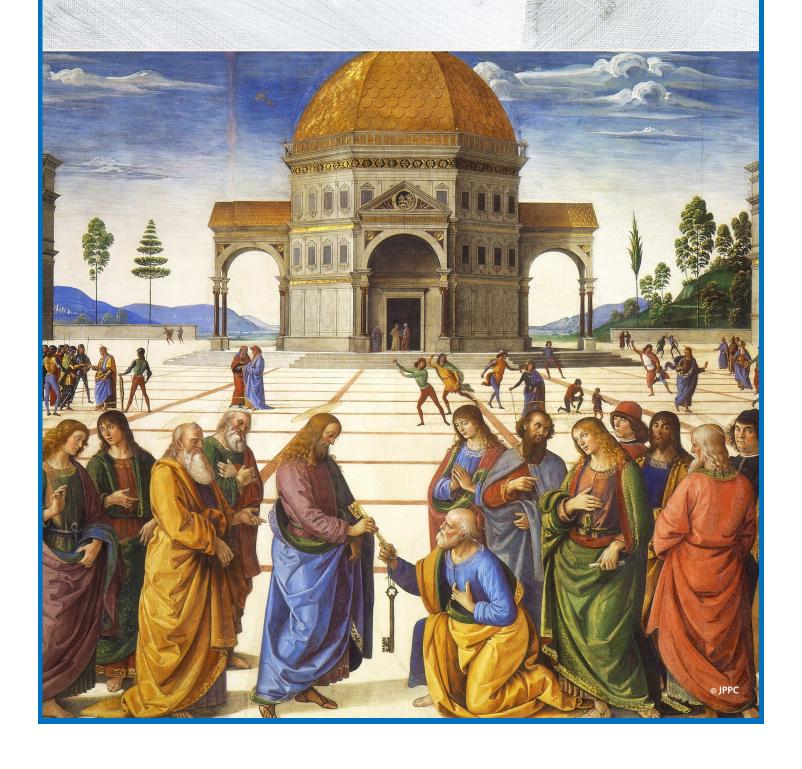
June 29, 2025

SAINT HELENA CHURCH

1489 DeKalb Pike Blue Bell . PA .19422 610-275-7711

You are Peter, and upon this rock I will build my Church.

Matthew 16:18





OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as *ONE FAMILY*, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in *ONE FAITH*, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial

Administrator of St. Titus

Rev. Samuel A. Verruni: Senior Priest Msgr. Joseph J. Nicolo: Pastor Emeritus

Deacon Claude Granese

Deacon A. Kenneth Belanger, Retired

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt
School Secretary: Mrs. Megan Tronoski
School Nurse: Mrs. April Maxwell

CCD (CONTINUING CATHOLIC DEVELOPEMENT):

Phone: 610-279-3870

Dir. of Religious Education:

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349

Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749

Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711

Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel Saturday: 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Holy Days: Vigil: 7:00 PM,

Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM Saturday Vigil Mass: 4:30 PM Sunday: 10:00 AM Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church St. Titus – Saturday at 3:30 PM in the Church

or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11: 30 AM (Grotto)

Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A Pre-Baptism class is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to <u>Archphila.org</u>, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office at 610-275-7711.

