

*Be watchful!  
Be alert!*

MARK 13:33

**SAINT HELENA CHURCH**  
1489 DeKalb Pike, Blue Bell . PA .19422  
610-275-7711 (Phone)    610-879-3701 (Fax)  
[www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)

**DECEMBER 3, 2023**  
**First Sunday of Advent**

©JPPC





# OUR PARISH MISSION STATEMENT

## ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

## ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

## ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

### PRIESTS/DEACONS:

Rev. Joseph W. Bongard: Parochial Admin. of St. Helena & St. Titus

Rev. Edward C. Kelly & Rev. Kyle M. Adamczyk:

Parochial Vicars, St. Helena & St. Titus

Msgr. Joseph J. Nicolo: Pastor Emeritus

Deacon A. Kenneth Belanger

Deacon Claude Granese: St. Titus & St. Helena

### PARISH OFFICE:

Phone: 610-275-7711

Web Site: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)

Email: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

NEW REGISTRATIONS, call Gina to make an appointment.

### EDUCATION CENTER:

1499 DeKalb Pike Blue Bell PA 19422

Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Miss Denise Britt

School Secretary: Mrs. Rene Ryan

School Nurse: Mrs. April Maxwell

### PREP:

Phone: 610-279-3870

Interim Dir. of Religious Education: Mr. Jonathan DeMent

DIR. of PARISH SERVICES: Mr. Christian Thompson

Phone: 610-930-0349

FACILITIES MANAGER: Mr. Vince Thompson

Phone: 610-322-5749

FACILITIES DIRECTOR: Mr. Bob Geiger

Phone: 610-275-7711

### PARISH MASS SCHEDULE:

Saturday 4:00 PM Vigil Mass

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Weekdays: Mon - Sat 9:00 AM

Holy Days: Vigil 7:00 PM, 9:00 AM, & 12:15 PM

### GLUTEN SENSITIVE OR WHEAT ALLERGY?

Any individual in need of receiving a low-gluten host should get in the communion line of the Priest who is the Main Celebrant of the Mass and request one when presenting oneself for Holy Communion. At all Masses, the Main Celebrant will have a pyx containing low-gluten hosts. There will be no need to pre-arrange or notify anyone before Mass.

### CHAPEL HOURS:

The Saint Theresa Chapel is open Monday - Friday from 6:30 AM to 9 PM; Saturday from 8 AM - 5 PM; & Sunday from 7 AM to 5 PM.

### SPIRITUAL DEVOTIONS:

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM

Most Holy Rosary: Mon-Sat 8:15 AM (Chapel)

Wednesdays: 11:30 AM (Grotto)

Divine Mercy Chaplet: Mon-Sun 3:00 PM (Chapel)

followed by recitation of Rosary

### SACRAMENT OF BAPTISM:

Baptisms are celebrated every Sunday *after* the 11:00 AM Mass. Please stop by the Parish Office for information on scheduling Baptism for your child.

*Pre-Jordan classes* are required for parents & optional for Godparents, and are *usually* offered the first Monday of the month at 7:00 PM in the Convent. Call the Parish Office to register for class.

### SACRAMENT OF MARRIAGE:

*At least 6 months prior* to your desired wedding date, contact the Parish Office to schedule an appointment with a Priest.

The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class before marriage. At this time we ask you to go to [Archphila.org](http://Archphila.org), under Marriage preparations to take the class on line.

### SACRAMENT OF ANOINTING OF THE SICK:

Arrangements can be made by calling the Parish Office.

### SACRAMENT OF RECONCILIATION/ CONFESSION:

**Saturdays at 3:00 PM** in the Church or contact the Parish Office to make an appointment.

**St. Titus Confessions: 3:30 to 4:00 PM.**

### MEMORIALS:

If you would like to have a spiritual memorial offered in memory or in honor of a loved one, (*Mass Cards, Candles, Bread & Wine*) stop by the Parish Office.

### SANCTUARY FLOWERS:

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call THERESA SMITH at 215-646-7636 to learn about details and availability.

