

..I shall cultivate the
ground around it and
fertilize it

LUKE 13:8



1489 DeKalb Pike, Blue Bell . PA .19422

610-275-7711 (Phone)

© JPPC



OUR PARISH MISSION STATEMENT

ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Pastor of St. Helena & Parochial Administrator of St. Titus

Rev. Samuel A. Verruni: Senior Priest

Rev. Dr. Kyle M. Adamczyk: Parochial Vicar

Msgr. Joseph J. Nicolo: Pastor Emeritus

Deacon Przemek Rozestwinski

Deacon Claude Granese

A. Kenneth Belanger: Retired Deacon

PARISH OFFICE:

Phone: 610-275-7711

Web Site: www.sainthelena-centersquare.net

Email: parish@sainthelenachurch.org

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call the office to make an appointment.

EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt

School Secretary: Mrs. Megan Tronoski

School Nurse: Mrs. April Maxwell

PREP (PARISH RELIGIOUS EDUCATION PROGRAM):

Phone: 610-279-3870

Interim Dir. of Religious Education: Rev. Dr. Kyle Adamczyk

DIRECTOR of PARISH SERVICES:

Phone: 610-930-0349

Mr. Christian Thompson

FACILITIES MANAGER:

Phone: 610-322-5749

Mr. Vince Thompson

FACILITIES DIRECTOR:

Phone: 610-275-7711

Mr. Jay Maiale

GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There is no need to pre-arrange or notify anyone before Mass.

ST. HELENA MASS SCHEDULE:

Monday - Saturday: 9:00 AM Chapel

Saturday: 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Holy Days: Vigil: 7:00 PM,

Holy Day: 9:00 AM, & 12:15 PM

ST. TITUS MASS SCHEDULE

Monday, Tuesday, Thursday, Friday: 8:00 AM

Saturday Vigil Mass: 4:30 PM

Sunday: 10:00 AM

Holy Day: 10:00 AM

SACRAMENT OF RECONCILIATION:

St. Helena - Saturday at 3:00 PM in the Church

St. Titus - Saturday at 3:30 PM in the Church

or call St. Helena Parish Office to make an appointment

ST. THERESA CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM and Sunday from 7:00 AM to 5:00 PM.

SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM

Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11:30 AM (Grotto)

Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

A Pre-Baptism class is required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for a class.

SACRAMENT OF MARRIAGE:

At least 6 months prior to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to Archphila.org, under Marriage preparations to take the class on-line.

SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office at 610-275-7711.

PARTNER PARISH MASS INTENTIONS

Sat., March 22

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† John Klenk

Req. by the Klenk Family

4:30 PM - St. Titus

† Rosemary Giovinco

Req. by the Giovinco Family

Sun., March 23

7:30 AM - St. Helena Church

† For the People of the Parish

9:00 AM - St. Helena Church

† Herman Lutz

Req. by Bud Hansen

10:00 AM - St. Titus

† Eduardo & Antonia Ciccaglione

Req. by the McCracken Family

11:00 AM - St. Helena Church

† Gregory Loeper

Req. by Terri & Jeff Nadler

Mon., March 24

8:00 AM - St. Titus

† Peter Fazio

Req. by Deacon Claude & Nancy Granese

9:00 AM - St. Helena Chapel

† John Skeels

Req. by Maria Skeels

Tues., March 25

8:00 AM - St. Titus

† Helene Pileggi

Req. by the Malazita Family

9:00 AM - St. Helena Church

† Raymond S. Uccelletti, Jr.

Req. by his Family

Wed., March 26

9:00 AM - St. Helena Chapel

† John Duff

Req. by Wayne & Regina Katz

Thur., March 27

8:00 AM - St. Titus

† Sr. Veronica Plewinski

Req. by the Dawn Moran Family

9:00 AM - St. Helena Chapel

† Giovanni Del Monaco

Req. by Pat Osborne

Fri., March 28

8:00 AM - St. Titus

† Living & Deceased Parishioners of St. Titus

PARTNER PARISH MASS INTENTIONS

Fri., March 28

9:00 AM - St. Helena Chapel

† George Hancock

Req. by Eugenia Shane

Sat., March 29

9:00 AM - St. Helena Chapel

† Living & Deceased Members of the Saint

Theresa Guild

4:00 PM - St. Helena Church

† Living & Deceased members of the

Brady Family

Req. by Mr. & Mrs. John Brady

4:30 PM - St. Titus

† LaRue & Arthur O'Neil

Req. by Judy Annabel

Prayer for the Sick



In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.