PARTNER PARISH MASS INTENTIONS

Sat., June 28 - St. Irenaeus

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the

St. Theresa Guild

4:00 PM - St. Helena Church

† Regina J. Ralston - 1st Anniversary

Req. by Dona & John Schmidt

4:30 PM - St. Titus

† Gregory Loeper

Req. by Stephen Konowal

Sun., June 29 - Ss. Peter & Paul, Apostles

7:30 AM - St. Helena Church

† For the People of the Parish

9:00 AM - St. Helena Church

† Alfonzo Gallo

Req. by Lil DiNenna

10:00 AM - St. Titus

† Gregory Loeper

Req. by Nancy Bonenberger

11:00 AM - St. Helena Church

† Gregory Loeper

Req. by Richard & Pat Wisniewski

Mon., June 30

8:00 AM - St. Titus

† Living & Deceased Parishioners of St. Titus

9:00 AM - St. Helena Chapel

† Florence Quinn

Req. by the Diorio Family

Tues., July 1 - St. Junipero Serra

8:00 AM - St. Titus

† Deceased Members of the Granese &

Gale Families

Req. by Claude & Nancy Granese

9:00 AM - St. Helena Chapel

† Charle Kuczynski

Req. by Leslie Boehme & the Boys

Wed., July 2

9:00 AM - St. Helena Chapel

† John Giamo

Req. by Gary Patterson

Thur., July 3 - St. Thomas

8:00 AM - St. Titus

† George Spedding

Req. by the Perna Family

9:00 AM - St. Helena Chapel

† Kenneth W. McNelis

Req. by Ken McNelis

PARTNER PARISH MASS INTENTIONS

Fri., July 4 - Independence Day

8:00 AM - St. Titus

NO DAILY MASS

9:00 AM - St. Helena Chapel

† The Poor Souls in Purgatory

Req. by Kathleen Townsend and

† Helene Pileggi

Req. by Kathy & John Kuhn

Sat., July 5 - St. Anthony Zaccaria, St. Elizabeth

9:00 AM - St. Helena Chapel

of Portugal

† Living & Deceased Members of the

St. Theresa Guild

4:00 PM - St. Helena Church

† JoAnn Rooney

Req. by the Rooney Family

4:30 PM - St. Titus

† Gregory Loeper



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Sue Eason,
Lorraine Perri, Mike Piskai, Jr., Linda Weikert,
Patty Kurkowski, William Lawrence, Joan DiDonato,
Kristen Gilia, Al Slusarz, Bruce Shepherd, Marsha Tinti,
Jong Soo Sohn, Carletta Sohn, Kevin Hogan, Liz Flynn,
Charlotte Yacovelli, William Yacovelli, Sarah Jammer,
Sr. Fran Reinhardt O.S.F., Richard Kellerman,
Danny Matoney, Nicolette Theisen, Nancy Matozzo,
Anthony Grasso, Thomas Grasso, Kaye Grasso,
Serli Pucci, Kieran Daly, Sr., David Gensert,
Joseph Romano, Tammy Lentz, Patricia Flaherty,
Barbara Salvitti, Aunt Annie, Claudia Thompson.

Pray For Our Troops

PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father,

Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, LTJG John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

CRAIG PHIFER, KAZIMIERZ GORKA DOLORES DERKOCH

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Chapel burns for

THE INTENSIONS OF FR. KYLE

Req. by St. Helena Parish Families



A Candle burns at St. Joseph in memory of JOSEPH ARMELI

Requested by his wife, Phyllis



The Flowers in the Church, over the 4th of July weekend are in celebration of **JoAnn Rooney's Birthday**,





HELP KEEP ST. HELENA BEAUTIFUL BY ADOPTING A GARDEN!

The Garden Club maintains various

flower beds on the Church campus grounds. We are asking for your help in keeping our gardens looking beautiful. Maybe a family or a Church ministry group could adopt one of the gardens to upkeep during the spring, summer, and fall months. We are asking that the gardens are weeded weekly or as needed. If area is dry when you are weeding, please water. Please start as soon as possible. Initial weeding and mulching was done which should make it much easier to keep up.

If you can help, please call Theresa Smith at 215-646-7636 or email at theresacsmith@verizon.net.