## MASS INTENTIONS

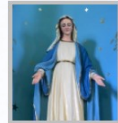
Mon., Dec. 4	9:00 AM - <b>St. John Damascene</b> † <b>William B. McKenna, Jr.</b> Req. by Bill & Ruth Loftus
Tue., Dec. 5	9:00 AM † <b>Landon Vargas</b> Req. by His Family
Wed., Dec. 6	9:00 AM - <b>St. Nicholas</b> † <b>Edward Stolarczyk</b> Req. by Brother Walter & Irene Stolarczyk
Thu., Dec. 7	9:00 AM - <b>St. Ambrose</b> † <b>Jack Veasy</b> Req. by Gina Malony
Fri., Dec. 8	<b>Immaculate Conception of the Blessed Virgin Mary</b> <b>HOLY DAY OF OBLIGATION</b> 9:00 AM & 12:15 PM Masses
Sat., Dec. 9	9:00 AM - <b>St. Juan Diego</b> † <b>The living and deceased members of the Saint Theresa Guild</b>

## MEMORIALS FOR THIS WEEK



The Sanctuary Candle in the Church  
burns in memory of  
**LONDON VARGAS**  
Requested by His Family

The Sanctuary Candle in the Chapel  
burns in memory of  
**SUZANNE & JIM BOTTINGER**  
Requested by Anna Marie & Les Schmalbach



A Candle burns at the Blessed Virgin Mary  
In memory of  
**CATHERINE LOJEWSKI**  
Requested by the Lojewski Family



A Candle on the Chapel Altar  
burns in memory of  
**Paul & Rosalind Kennedy Cusick**  
Requested by Kathleen Buzad

A Candle can be purchased (\$20) to burn for the week of, in honor or in memory of a loved one. They will be lit on Saturday through the following Saturday. We have candles in the Church at the Sanctuary, Blessed Mother Statue, St. Joseph Statue and in the Narthex at the Sacred Heart Statue. In the Chapel, we have the Sanctuary and on the Altar. They can be purchased in the Parish Office during business hours.

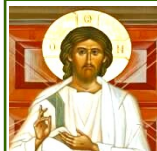


### PRAY FOR OUR MILITARY

*Please pray for all our military personnel especially:*

POI ELIZABETH FENERTY, CPT KEVIN MAGUIRE,  
SFC JAMES KILGORE, TSgt JAMES LAPORTE,  
SGT JOHN Z. MATEJA, LT NICHOLAS HUMES,  
CPL ANTHONY J. CICCARONE, LTJG BRENDAN J. KOCH,  
CPT EMILY M. LORENZO-WOMACK,  
CPT JONATHAN R. WOMACK, SSGT JOSEPH P. LORENZO,  
LT CHRISTINA TAORMINA-LAPORTE,  
LTJG ANDREW J. SCHUTTA,  
COL ELIZABETHANNE CAIN, ENS. REBECCA MCCOOL,  
1LT CHRISTOPHER RONGIONE &  
ENS JOHN W. BUSHNER.

Lord God, Almighty Father, Creator of humankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise now and forever. Amen.



In your Christian charity  
and mindful of the  
Communion of Saints,  
please pray for

### ALL OUR BELOVED DECEASED

May their souls and the souls of all the faithful departed  
through the mercy of God rest in peace. Amen.



Prayer for the Sick

**In your charity, please pray for our sick & home-bound parishioners, as well as those living in health/nursing facilities.**

**In particular, please remember the following individuals:**  
Patrick Banicki, Ed Mitchell, Sr., Dave Colman,  
Lorraine Perri, Teri Smyth, Juan Barba, Stephen Rosa,  
Jim Smith, Elizabeth Foster, John Nowak,  
Mike Piskai, Jr., Nicolette Theisen, Karen Meenan,  
Heather Flaherty, Elizabeth Kincaid, Kevin Sunday,  
Kevin Sullivan, Kieran Daly, Laurie Obitz,  
Suzetta Eason, Andrea Caperilla, Joe Matoney, Jr.,  
Stella Montoya.

To add a name, please call the Parish Office at  
610-275-7711. Names will remain listed for 2 weeks.