In particular, please remember the following individuals:

Patrick Banicki, Dave Colman, Juan Barba, Sue Eason, Lorraine Perri, Mike Piskai, Jr., Linda Weikert, Patty Kurkowski, William Lawrence, Joan DiDonato, Casey Interrante, Alec Jensen, Kristen Gilia, Al Slusarz, Bruce Shepherd, Jong Soo Sohn, Carletta Sohn, Msgr. Beach, Kevin Hogan, Charlotte Yacovelli, Sr. Fran Reinhardt O.S.F., Kaye Grasso, Marsha Tinti, Richard Kellerman, William Yacovelli, Danny Matoney, Nicolette Theisen, Nancy Matozzo, Sarah Jammer, Anthony Grasso.

To add a name, please call the Parish Office at 610-275-7711. Names will remain listed for 2 weeks.

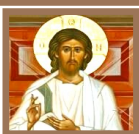


PRAY FOR OUR MILITARY

Please pray for all our military Personnel.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.

LTJG Rebecca McCool, LT. Brendan Koch, ENS John W Bushner, CPT Christopher Rongione



In your Christian charity and mindful of the Communion of Saints, please pray for

ALL OUR BELOVED DECEASED

ANGELINE GAMPICO, CAROL T. CAMPBELL,

FLORENCE QUINN, DONALD DI FILIPPO

May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

LITURGICAL MINISTRIES

MARCH 29 & 30

CELEBRANTS & DEACONS

Saturday, March 29

4:00 PM Fr. Drew

4:30 PM Fr. Kyle (Deacon Claude)

Sunday, March 30

7:30 AM Fr. Joe

9:00 AM Fr. Sam (Deacon Przemek)

10:00 AM Fr. Kyle (Deacon Claude)

11:00 AM Fr. Joe (Deacon Przemek)

Philadelphia Archdiocese News WHAT'S HAPPENING TO THE PARISHES TODAY!

In February, the Archdiocesan Strategy Office and Catholic Leadership Institute released information about the missionary hub planning process, which was announced earlier this year through Archbishop Perez' pastoral letter.

To learn more, read Archbishop Perez's letter, and to view videos related to the missionary hub planning process, scan the QR code or visit trustandhope.org

Topics include...

- Archbishop Perez's pastoral letter.
- What is a Missionary Hub?
- What goes into a parish?
- Aren't a Parish and the Church the same?



THANK YOU FOR YOUR TITHE!

for weekend of March 16, 2025

PLATE: \$ 15,045

E GIVING: \$ 8,440

How to set up for Electronic Giving:

In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to

ParishGiving.org

and begin making your weekly offering through Parish Giving. *We ask that you still use your weekly envelopes when attending Mass.*

Mark them as I've given electronically.

THE DISCIPLE MAKER INDEX IS LIVE AT ST. HELENA!



Together we must embrace Christ's vision for missionary discipleship so our parish can thrive and be a place for others to grow together in faith. The very first step in this process involves assessing our greatest strengths and opportunities. That is where the Disciple Maker Index comes in!

The 10–15-minute survey will ask you to reflect on your own spiritual growth and enable you to provide your perspective on our parish's efforts to help you grow in relationship with Christ. All responses will be confidential, and the parish will only receive information about the community as a whole.

Thank you for helping with this important project and please continue to pray for this intention for our parish.

To access the survey, scan the QR code or contact the rectory office at 610-275-7711



CHILDREN'S TITHE

The Children of St. Helena are taught how to Tithe by bringing a non perishable item to Mass each week. During the Mass they are asked to come

forward with their gifts and place them in the baskets that are on the Altar steps. These non perishable items are then given to the Patrician Society, a local food bank.

We "Thank you" for helping to feed the least of our brothers.



