SAINT HELENA CHURCH

He was lost and has been found.

Luke 15:32



+ 4TH SUNDAY OF LENT



OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in *ONE FAITH*, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial

Administrator of St. Titus

Rev. Samuel A. Verruni: Senior Priest

Rev. Dr. Kyle M. Adamczyk: Parochial Vicar

Msgr. Joseph J. Nicolo: Pastor Emeritus

Deacon Przemek Rozestwinski

Deacon Claude Granese

A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt
School Secretary: Mrs. Megan Tronoski
School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870

Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349 Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749 Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel Saturday: 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Holy Days: Vigil: 7:00 PM,

Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM Saturday Vigil Mass: 4:30 PM Sunday: 10:00 AM Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church St. Titus – Saturday at 3:30 PM in the Church or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11: 30 AM (Grotto)
Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A Pre-Baptism class is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to <u>Archphila.org</u>, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office at 610-275-7711.

PARTNER PARISH MASS INTENTIONS

Sat., March 29

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† Living & Deceased members of the

Brady Family

Req. by Mr. & Mrs. John Brady

4:30 PM - St. Titus

† LaRue & Arthur O'Neil

Req. by Judy Annabel

Sun., March 30

7:30 AM - St. Helena Church

† For the People of the Parish

9:00 AM - St. Helena Church

† James Smith

Req. by Joan & Jeff McQuade

10:00 AM - St. Titus

† Jean McCracken

Req. by the McCracken Family

11:00 AM - St. Helena Church

† John J. Humma, Jr.

Req. by Jason & Sara Werkley

Mon., March 31

8:00 AM - St. Titus

† Living & Deceased Members of St. Titus

9:00 AM - St. Helena Chapel

† Richard Zoog

Req. by Ann Kerns

Tues., April 1

8:00 AM - St. Titus

† Charles Gale, III

Req. by the Granese Family

9:00 AM - St. Helena Church

† Eleanor Kovach

Req. by Tony & Marlene Vento

Wed., April 2 - St. Francis of Paola

9:00 AM - St. Helena Chapel

† Richard Zoog

Req. by Ann Kerns

Thur., April 3

8:00 AM - St. Titus

† James B. Tickner

Req. by Betsy & Mike McAvoy

9:00 AM - St. Helena Chapel

† Greg Loeper

Req. by Lucy, Jamie, Bella, Jeannie & Vaughan

PARTNER PARISH MASS INTENTIONS

Fri., April 4 - St. Isidore

8:00 AM - St. Titus

† George Spelling

Req. by the Spelling Family

9:00 AM - St. Helena Chapel

† Anne Morton Flashner

Req. by Deirdre Collins

Sat., April 5 - St. Vincent Ferrer

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† Karen Fiori

Req. by Pat Osborne

4:30 PM - St. Titus

† Shirley Gioia

Req. by the Brenner Family & Martha Heid



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Sue Eason,
Lorraine Perri, Mike Piskai, Jr., Linda Weikert,
Patty Kurkowski, William Lawrence, Joan DiDonato,
Casey Interrante, Alec Jensen, Kristen Gilia, Al Slusarz,
Bruce Shepherd, Jong Soo Sohn, Carletta Sohn,
Msgr. Beach, Kevin Hogan, Charlotte Yacovelli,
Sr. Fran Reinhardt O.S.F., Kaye Grasso, Marsha Tinti,
Richard Kellerman, William Yacovelli, Danny Matoney,
Nicolette Theisen, Nancy Matozzo, Sarah Jammer,
Anthony Grasso.



PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father,

Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

FLORENCE QUINN, DONALD DI FILIPPO

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Chapel burns in memory of

JOE & MARY FLAHERTY

Requested by their Siblings.

THANK YOU FOR YOUR TITHE!

for weekend of March 23, 2025

PLATE: \$ 13,101 E GIVING: \$ 10,630 MAIL-IN: \$ 4,556

How to set up for Electronic Giving:

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to

ParishGiving.org

and begin making your weekly offering through Parish Giving. We ask that you still use your weekly envelopes when attending Mass.

Mark them as I've given electronically.

LITURGICAL MINISTRIES

APRIL 5 & 6

CELEBRANTS & DEACONS

Saturday, April 5

4:00 PM Fr. Joe (Deacon Przemek **4:30 PM** Fr. Sam (Deacon Claude)

Sunday, April 6 7:30 AM Fr. Drew **9:00 AM** Fr. Sam

10:00 AM Fr. Kyle (Deacon Claude)11:00 AM Fr. Joe (Deacon Przemek)

Philadelphia Archdiocese News WHAT'S HAPPENING TO THE PARISHES TODAY!

