Group

Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

THE GARDEN CLUB



The Garden Club is a dedicated group of people who maintain and beautify the gardens on the Church campus. Seasonal spruce up includes weeding, planting and care of annuals. Your help is needed in adopting a garden and keeping it maintained during the year. In the past, St. Helena Church received the Norristown Garden Club Award.


If you are interested in helping keep our campus beautiful and well groomed, please call Theresa Smith at **215-646-7639** or email theresacsmith@verizon.net.



PHOTOGRAPHY CLUB

The Photography Club helps to share the events and ceremonies of the Parish with the whole community. Members take pictures and video of Church activities and ministries to be posted on the Parish website, social media platforms and published in the weekly bulletin. This is a critical piece of our evangelization outreach. We need a couple of individuals with digital cameras and/or cell phones to document activities and ready the pictures for publication.

Interested in joining the Club, please call the Parish Office at 610-275-7711.


walking with purpose
SO MUCH MORE THAN A BIBLE STUDY

Come as you are.

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to the solutions given to us through the teachings of Christ and the Catholic Church.

If you desire to grow in your faith—in a supportive community of Catholic women—Walking with Purpose is for you!

The women of St. Helena WWP meet weekly, October till May.
For more information email sthelenawwp@gmail.com

www.walkingwithpurpose.com



ST. ANNE'S SEWING CLUB

The St. Anne Sewing club is a group of sewers who share their time and talents to show the love of Christ to others through the work of their hands. This group sews and repairs altar cloths, vestments, and anything that is needed for the Church. If you are a sewer, please consider joining this ministry by calling Theresa Smith at **215-646-7636** or email theresacsmith@verizon.net.

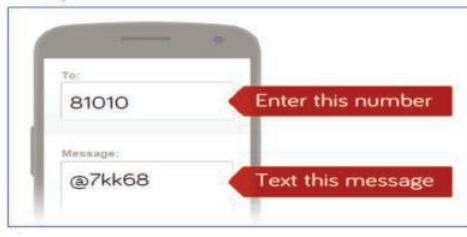
Saint Helena Youth Group Upcoming Schedule

Our youth group is for all teens in 8th - 12th grades and their friends. We meet Sunday evenings from 7 - 8.15pm in the Parish Convent. We look forward to seeing you!

12 Jan. "Embracing Our Baptismal Call"
Make PB&J Sandwiches and bagged lunches for the homeless & Gospel reflection on our baptisms

02 Feb. "The Presentation: Walking in Faith"
Write Valentine's Day cards for homebound & Gospel reflection on making our lives gifts to God

23 Feb. "Seeing Others as God Sees Them"
Gospel reflection on living purely and loving each person as a unique gift from God.



Join our text group to receive messages on events and meetings!

Contact: Christian Thompson
cthompson@sainthelenachurch.org

PATRICIAN SOCIETY

Food insecurity is a year round issue for many individuals and families. Non-perishable food items and canned goods are collected WEEKLY and sent to the Patrician Society of Norristown. Because of the generosity of our parishioners, Saint Helena provides the largest support for helping to eliminate hunger in our area.

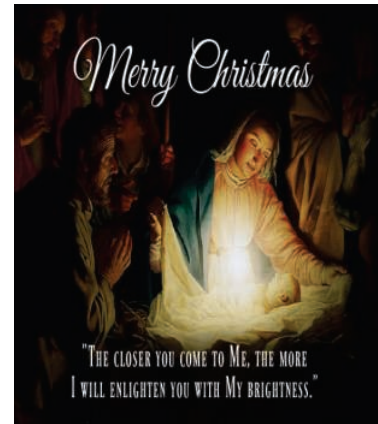
At this time they are in needed of: Mac & Cheese, Peanut Butter (small jars), Cereal, Cereal Bars, Rice, Pasta, Oatmeal, Fruit Cups, Canned Fruit, Diapers size 4, 5, 6.

The Patrician Society co ordinates with the Norristown Hospitality Center, Central Behavioral Health, Creative Health, Resources for Human Development, Catholic Social Services, Montgomery County Office of Children and Youth, Montgomery County Senior Services, and others in the sharing of referrals and provision of various services to ensure that all requests are fulfilled.

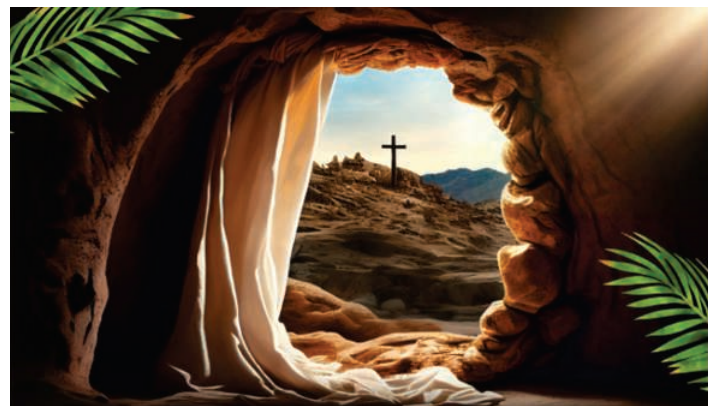
Thank you for your continued generosity.

RESPECT LIFE CORNER

The Respect Life Ministry wishes you a very holy, blessed & joyful Christmas Season!



"It is Christmas every time you let God love others through you...yes, it is Christmas every time you smile at your brother and offer him your hand." (St. Teresa of Calcutta)



Looking to rekindle your faith this year?
Has it been a while since you've felt God working in your life?

Who do YOU say Jesus is?

We invite you to join us for our series...

"METANOIA"

A JOURNEY WITH CHRIST TO CONVERSION

JOIN US FOR FIVE WEDNESDAY EVENINGS
MARCH 12, 19, 26 AND APRIL 2 & 9



SCAN THE QR CODE TO LEARN MORE

CONTACT: CHRISTIAN
CTHOMPSON@SAINTHELENACHURCH.ORG

Al's Group Roofing
INSTALLATION & REPAIR
Repairs & Maint. | New Installs | Res/Com
GUTTERS, SIDING, WINDOWS, SKYLIGHTS
267-243-8039
www.AlsRoofing.org

Corropolese
Italian Bakery & Deli
Open 7 Days
2014 Old Arch Rd.
Norristown, PA 19401
610.275.6664
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