## LITURGICAL MINISTRIES

WEEKEND OF DEC. 7 & 10

### CELEBRANTS & DEACONS

#### Thursday, December 7

7:00 PM Fr. Kelly

#### Friday, December 8

9:00 AM Fr. Kyle (Deacon Claude)

12:15 PM Fr. Kelly

#### Saturday, December 9

4:00 PM Fr. Kelly

#### Sunday, December 10

7:30 AM Fr. Kyle (Deacon Ken)

9:00 AM Fr. Kyle

11:00 AM Fr. Kelly

### Lectors

#### Thursday, December 7

7:00 PM TBD

#### Friday, December 8

9:00 AM TBD

12:15 PM TBD

#### Saturday, December 9

4:00 PM T. Pantaleo, C. Kain

#### Sunday, December 10

7:30 AM A. Ilano, J. Bond

9:00 AM T. Yezzi, C. Buzad

11:00 AM P. Lorenzo, K. Ehrhart

### Ministers of Holy Communion

#### Thursday, December 7

7:00 PM TBD

#### Friday, December 8

9:00 AM Deacon Claude, J. Viscanti

12:15 PM T. Reigle

#### Saturday, December 9

4:00 PM M. Baxter, M. Skeels, T. Smith

#### Sunday, December 10

7:30 AM Deacon Ken, T. Gallagher, J. Oberlies

9:00 AM J. Baker, J. Dalhoff, D. Matoney,  
J. O'Doherty

11:00 AM S. Iannello, J. Kushnerick, B. Mulhern,  
V. Thompson

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## PARISH EVENTS FOR THIS WEEK

### SUNDAY, DECEMBER 3

- Masses: 7:30, 9:00, 11:00 AM - Church
- CYO Volleyball: 1:00 PM - Social & Rec. Center
- Christmas Choir Practice: 2:00 PM - Church
- Advent Evening Prayer: 6:00 PM - Chapel

### MONDAY, DECEMBER 4

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:45 AM - Convent
- Prayer Shawl Ministry: 12:30 PM - Lady of Fatima
- CYO Basketball: 4:30 PM - Social & Rec. Center
- Robotics: 6:00 PM - Cafeteria
- FIRST RECONCILIATION: 7:00 PM - Church
- Communion & Liberation: 7:00 PM - St. Joseph
- Choir Practice: 8:00 PM - Church

### TUESDAY, DECEMBER 5

- Daily Mass: 9:00 AM - Church
- Adult Basketball: 5:30 PM - Social & Rec. Center
- PREP: 6:00 PM - Education Center
- ADVENT CONFESSIONS: 6:00 PM - Church
- CYO Board Mtg.: 7:30 PM - Our Lady of Mercy

### WEDNESDAY, DECEMBER 6

- Daily Mass: 9:00 AM - Chapel
- CYO Basketball: 4:30 PM - Social & Rec. Center
- New Beginnings II: 6:00 PM - Cafeteria
- Senior Board Mtg.: 6:30 PM - Lady of Fatima
- OCIA: 7:00 PM - St. Joseph
- Advent by Candlelight: 7:00 PM - Church
- Webelo Den 2: 7:00 PM - Library
- Knights of Columbus Board Mtg.: 7:00 PM - Our Lady of Mercy

### THURSDAY, DECEMBER 7 -

- Daily Mass: 9:00 AM - Chapel
- Walking with Purpose: 9:00 AM - Convent
- School Chorus: 3:15 PM - Social & Rec. Center
- CYO Basketball: 4:30 PM - Social & Rec. Center
- Robotics: 6:00 PM - Cafeteria
- Children's Chimes: 6:15 PM - Church
- Vigil Mass: 7:00 PM - Church
- Christmas Tree Lighting: after Mass - Side of Church

### FRIDAY, DECEMBER 8—HOLY DAY OF OBLIGATION IMMACULATE CONCEPTION

- Masses: 9:00 AM & 12:15 PM - Church
- CYO Basketball: 4:30 PM - Social & Rec. Center
- Communion & Liberation: 7:00 PM - St. Joseph

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**Altar Servers****Thursday, December 7**