LITURGICAL MINISTRIES

July 5 & July 6

CELEBRANTS & DEACONS

Saturday, July 5

4:00 PM St. Helena Fr. Sam (Deacon Claude)

4:30 PM St. Titus Fr. Joe

Sunday, July 6

7:30 AM St. Helena Fr. English9:00 AM St. Helena Fr. English

10:00 AM St. Titus Fr. Joe (Deacon Claude)

11:00 AM St. Helena Fr. Sam

PARISH EVENTS FOR THIS WEEK

SUNDAY, JUNE 29

• Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, JUNE 30

- Daily Mass: 9:00 AM Chapel
- Prayer Shawl Ministry: 12:30 PM Lady of Fatima

TUESDAY, JULY 1

- Daily Mass: 9:00 AM Chapel
- Adult Basketball: 5:30 PM Rec. Center
- 3 on 3 Basketball: 7:30 PM Rec. Center

WEDNESDAY, JULY 2

• Daily Mass: 9:00 AM - Chapel

THURSDAY, JULY 3

• Daily Mass: 9:00 AM - Chapel

FRIDAY, JULY 4

Daily Mass: 9:00 AM - Chapel

happy 4th of july

SATURDAY, JULY 5

- Daily Mass: 9:00 AM Chapel
- Men's Fellowship Group: 7:00 AM Convent
- Vigil Mass: 4:00 PM Church

SUNDAY, JULY 6

Masses: 7:30, 9:00, 11:00 AM - Church

PRE-CANA CLASSES

The Archdiocese of Philadelphia requires that all couples attend a

Pre-Cana class before marriage. To register go to the Archdioceses website: <u>Archphila.org</u>, under Marriage preparations to take the class on line.

Traveling this Summer? Stay Connected to Your Parish with Online Giving



To get started, log on to:

www.sainthelena-centersquare.net

and click on the Parish Giving

Logo, then follow the easy

registration steps.

Parish Giving offers secure flexible Online Giving for our parishioners who would like to make their donations online using a credit card or bank transfer. You never have to bring cash or checks to church. Online Giving helps the church save money and plan the budget.

Vacation Bible School 2025

Radical Ride: On the Wings of Prayer

Children will **travel the world** with **Amazing Angels** and **Super Saints**, discovering the **power of prayer** and how to bring it into their everyday lives!

Each day is packed with:

- Faith-filled lessons that inspire
- Creative Crafts to take home
- Exciting Games to get moving
- ♦ Uplifting Music to sing & dance
- ♦ Delicious **Snacks** to fuel the fun

When? August 4th to 8th, 9am to 12pm Where? Saint Helena Education Center Who? All rising K — 5 grade students (going into 2025/2026 school year)

For Teens: All rising 6 — 12 grade students are welcomed as Teen Leaders

Cost? \$40 for Child Campers and \$20 for Teen Leaders

Registration is now 100% online Please scan the QR code to register!

Registration is closing in one month on July 5. Please sign up today!

Contact: Christian Thompson 610-930-0349 or cthompson@sainthelenachurch.org



WEDNESDAY ROSARY GROUP

The Wednesday Rosary Group will meet at 11:30 AM in Our Lady of Lourdes Grotto, down behind the church (in the chapel if it rains). Follow the red stone path next to the chapel down to the grotto or drive around past the Empress Room to walk the back level path. There are cement benches or you can bring a cushion or a lawn chair. New meditations each week. Children are welcome. Bring family and friends. Praying the rosary will change your life!









ANNUAL MANNA BAG COLLECTION

This year we are changing our Manna Collection a little. Manna Bags will be in the Narthex June 14 through July 12, we ask that you take one, fill your bags and kindly return it to the Information Room in the Church, no later than Sunday, July 20.

Canned food items in greatest need are: Bagged White Rice, Black Beans, Kidney Beans, Canned Corn, Diced Tomatoes, Spaghetti Sauce, Cereal, Cereal Bars, Oat Meal Packets, Canned Meats, ie. Tuna, Chicken, Spam.

If you are not able to bring a filled bag, feel free to donate to Martha's Choice Marketplace at: www.marthaschoicemarketplace.com/ways-to-support

We "Thank You" for your continued support in helping our neighbors in need.

Manna Prayer

Jesus, many times throughout Your life You fed hungry people and You called others to help.

You called the young child with the Loaves and fishes to share his gifts. You call each one of us today.

Open our eyes to see the needs of others.
Open our ears to hear your call to share.
Open our hearts to welcome all
People to the table of love.
Amen.