PARISH EVENTS FOR THIS WEEK

SUNDAY, MARCH 23

- Masses: 7:30, 9:00, 11:00 AM - Church

MONDAY, MARCH 24

- Daily Mass: 9:00 AM - Chapel
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- Robotics: 6:00 PM - Cafeteria

TUESDAY, MARCH 25

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 1:00 PM - Convent
- Adult Basketball: 5:30 PM - Rec. Center
- PREP: 6:00 PM - Education Center
- PREP Stations of the Cross: 6:30 PM - Church
- 3 on 3 Basketball: 7:30 PM - Rec. Center

WEDNESDAY, MARCH 26

- Daily Mass: 9:00 AM - Chapel
- Adult Faith Formation - Metanoia: 7:00 PM Constantine Room
- Superhero Run Mtg.: 7:00 PM - Library

THURSDAY, MARCH 27

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- STREAM: 6:00 PM - Cafeteria
- Weblo: 6:00 PM—Library
- RCIA: 7:00 PM - Our Lady of Mercy
- **St. Titus, Stations of the Cross: 7:00 PM - Church**

FRIDAY, MARCH 28

- Daily Mass: 9:00 AM - Chapel
- Stations of the Cross: 7:00 PM - Church

SATURDAY, MARCH 29

- Daily Mass: 9:00 AM - Church
- Men's Fellowship Group: 7:00 AM - Convent
- Vigil Mass: 4:00 PM - Church

SUNDAY, MARCH 30

- Masses: 7:30, 9:00, 11:00 AM - Church

Heavenly Father, during this Lenten season, give me a new and expanded vision for my life. Help me to live full of faith. Teach me to find hope in the face of adversity. Amen.

Requirements for Sponsorship

The Code of Canon Law specifies the requirements for serving as a godparent or sponsor. Canon Law (Church Law) references are Canons 851.2, and 872-874.

Godparents and sponsors must meet all of the following requirements, so please review them carefully before choosing godparents and sponsors.

The requirements to be a godparent/sponsor:

Must be someone other than the parent of the one to be baptized.

Must have received the Sacraments of Baptism, Holy Eucharist, and Confirmation.

Must be at least 16 years of age.

If there will be two Godparents (for Baptism), one must be male and one must be female.

A Godparent/sponsor must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church. If single, must be striving to live a chaste life and cannot be living with a person outside of marriage.

Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist. Registration in their local parish is encouraged so that they may participate fully in the life of the Church through their parish.

Adult Faith Formation, Lenten Series

“Metanoia: A Journey with Christ”

Series Details

When: Wednesdays March 26 & April 2
7:00 - 8:15 PM

Where: St. Helena - Empress Room

Who: All Adults. Invite a friend & neighbor!
Join us for prayer, teaching, small group discussion

Series topics include:

Who do YOU say Jesus is?
How do I get to Heaven?
How can I be countercultural?
Why do I have to pray?
How do I do spiritual warfare?

Scan the QR code to learn more, watch the trailer, and sign up for our series!



RSVP & Questions? Contact Christian Thompson
cthompson@sainthelenachurch.org

Saint Helena School Application and Enrollment

We are so excited! We are accepting applications for new students entering PreK 3 through Grade 7 has begun. Please go to our website www.sainthelenaschool.org, and then click the square - "New Student Application."

If you have any questions regarding applications and registration, please contact Mrs. Jennifer Laub at jlaub@sainthelenaschool.org or 610-279-3345.

Thank you for your interest.

HELP WANTED!

Saint Helena has a couple of jobs available working in the Church as a Sacristan.

1. **Weekend Positions**: One weekend a month - responsibilities include: opening doors, putting on lights, setting up for Mass, preparing the sacred vessels, arranging the offertory, setting up for Baptisms, locking the church, etc.
2. **Funeral Positions**: Flexible, during the week when a Funeral Mass is scheduled. Same responsibilities as listed above.

If interested, please call Father Joe at 610-275-7711.



**Calling All
Engaged &
Newly
Married
Young Adult
Couples!**

Are you engaged or in the first 5 years of marriage? Do you and your spouse desire to grow in faith, strengthen your relationship, and build community with other Catholic couples?