In February, the Archdiocesan Strategy Office and Catholic Leadership Institute released information about the missionary hub planning process, which was announced earlier this year through Archbishop Perez' pastoral letter.

To learn more, read Archbishop Perez's letter, and to view videos related to the missionary hub planning process, scan the QR code or visit trustandhope.org

Topics include...

- Archbishop Perez's pastoral letter.
- What is a Missionary Hub?
- What goes into a parish?
- Aren't a Parish and the Church the same?



THE DISCIPLE MAKER INDEX IS LIVE AT ST. HELENA!

DISCIPLE MAKER INDEX

Together we must embrace Christ's vision for missionary discipleship so our parish can thrive and be a place for others to grow together in faith. The very first step in this process involves

assessing our greatest strengths and opportunities. That is where the Disciple Maker Index comes in!

The 10–15-minute survey will ask you to reflect on your own spiritual growth and enable you to provide your perspective on our parish's efforts to help you grow in relationship with Christ. All responses will be confidential, and the parish will only receive information about the community as a whole.

Thank you for helping with this important project and please continue to pray for this intention for our parish.

To access the survey, scan the QR code or contact Christian at 610-275-7711

PARISH EVENTS FOR THIS WEEK

SUNDAY, MARCH 30

Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, MARCH 31

Daily Mass: 9:00 AM - Chapel

Prayer Shawl Ministry: 12:30 PM - Lady of Fatima

• Robotics: 6:00 PM - Cafeteria

• Daisy/Brownies: 6:15 PM - Library

TUESDAY, APRIL 1

Daily Mass: 9:00 AM - Church

• Walking with Purpose: 1:00 PM - Convent

• Spring Show Practice: 3:15 PM - Rec. Center

• Adult Basketball: 5:30 PM - Rec. Center

PREP: 6:00 PM - Education Center

PREP Confessions: 6:30 PM - Church

3 on 3 Basketball: 7:30 PM - Rec. Center

CYO Board Mtg.: 7:30 PM - Our Lady of Mercy

WEDNESDAY, APRIL 2

Daily Mass: 9:00 AM - Chapel

Spring Show Practice: 3:15 PM - Rec. Center

• New Beginnings, II: 6:30 PM - Cafeteria

Adult Faith Formation: 7:00 PM - Constantine Room

THURSDAY, APRIL 3

Daily Mass: 9:00 AM - Chapel

• Walking with Purpose: 9:00 AM - Convent

Spring Show Practice: 3:15 PM - Rec. Center

Egg Decorating: 6:00 PM - Art Room

Robotics: 6:00 PM - Cafeteria

• RCIA: 7:00 PM - Our Lady of Mercy

St. Titus. Stations of the Cross: 7:00 PM - Church

FRIDAY, APRIL 4

Daily Mass: 9:00 AM - Chapel

Mornings with Mom: 7:30 AM - Rec. Center

Senior Board Mtg.: 10:00 AM - Our Lady of Mercy

NOON DISMISSAL: School

• Brownies: 12:00 PM - Art Room

Stations of the Cross: 7:00 PM - Church

SATURDAY, APRIL 5

Daily Mass: 9:00 AM - Church

Men's Fellowship Group: 7:00 AM - Convent

• St. Titus Clothing Drive: 9:00 AM - Parking Lot

Vigil Mass: 4:00 PM - Church

SUNDAY, APRIL 6

Masses: 7:30, 9:00, 11:00 AM - Church

Confirmation Practice: 1:00 PM - Church

Youth Group: 6:00 PM - Convent

HELP WANTED!

Saint Helena has a couple of jobs available working in the Church as a Sacristan.

- 1. Weekend Positions: One weekend a month responsibilities include: opening doors, putting on lights, setting up for Mass, preparing the sacred vessels, arranging the offertory, setting up for Baptisms, locking the church, etc.
- 2. <u>Funeral Positions</u>: Flexible, during the week when a Funeral Mass is scheduled. Same responsibilities as listed above.

If interested, please call Father Joe at 610-275-7711.

NEW BEGINNINGS II

Are you a **Widow or Widower** looking for someone who understands you? Join us at St. Helena School Cafeteria on the first Wednesday of the month.

Next Meeting is April 2, 2025.

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874. Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the Sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two Godparents (for Baptism), one must be male and one must be female.

A Godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.