Summer Reading

Treat yourself to a good book this summer. Enrich your faith!

Visit the Catholic lending library located in the Information Room next to the Narthex in the church. New additions added weekly.

Just a few examples:

The Three Ordinary Voices of God, by Matthew Kelly,

Rediscovering Christ, By Matthew Kelly,

The Introduction to Prayer, by Bishop Barron.



Robotics Summer Workshop



Too often, technology encourages kids to become passive consumers. Addicted to screens, their eyes glaze over, and God-given talents atrophy. But it need not be this way. Our sons and daughters should have fun creating, tinkering, experimenting. Studying robotics can turn technology into something active, developing problem-solving skills that will last a lifetime.



Circuitry, Programming, and Robotics
July 7th-11th, 2025 | 9 am-12:00 pm
Open to rising 6th-12th graders | BYO Lunch
3000 Keenwood Road, East Norriton, PA
\$200 | Laptops and electronics are provided. Each
student gets a small electronics kit to keep.



Scan QR to Register

More details and registration at whymsc.org/camps

St. Helena Men's Group

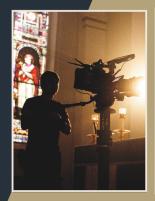
Please consider joining the St. Helena Men's Group. We are open to all men of the parish. We gather every Saturday morning between 7:00 and 8:00 AM in the convent. After the opening prayer, we read and reflect upon that Sunday's readings and consider their meaning and application to our lives. As men searching for stronger faith, we encourage each other and often speak about subjects that should be important to Catholic men in today's world: Do I look for opportunities in my daily life or at work when I could help lead someone to Christ? How can I pray better and lead my family in prayer? What can I focus upon in the coming days or weeks that will help bring me and those around me closer to God? In essence, the men's group is an opportunity to spend some time with other Catholic men, refocus each week on what is truly important, and support each other through the trials and challenges that we all face. Please consider joining us on any Saturday morning, as we never take a week off!

Contact Joe Bushner at <u>bushners@comcast.net</u> for more information





Joyful Storytelling: Catholic Filmmaking Camp



Lights, camera, faith!

Join Emmy Award-winning filmmaker Bill Rose of Joyful Flims for a dynamic, hands-on summer camp where students learn to tell faith-filled stories through film. In five creative mornings, campers will write, film, act in, and edit short films exploring themes like hope, mercy, and faith.

Camp Highlights:

Faith-based Storytelling & Scriptwriting
Filming with cameras or phones
Acting & Directing basics
Editing fundamentals
Using media to share the faith
A final screening for family and friends

Storytelling, Filming, Acting, and Editing

July 7th-11th, 2025 | 9 am-12:00 pm | Ages 13-18 | BYO Lunch 3000 Keenwood Road, East Norriton, PA \$200 | Space is limited—reserve your spot today. No experience needed—just bring your imagination!



Scan QR to Register

More details and registration at whymsc.org/camps



CHILDREN'S TITHE

The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week. During the Mass they are asked to come

forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.



RETROUVAILLE: REDISCOVER THE LOVE IN YOUR MARRIAGE

Tens of thousands of couples have healed their marriages through Retrouvaille (pronounced Retro-vy). If you know anyone who could benefit from this program, please pass this on. Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. The next program will be held August 1 - 3, 2025 at the Family Life Center in Malvern, PA. For more information, or to register, visit

www.HelpOurMarriage.org or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.



CareNotes & Lighthouse Kiosk

The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.

Special Request--From our pastor Fr. Joe.

As I approached the second anniversary as the Pastor of St. Helena Parish, I have begun the work of creating and installing a new Pastoral Council. An effective Pastoral Council represents all the various constituents of our community. With open discussion and prayer, the Council develops a pastoral plan addressing the current needs of our Faith Community, but more importantly, helps to set a plan of action for the future.