Our parish is looking to start a new group for Young Newly Married & Engaged Couples. The purpose of this group would be a place where couples can come together to learn, discuss, and grow in their vocation of marriage.

This group will offer:

- Engaging discussions on faith, marriage, and family life
- Opportunities to build friendships with other engaged & young married couples
- A supportive community to journey together in Christ

We'd love to hear from you! If you're interested in being part of this new group, scan the QR code to fill out our Young Married & Engaged Couples Interest Form.

Any questions? Contact Christian at cthompson@sainthelenachurch.org



Messiah 2.0

A Contemporary, Reverent and Powerful
Arrangement of Handel's Classic Oratorio

Parkside UCC Church

505 South Main Street, Phoenixville PA 19460

Saturday, April 12, 2025 7:30 PM

(limited seating)

assured seating email to: Messiahconcert@gmail.com

8

Saint Titus Catholic Church

3000 Keenwood Road, East Norriton, PA 19403

Palm Sunday, April 13, 2025 3:00 PM

Arranged & Conducted Mark Edwards

FREE WILL OFFERING

With Choir & Orchestra, featuring electric guitar,
keyboards, drums and percussion



RESPECT LIFE CORNER

Save the date of April 12th!

This year's 40 Days for Life Spring Campaign, a worldwide, life-saving event, runs from

March 5th through April 13th.

The **Saint Helena Respect Life Ministry** will lead a peaceful, prayerful vigil at Norristown Planned Parenthood, 1221 Powell Street; **Saturday, April 12th**. *Bring your family, friends & rosary beads! Come pray with us for **one hour**, anytime between 9AM & 3PM!*

As always, you are encouraged to pray daily for the end of abortion and go to the Planned Parenthood on other days, too, especially Thursdays when abortion pills are dispensed. Pray for the conversion of parents and staff there and for babies' lives.

Daily devotionals & more information are available at www.40daysforlife.com

This Month's Papal Intention

For families in crisis Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.



Register Now!

Please plan to attend the Third Annual

Life Advocate Resource Conference

Saturday, April 5, 2025
9 a.m. – 1:00 p.m.

St. Matthew Church Hall
219 Fayette Street
Conshohocken, PA 19428

Join us as we once again bring the area pro-life community together. At the Conference, you can learn how to be more effective in your pro-life activities, meet with great organizations that save lives and serve moms and children and get to network with friends and associates who are all committed to building a Culture of Life.

The conference is free, and a free lunch will be provided, but **registration is required.**

To register, please send your name, address and phone number to lifeconference@prolifeunion.org.

Sunday, March 30 — Stuffing Easter Eggs Project
Saturday, April 12 — "Operation Resurrection"
Sunday, April 13 — Rosary Walk and Pizza
Sunday, April 27 — Hike & Picnic at Valley Forge

Our youth group is open to all teens in 8th-12th grades. We try to live as disciples of Jesus Christ and develop our full personal and spiritual growth through prayer, formation, service, and community.

Meetings are usually held on Sunday evenings in the parish convent from 7 to 8:15 pm, with a mix of spiritual formation, service, prayer and fraternal outings to help teens grow as disciples of Christ. Scan the QR code below to receive emails on meetings & events
 Contact: Christian Thompson at cthompson@sainthelenachurch.org



Movie Night: *Cabrini* Wednesday, April 9

Join us for a screening of *Cabrini*, the powerful true story of Saint Frances Xavier Cabrini, a woman of unwavering faith and determination who overcame incredible obstacles to serve immigrants and the poor. Be inspired by her remarkable journey and witness her legacy of love and perseverance. The movie will be shown in the Empress Room.

Doors Open: 6:00PM

Movie Begins: 6:30 PM

Light refreshments will be available at the concession stand in the Constantine Room. All proceeds will go to the Bereavement Ministry.

Come enjoy an evening of faith, fellowship, and inspiration! Bring your family and friends — all are invited!



Contact Christian with any questions
610-275-7711

WEDNESDAY ROSARY GROUP

WEDNESDAYS, 11:30 AM

in the
St. Theresa Chapel.



New meditations are offered each week for contemplation. All ages welcome. Bring your children, family and friends. Praying the rosary will change your life, your heart and our world.



PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry invites all who love to knit/crochet to offer their time and special talent by making blankets for our newly baptized and for the families of our departed.

Joining us on Monday's from 12:30 PM till 2:30 PM in the Convent OR Knitting/Crocheting can be done at home.

For more information about this Ministry please contact Suzanne Staffieri at 610-279-0948.



Legion of Mary

Legion of Mary invites you to **Marian Day** on **April 5th at 8:00 AM in Empress Room**. Cost is \$35 a person includes Continental Breakfast and a Buffet Lunch, with Rev. Father Stephen P. DeLacey as Speaker. 1st Talk: "Dive into the Jubilee Year 2025 - Hope does not disappoint". 2nd Talk: "Blessed Mary helps us to experience the Jubilee Year."

Registration is required. Call Alice Kane, 610-803-4467 or JoAnn Stanger, 267-918-2536 to register.
Speaker:

The Spirit of the Legion of Mary

"The Spirit of the Legion of Mary" book of 22 essays by Frank Duff touches on profound principles pertaining to the family, including...

- Are you hesitating when considering "Marriage"?
- Giving our children due respect and trust in "Thy Children as Olive Plants".
- What is the point of sending your child to "The Catholic School"?
- What role does "Fear" play in your life? Listen to the conversation of five men doomed to die in a disabled submarine in "I Must be About my Father's Business".



Answer the Call to Proclaim God's Word

Are you being called to share the beauty of Scripture with others? We are looking for Lectors to proclaim the Word of God at Mass!

As a Lector, you will:

- Proclaim Sacred Scripture at Mass
- Deepen your love for God's Word
- Serve the parish in a meaningful ministry

No experience? No problem! We provide training and support to help you proclaim with confidence and reverence.

If you have a heart for Scripture and a voice to share it, we'd love to have you join this important ministry! Sign up today by contacting the parish office at 610-275-7711 or email Christian at cthompson@sainthelenachurch.org

Statements of Income and Expenses - Fiscal Year ended June 30, 2024**Saint Helena Church**

Sunday Collections	\$1,423,047
Other Collections	336,128
Stole Fees	41,645
Socials & Donations (net)	42,433
Religious Education	55,298
Interest & Dividends	169,388
Rental Income	41,624
Bulletin & Misc. Income	5,632
Legacies & Bequests	<u>62,014</u>
Total Income	<u>\$2,177,209</u>
 Diocesan Assessment	 \$ 249,700
Salaries/Payroll Taxes/Benefits	569,916
Vehicle/Property Insurance	83,442
Pastoral Administration	73,169
Contracted Svcs/Prof. Fees	108,219
Outside Printing & Publications	16,916
Office Supplies & Equipment	15,404
Liturgical & Altar Supplies	29,661
Religious Education Programs	39,969
Rectory Operating Expenses	36,013
Rectory Maintenance Expenses	26,439
Church Maintenance Expenses	150,275
Convent Maintenance Expenses	8,803
Utilities	69,632
Subsidy to the School	100,000
Additions to Church/Convent (1)	<u>83,643</u>
Total Expenses	<u>\$1,661,201</u>

Saint Helena School

Tuition Income (2)	\$2,285,448
Other Fees	78,498
Socials & Donations (net)	31,708
CARES Income (net)	24,784
Cafeteria Income	3,203
Subsidy from Parish	100,000
Other Income	<u>10,239</u>
Total Income	<u>\$2,533,880</u>
 Salaries/Payroll Taxes/Benefits	 \$2,059,131
Property Insurance	39,902
School Administration	24,465
Contracted Svcs/Prof. Fees	62,462
Outside Printing & Publications	660
Office Supplies & Equipment	21,233
Instructional Material	61,548
School Maintenance Expenses	95,246
Utilities	64,213
Additions to School (3)	<u>47,400</u>
Total Expenses	<u>\$2,476,260</u>

Operating income/expenses do not include any income or losses from investments. Our financial statements are subject to an independent review by the Archdiocese. Our last review was performed by BakerTilly, LLP, in January 2023 for the fiscal year ended June 30, 2022. This report is available to review in the rectory on request.