7:00 PM J. Tedesco

**Friday, December 8**

9:00 AM TBD

12:15 PM TBD

**Saturday, December 9**

4:00 PM C. Freimuth, J. Koop, S. Masucci, C. Traver

**Sunday, December 10**

7:30 AM R. Brabury, C. Zapalac, D. Zapalac

9:00 AM A. Crawford, B. Dion, K. Flatow, A. Yezzi

11:00 AM G. Cherico, P. Cherico, A. Durski,  
E. Olivetti**PARISH EVENTS FOR THIS WEEK  
CONTINUED****SATURDAY, DECEMBER 9**

- Men's Fellowship Group: 7:00 AM - Convent
- Daily Mass: 9:00 AM - Chapel
- CYO Basketball: 8:00 AM - Social & Rec. Center
- Children's Choir Practice: 10:00 AM - Church
- Pinewood Derby Workshop: 10:00 AM - Cafeteria
- Girl's Choir Practice: 11:00 AM - Church
- Vigil Mass: 4:00 PM - Church - Blessing of Baby Jesus

**SUNDAY, DECEMBER 10**

- Mass: 7:30, 9:00, 11:00 AM - Church - Blessing of Baby Jesus
- CYO Basketball: 12:00 PM - Social & Rec. Center
- Webelo Den1:1:00 PM - Cafeteria
- Christmas Choir Practice: 2:00 PM - Church
- Advent Evening Prayer: 6:00 PM - Chapel



We are looking for Men, Women and/or High School Students to join our Usher Ministry.

Ushers are asked to arrive about 10 minutes before Mass on the weekends and holy days. Ushers serve by finding seating, helping the disabled and the elderly, taking up the collections, and generally being of assistance wherever needed.

If interested in being an usher please contact Larry Constable at [lc7150@aol.com](mailto:lc7150@aol.com) or call 215-284-1559.



Archdiocese  
of  
Philadelphia

**2023 DAY OF  
SANCTIFICATION  
FOR PRIESTS**

The Priests of the Archdiocese of Philadelphia assemble each year for a day of prayer and reflection on the Sacred Priesthood. This year our Priests will gather with the Archbishop at Mother of Divine Providence Parish, King of Prussia on Monday, December 4, for the *2023 Day of Sanctification for Priests*. Please pray for all priests of the Archdiocese, especially this weekend and Monday, with the following prayer from the Roman Missal:

Lord our God, Who in governing Your people  
make use of the ministry of Priests,  
grant to these men  
a persevering obedience to Your will,  
so that by their ministry and life  
they may gain glory for You in Christ.  
Who lives and reigns with You  
in the unity of the Holy Spirit,  
God, for ever and ever. Amen.



Ladies of Helena  
**Memorial  
Christmas Lanterns**

New this year, the Ladies of Helena are offering Memorial Christmas Lanterns. These lanterns are a wonderful way to remember your loved one over Christmas.

Each lantern includes a battery-operated light and will be displayed outside the front of Saint Helena Church during the masses on Christmas Eve through New Year's Day.

The name of the person to be remembered will appear on a tag attached to each lantern. Details about the pickup of lanterns will be emailed to each participant. (*The shepherd hook is not included*)

**\$25.00 for each Lantern** (1 Name Per Lantern)

Cash or check made payable to Saint Helena Church



Complete the form below and drop off with your payment at Saint Helena's Rectory mailbox or look for members of Ladies of Helena in the vestibule after upcoming masses.

**Deadline for all orders is Sunday, December 17, 2023**

Questions - please contact: Carolyn Dittich 215-688-2488 / [dittichcarolyn@gmail.com](mailto:dittichcarolyn@gmail.com)  
or Tish Barnett 610-277-5692 / [lab1125@yahoo.com](mailto:lab1125@yahoo.com)

☐ Yes, I would like to order a **Memorial Christmas Lantern** for \$25 per lantern


Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Name of Deceased to go on lantern tag (Maximum of 25 characters)  
Please print clearly



A blue-toned illustration of a nativity scene. In the center, Mary kneels before the infant Jesus in a manger, with Joseph standing nearby. To the left, a donkey and a camel are visible. To the right, an ox stands. The scene is set under a starry night sky with a bright star above the manger. Palm trees are silhouetted in the background.