THE SACRED TRIDUUM SCHEDULE

Lenten Penance Services

Saint Titus, Monday, April 14th @ 7pm Saint Helena, Tuesday, April 15th @ 7pm

Saint Helena

Holy Thursday, April 17th, Mass of the Lord's Supper @ 7pm Good Friday April 18th, The Passion of the Lord @ 3pm Outside Stations of the Cross @ 7pm Holy Saturday, April 19th, Easter Vigil @ 7pm Easter Sunday Masses, April 20th, 7:30am, 9am, 11am

Saint Titus

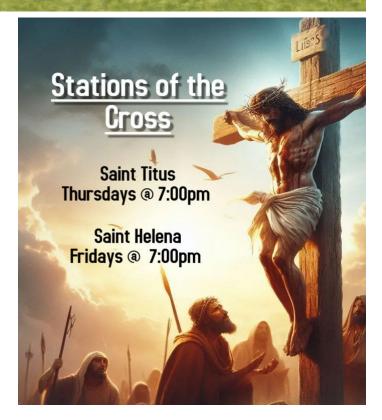
Holy Thursday, April 17th, Mass of the Lord's Supper @ 7pm April 18th, Good Friday Mid-day prayer & Stations @ 12pm The Passion of the Lord @ 7pm Holy Saturday, April 19th, Easter Vigil @ 7pm Easter Sunday Mass, April 20th, 10am







Hunger is a year-long issue for many in our community. In our land of plenty, people, including children, many experience food insecurity on a daily basis. To assist the needy in our area, Saint Helena is holding an Easter Food Drive to supplement Martha's Choice Marketplace, in downtown Norristown. Canned goods and non-perishable food items can be dropped off in the Narthex of the Church from now until April 13. Let's share our blessings with the less fortunate and help them enjoy an Easter feast!



April 11, 2025 Lenten Dinner Order Form



To order on line through PayPal, please go to https://forms.pabbly.com/form/share/Ghu3-722602221

This ordering link is located at the Knights website www.shkofc.com or use this Drop Off Order Form

Please fill out and print 2 copies of your order. Drop off 1 copy of your order form along with a check made payable to "KofC Council 14210", in an envelope marked "Knights of Columbus Fundraiser" to the Parish Office on or before Monday, April 7. We will call you to confirm your order once we receive it. Bring the 2nd copy of your order with you when you come to dine or pick-up your order on April 11, 2025.

If you have any questions John Schmidt at <u>schmidt@udbell.org</u> or 610-405-3097 Dinner or Pick-up is on Friday, April 11 between 5:00 and 7:15 pm at the Empress Ballroom

Please check if you will Dine In or Pick Up

Name: Phone: E Mail: **Entrée Total Price** Quantity Entrée (includes sides) \$13 Flounder Fish'n Chips \$13 Crab Cake Sandwich \$13 **Shrimp Basket** \$15 **Grilled Salmon** \$16 \$13 Eggplant New England Clam Chowder \$6 **Pierogies** \$6 Caesar Salad \$6 \$6 Grilled Cheese Sandwich Mac and Cheese \$6 Baked Ziti \$6 Child's Pizza \$6 **Total Order**

Orders must be preordered and paid for on or before Monday, April 7, 2025.

Saint Helena School Application and Enrollment

We are so excited! We are accepting applications for new students entering PreK 3 through Grade 7 has begun. Please go to our website

<u>www.sainthelenaschool.org</u>, and then click the square - "New Student Application."

If you have any questions regarding applications and registration, please contact Mrs. Jennifer Laub at <u>jlaub@sainthelenaschool.org</u> or 610-279-3345.

Thank you for your interest.

Pysanky, Ukrainian Egg Decorating



You are invited to join Carolyn Shields in decorating Ukrainian Eggs on Thursday, April 3rd at 6 PM in the Art Room. Cost is \$25.00 and for those who already have a kit, it is \$10.00.To sign up, contact Theresa Smith

at theresacsmith@verizon.net or call 215-646-7636.



Movie Night: *Cabrini* Wednesday, April 9

Join us for a screening of *Cabrini*, the powerful true story of Saint Frances Xavier Cabrini, a woman of unwavering faith and determination who overcame incredible obstacles to serve immigrants and the poor. Be inspired by her remarkable journey and witness her legacy of love and perseverance. The movie will be shown in the Empress Room.

Doors Open: 6:00PM Movie Begins: 6:30 PM

Light refreshments will be available at the concession stand in the Constantine Room. All proceeds will go to the Bereavement Ministry.

Come enjoy an evening of faith, fellowship, and inspiration!