Continued on Page 10

NOTES TO STATEMENTS OF INCOME AND EXPENSES

1. Additions to Church/Convent - This amount includes the labor and materials costs expended after June 30, 2023 for the addition of a pitched rooftop on the convent, outdoor lighting for the back parking lot, and replacing a section of gutters on the Church .
2. Tuition Income - This amount represents the net amount of tuition we received from school families and from outside tuition assistance sources (BLOCS, private scholarships, etc.). It should be noted that unfunded discounts are offered directly by St. Helena. For the 2023 - 2024 school year, St. Helena offered the following amounts in unfunded discounts: \$557,550 for qualified parishioners, \$216,615 in multi-child discounts for parishioners, and \$24,125 in various other unfunded discounts or financial aid paid by the parish.
4. Additions to School - This amount represents costs associated with installing a new ductless heating system in the cafeteria and a new compressor for the gym.

Annual Parish Easter Egg Saturday, April 12 at 11AM RSVP by April 5. Rain date April 19 Hunt



*The event is free, but registration is required. Allergy-friendly eggs will be available.
For more information, contact sainthelenapoc@gmail.com.*



A Jubilee
Year of Hope
2025



2025 is the Jubilee Holy Year, the 2,025th anniversary of the Incarnation of our Lord, an "event of great spiritual, ecclesial, and social significance in the life of the Church." The concept of "Jubilee" has its origins in the Book of Leviticus (chapter 25) as a special year of reconciliation, pilgrimage, and coming home. Pope Francis has designated the 2025 Holy Year as a time to renew ourselves as "Pilgrims of Hope."

The Jubilee Prayer

Father in heaven,
may the *faith* you have given us
in your son, Jesus Christ, our brother,
and the flame of *charity* enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform us
into tireless cultivators of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, *Pilgrims of Hope*,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

To you our God, eternally blessed,
be glory and praise for ever.

Amen.

BEQUESTS

**The following people have prayerfully made
bequests in their Wills to Saint Helena Church.
Please remember them in prayer as well.**

*Kathleen Schoemaker, Margaret Donahue,
Lorraine Gigliello, Margaret (Peg) Tannenbaum,
John H. Quillinan, III, David R. Bright, Mary Ann Christ,
Elizabeth Foster, Marie Sommers,
Martin J. Payton, Jr., Wanda James, &
Angela M. Holbrook*

**THE SHEPHERD IS LOOKING
FOR LOST SHEEP**

Please help identify people who once attended St. Helena or St. Titus Parish and have not been here for months or years. The parish would like to reach out and invite our people home. Thank you for your help. Simply fill this out and drop it in the collection basket.

NAME: _____

Phone # (& or) Address: _____

Comments: _____

CareNotes & Lighthouse Kiosk



The two Kiosk located in the Narthex contain CD's, Pamphlets, Prayer Cards, Books, and Rosary Beads.

We have two different programs, the CareNotes, a ministry of St. Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting. They are free to the public, however if you would like to make an offering please contact the Parish Office.

The Lighthouse program is through the Augustine Institute. These are available at a low cost that is printed on the Kiosk.

**WOULD YOU LIKE TO REMEMBER
SAINT HELENA IN YOUR WILL?**

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 \$X..00 to be used for the general purposes of Saint Helena Parish."

Third Week

Sunday

Jesus told the woman at the well that He would give us living water.



- When you are at Mass thank Jesus for giving Himself as food and drink.

Monday

Pilate condemned Jesus to be scourged at the pillar.

• Pray:

O My Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls to Heaven, especially those who are in most need of Thy mercy.

17

Tuesday

The soldiers took off Jesus' clothes and tied Him to a pillar.

- Sit on a hard chair for one minute and think of Jesus being scourged.

18

Wednesday

The soldiers whipped Jesus many times.

- Kneel and say a 'Glory Be.'



19

Thursday

Jesus bled so much that He became weak.



- Drink water instead of juice or pop today.

20

Friday

The soldiers roughly put the clothes back on Jesus.

- Be gentle to your friends or brothers and sisters, especially if they are sad.