If you are interested in offering your time and talents to serve the parish as a member of the Pastoral Council or if you have any questions, suggestions or recommendations, please send an email to Pastoralcouncil@sainthelenachurch.org

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

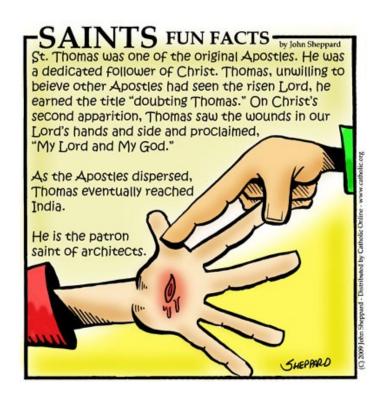
Must have received the Sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two Godparents (for Baptism), one must be male and one must be female.

A Godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.



MEMORIALS AVAILABLE AT ST. HELENA

ANNOUNCED & UN-ANNOUNCED MASSES

Are available (\$20) in the Parish Office during business hours. We have Mass cards available for the Sick, Living & Deceased.

SAINT THERESA GUILD

Saint Helena Parish started a *Saint Theresa Guild* many years ago. We dedicate our Saturday 9 AM Mass to the living and deceased members of this Guild. The names of the members are in a book that is present at the Mass. To have the name of a friend or loved one entered into *Saint Theresa Guild* come to the rectory office during business hours. A donation of \$25 is requested.

CANDLES

Candles in the Church and Chapel can be purchased (\$20 each) in Honor or in Memory of a loved one. The candle will burn for a week, beginning Saturday's Vigil Mass till the following Saturday.

Candles are available in the Church at:

The Sanctuary Candle

The Blessed Mother Altar, up to 4 candles may be lit

The St. Joseph Altar, up to 4 candles may be lit

The Sacred Heart Statue on the Altar in the Narthex, up to 4 candles may be lit

Candles are available in the Chapel at:

The Sanctuary Candle

The Altar, up to 4 candles may be lit on the Altar

BREAD & WINE

The Bread & Wine can be purchased for a week (\$30) in Honor or in Memory of a loved one.

All Memorials can be purchased in the Parish Office during business hours.

SANCTUARY FLOWERS

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call **THERESA SMITH** at 215-646-7636 to learn about details and availability.

THE SHEPHERD IS LOOKING FOR LOST SHEEP



Please help identify people who once attended Saint Helena or Saint Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your

help. Simply fill this out and drop it in the collection basket.

NA	ME:			
Pho	one # (&	k or) Ac	ldress:	
I I				
Con	nments	:		

WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

BEQUESTS

The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.

Kathleen Schoemaker, Margaret Donahue, Lorraine Gigliello, Margaret (Peg) Tannenbaum, John H. Quillinan, III, David R. Bright, Mary Ann Christ, Elizabeth Foster, Marie Sommers, Martin J. Payton, Jr., Wanda James, & Angela M. Holbrook

WE REMEMBER

and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.

We ask that you please keep them in your prayers:

Kathleen & James Fenerty, Louis R. DiMaria, Jim Dougherty, Elsie McDermott, Rita Sciarra, Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel, Edward Wykstra, Daniel Bagley, Frank Groarke, & Connie Swan.