Recommended for High School Students and Adults.



Contact Christian with any questions 610-275-7711



Sunday, March 30 — Stuffing Easter Eggs Project Saturday, April 12 — "Operation Resurrection" Sunday, April 13 — Rosary Walk and Pizza Sunday, April 27 — Hike & Picnic at Valley Forge

Our youth group is open to all teens in 8th-12th grades. We try to live as disciples of Jesus Christ and develop our full personal and spiritual growth through prayer, formation, service, and community.

Meetings are usually held on Sunday evenings in the parish convent from 7 to 8:15 pm, with a mix of spiritual formation, service, prayer and fraternal outings to help teens grow as disciples of Christ.

Scan the QR code below to receive emails on meetings & events
Contact: Christian Thompson at

Contact: Christian Thompson at cthompson@sainthelenachurch.org





Calling All Engaged &

Newly Married Young Adult Couples!

Are you engaged or in the first 5 years of marriage? Do you and your spouse desire to grow in faith, strengthen your relationship, and build community with other Catholic couples?

Our parish is looking to start a new group for Young Newly Married & Engaged Couples. The purpose of this group would be a place where couples can come together to learn, discuss, and grow in their vocation of marriage.

This group will offer:

- Engaging discussions on faith, marriage, and family life
- Opportunities to build friendships with other engaged & young married couples
- A supportive community to journey together in Christ

We'd love to hear from you! If you're interested in being part of this new group, scan the QR code to fill out our Young Married & Engaged Couples Interest Form.

Any questions? Contact Christian at cthompson@sainthelenachurch.org

THE SHEPHERD IS LOOKING FOR LOST SHEEP

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME:	
Phone # (& or) Address:	
Comments:	



Answer the Call to Proclaim God's Word

Are you being called to share the beauty of Scripture with others? We are looking for Lectors to proclaim the Word of God at Mass!

As a Lector, you will:

- Proclaim Sacred Scripture at Mass
- Deepen your love for God's Word
- Serve the parish in a meaningful ministry

No experience? No problem! We provide training and support to help you proclaim with confidence and reverence.

If you have a heart for Scripture and a voice to share it, we'd love to have you join this important ministry! Sign up today by contacting the parish office at 610-275-7711 or email Christian at cthompson@sainthelenachurch.org



Legion of Mary

Legion of Mary invites you to **Marian Day** on **April 5th at 8:00 AM in Empress Room**. Cost is \$35 a person includes Continental Breakfast and a Buffet Lunch, with Rev. Father Stephen P. DeLacey as Speaker. 1st Talk: "Dive into the Jubilee Year 2025 - Hope does not disappoint". 2nd Talk: "Blessed Mary helps us to experience the Jubilee Year."

Registration is required. Call Alice Kane 610-803-4467 or JoAnn Stanger 267-918-2536 to register.

The Spirit of the Legion of Mary

"The Spirit of the Legion of Mary" book of 22 essays by Frank Duff touches on profound principles pertaining to the family, including...

- Are you hesitating when considering "Marriage"?
- Giving our children due respect and trust in "Thy Children as Olive Plants".
- What is the point of sending your child to "The Catholic School"?
- What role does "Fear" play in your life?
 Listen to the conversation of five men doomed to die in a disabled submarine in "I Must be About my Father's Business".

PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

Join us on Monday's from 12:30 PM till 2:30 PM in the Convent OR Knitting/Crocheting can be done at home.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.

RESPECT LIFE CORNER



"The child is the beauty of God present in the world, that greatest gift to a family."

(St. Teresa of Calcutta)

Cooperate with God's plan for life. Pray with us for others to also cooperate with God. Sign up next weekend at our table in the Narthex after Masses for our parish's 40 Days for Life Prayer Vigil on Sat., April 12th!

Here's a photo of some of us who prayed an hour with our clergy last year:



A Jubilee Year of Hope **2025**



2025 is the Jubilee Holy Year, the 2,025th anniversary of the Incarnation of our Lord, an "event of great spiritual, ecclesial, and social significance in the life of the Church." The concept of "Jubilee" has its origins in the Book of Leviticus (chapter 25) as a special year of reconciliation, pilgrimage, and coming home. Pope Francis has designated the 2025 Holy Year as a time to renew ourselves as "Pilgrims of Hope."

The Jubilee Prayer

Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever.

Amen.



WEDNESDAY ROSARY GROUP

WEDNESDAYS, 11:30 AM in the St. Theresa Chapel.

New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.

+ 4TH SUNDAY OF LENT