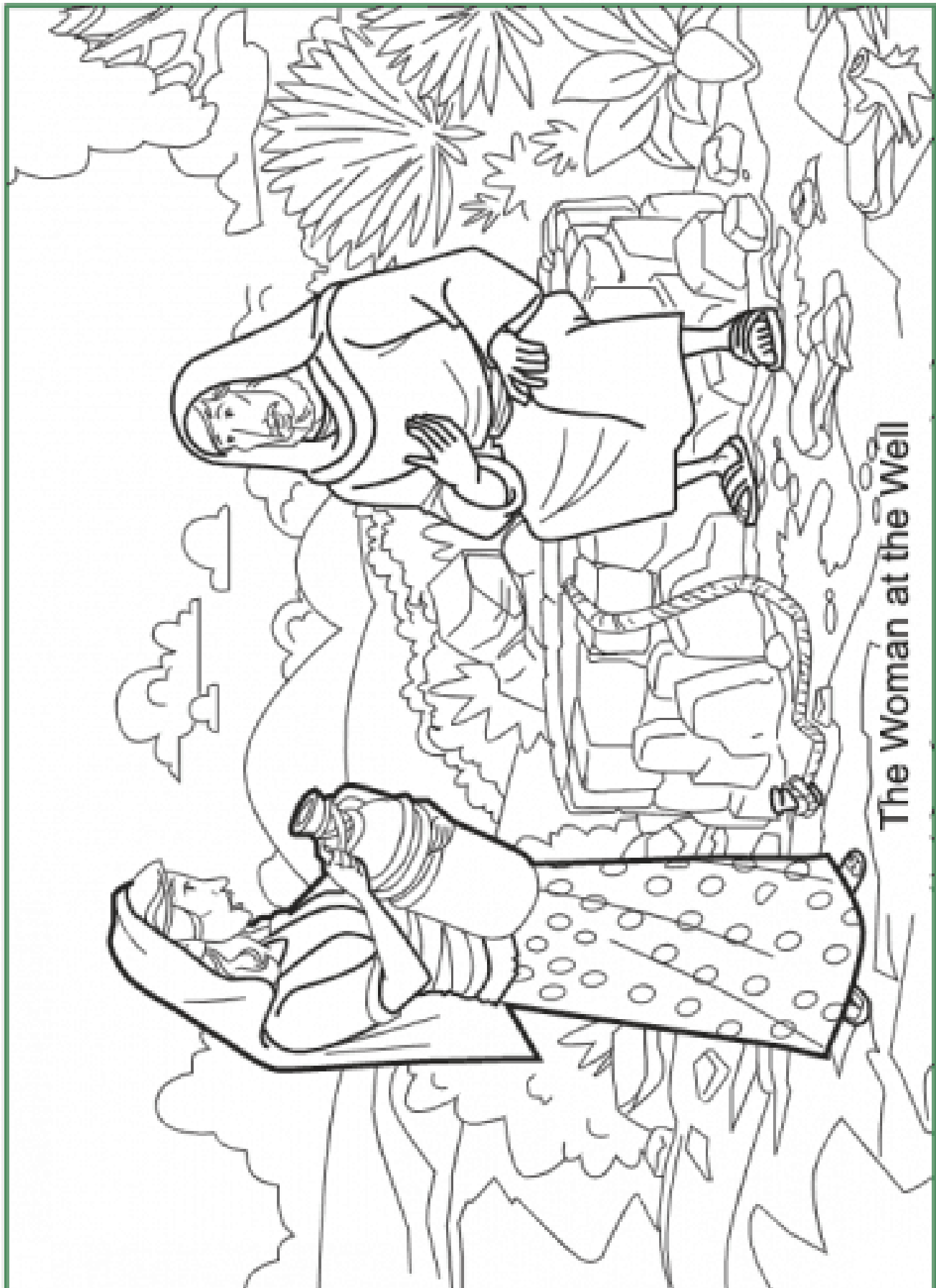
21

Saturday

Pray to Our Lady:

The angel of the Lord declared unto Mary, and she conceived by the Holy Spirit. (say a Hail Mary)
"Behold the handmaid of the Lord. May it be done unto me according to thy word." (say a Hail Mary)
And the Word became Flesh and dwelt among us. (say a Hail Mary.)

22



The Woman at the Well