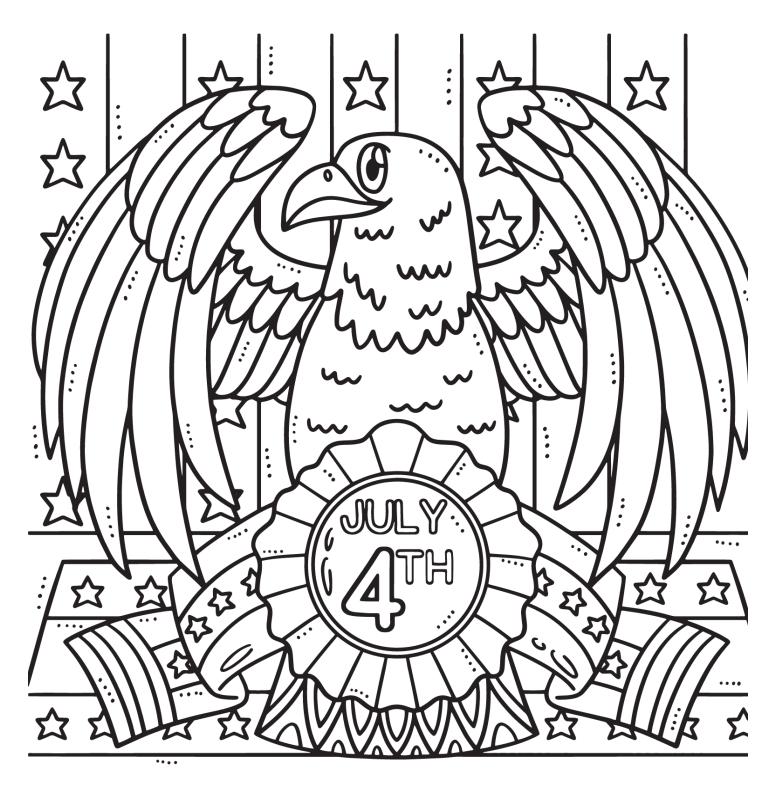
INDEPENDENCE DAY PRAYER

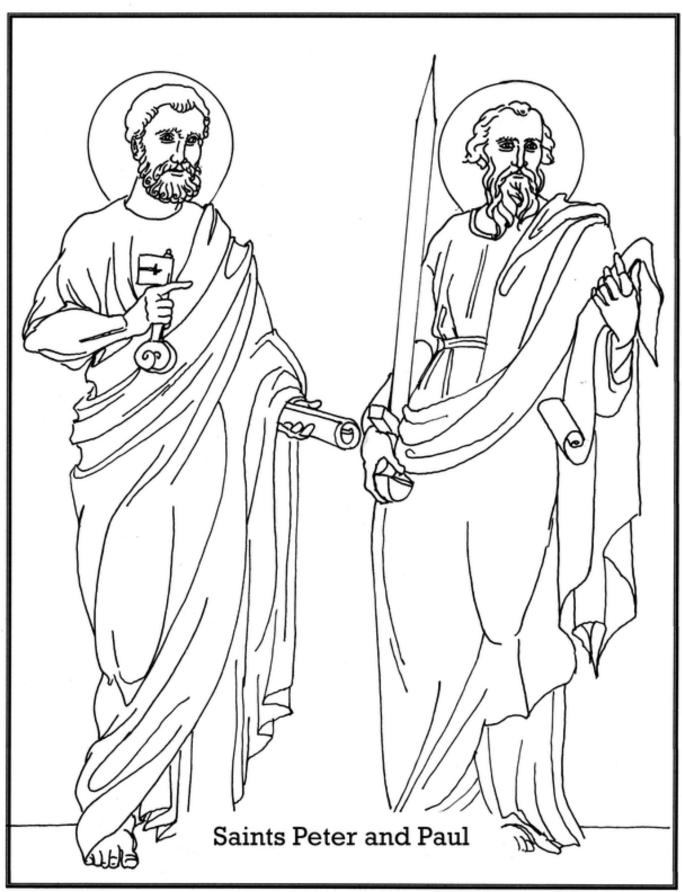
God, source of all freedom, this day is bright with the memory of those that declared that life and liberty are your gift to every human being. Help us to continue a good work begun long ago. Make our vision clear and our will strong; that only in human solidarity will we find liberty, and justice only in the honor that belongs to every life on earth. Turn our hearts towards the family of nations: to understand the ways of others, to offer friendship, and to find safety in the common good for all. We ask this through Christ our Lord, Amen.

Prayer by the USCCB



INDEPENDENCE DAY





by eileen cunis for verityed.com

Pope Leo was a very good student.
One of his favorite things to learn about was math.

What is your favorite thing to learn about?



CAN YOU DRAW YOURSELF IN SCHOOL TO SHOW POPE LEO WHAT YOU LOVE TO LEARN ABOUT?

Rosa