# "Glory to God in the highest"

Saint Helena Parish & Saint Titus Parish  
Welcomes you to celebrate the birth of our Lord  
Penance Services

Tuesday, December 19 - St. Titus 7pm  
Wednesday, December 20 - St. Helena 7pm

Christmas Eve Masses-  
Sunday, December 24, 2023

4:00pm- St. Helena  
4:30pm- St. Titus  
6:00pm (Childrens Liturgy)-  
St. Helena  
8:00pm- Saint Helena

Christmas Day- Monday,  
December 25, 2023

12 Midnight - St. Titus  
7:30am- St. Helena  
9:00am- St. Helena  
10:00am - St. Titus  
11:00am - St. Helena

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New Year's Eve, Sunday  
December 31, 2023  
Solemnity of Mary (Vigil)

4:00pm - St. Helena

New Year's Day, Monday,  
January 1, 2024  
Solemnity of Mary

9:00am- St. Helena  
10:00am - St. Titus  
12:15pm - St. Helena



# Christmas Events



## Saint Helena & Saint Titus Advent & Christmas Schedule of Events

### Sundays, December 3rd & 10th

Sundays, December 3rd & 10th Advent Evening Prayer  
Led by Deacon Ken  
6:00PM - Saint Helena Chapel

### Wednesday, December 6th

"Advent by Candlelight" - An Evening Retreat for Women  
Celebrate the blessed season of Advent with an evening of quiet  
festivities and beauty. 7:00-9:00PM, Saint Helena Church

### Thursday, December 7th Christmas

Christmas Tree Lighting  
Caroling, Cookies, Hot Chocolate 8:00PM - Empress Room

### Tuesday, December 12th

Advent Reflection Led by Deacon Claude 2:00-3:30PM  
Saint Titus Church

### December 9th/10th

Blessing of Baby Jesus Bring the Christ Child from your nativity to be  
blessed at all Masses this weekend at Saint Helena and Saint Titus

### Sunday, December 17th

"The Melody of the Season" Saint Helena Christmas Concert  
3:00PM Saint Helena Church

### Thursday, December 14th

Advent Lessons & Carols  
Join us for a Festival of Lessons and Carols featuring music from the  
students of Martin Saints Classical High School. This evening is sure to  
prepare your heart for the Christmas season.  
7:00-8:00PM Saint Titus Church



The Parish Outreach Committee Presents

*Children's*  
**PAJAMA  
MOVIE NIGHT**

FRIDAY, DECEMBER 15TH, 6-8PM

**THE  
POLAR EXPRESS**

St. Helena Gym  
Ages 4+ are welcome  
\$5/child or \$10/family  
Popcorn & drinks will be served

\*Parents are welcome (but not required) to attend. There will be chaperones and security measures in place. Children under 4 must be accompanied by an adult. Permission slips are required.

## Thank You for Helping Keep the Needy Warm this Winter

With the generosity of parishioners and St. Helena School, the Knights were able to deliver 630 coats, fleeces and sweaters during this winter's coat drive, to needy families throughout our community.

The clothing was delivered to:

- A Baby's Breath Pregnancy Center in Collegeville
- IHM Sisters at St. Patrick Church in Norristown
- Missionary Sisters of Charity in Norristown
- Norristown Community Center
- Martha's Choice Food Pantry in Norristown



Coats being delivered to Matha's Choice



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

## RESPECT LIFE CORNER

**Happy Feast Day of Our Lady of Guadalupe!**



Our Blessed Mother, under the title of Our Lady of Guadalupe, is the Patroness of the Americas and of the Unborn. Come to the Chapel to pay homage to her on **Tuesday, Dec. 12th at 7:00 PM.** We will pray, sing and enjoy churros & hot chocolate!

*Our Lady of Guadalupe, please pray for us!*  
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**FYI:**

Suicide Hotline: 1-800-273-8255

Domestic Abuse: 1-866-Safe-014

PA Child Abuse Hotline: 1-800-932-0313

Pregnancy Hotline: 1-800-712-HELP

Post-Abortion Counseling Hotline: 1-877-HOPE-4-ME



## SAINT HELENA YOUTH GROUP 2023-2024

OPEN TO ALL TEENS  
IN 8<sup>TH</sup> - 12<sup>TH</sup> GRADES

SUNDAY EVENINGS FROM  
7 - 8:15 IN THE PARISH  
CONVENT

Parents - to sign up for our communications and  
to register your teen, please scan the QR code!



Our youth group provides a community where teens can  
develop their relationship with God through prayer,  
community service, and fun events.

Questions or comments? Contact -  
Christian Thompson at 610 - 930 - 0349  
[cthompson@sainthelenachurch.org](mailto:cthompson@sainthelenachurch.org)

### Covenant

A GROUP FOR ENGAGED AND  
NEWLY MARRIED  
YOUNG ADULT COUPLES



SCAN THE QR CODE TO LEARN MORE!  
CONTACT CHRISTIAN THOMPSON  
[CTHOMPSON@SAINTHELENACHURCH.ORG](mailto:CTHOMPSON@SAINTHELENACHURCH.ORG)

## Young Women's Bible Study



Come discover your call as a  
Daughter of God with other young women

## Overcome

Young Men Strengthening  
Their Witness of Jesus Christ

2nd Monday (September - May)

St. Helena Parish Convent

Young adult men (18 - late 30's)

Prayer, fellowship, and book study.

Contact - Christian Thompson

[cthompson@sainthelenachurch.org](mailto:cthompson@sainthelenachurch.org)



*The women of **Walking with Purpose** invite you to join them  
for an evening of reflection on the beauty of the coming Christ into  
each of our hearts and homes.*



## Advent by Candlelight

Celebrate the blessed season of Advent with an evening  
of quiet festivities and beauty.

Fr. Joseph Bongard, Parochial Administrator  
St. Helena Parish

Wednesday, December 6, 2023

7:00-9:00 pm

St. Helena Church light fare will be served

RSVP BY NOVEMBER 29, 2023



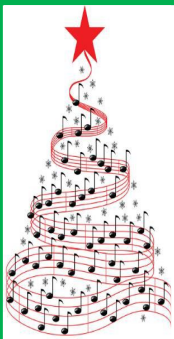
### LOOKING FOR THE PERFECT CHRISTMAS PRESENT FOR A SPECIAL CHILD IN YOUR LIFE?

Here's the perfect gift!

"Father Owl's" first children book  
recounts the adventures of Izzy, an  
inquisitive owlet who witnesses the  
greatest Birth in human history.

On Amazon, the book costs \$12.95.

Father Al will sell it and autograph  
it for \$10. The sequel, "Izzy and the Lost Boy," is  
also available. Visit [fatherowlsbook.com](http://fatherowlsbook.com) or email  
him at [AMasluk@aol.com](mailto:AMasluk@aol.com)



**You Are Invited to the  
St. Helena  
Christmas Concert  
"The Melody of the Season"  
December 17, 2023 in  
St. Helena Church**

**Part 1- 3:00 PM for the Children &  
Contemporary Group**

**Part 2- 4:30 PM for the Adult Choir with  
Orchestra**

**The concert is Free. A free-will  
offering will be graciously accepted.**

**Dinner in the Empress Room following the Con-  
cert. Price is \$30.00 for Adults and \$20.00 for  
Children 12 and Under.**

**Menu –Mixed Green Salad, Roasted Turkey  
with Stuffing and Gravy, Carved Ham,  
Mashed Potatoes, String Beans, Cranberry  
Sauce, Rolls and Butter, Dessert Coffee,  
Tea, and Iced Tea, BYOB**

**For more information,  
Call Theresa at 215-646-7636**



**SENIOR TRIP**

St. Helena Senior Club is sponsoring a bus  
trip to Sight and Sound in Lancaster to see  
"Daniel in the Lion's Den"  
at the 11:00 AM show  
on Wednesday May 15, 2024.

Lunch also included at Hershey Farm.

Cost is \$150.00 per person.

Make reservations or save a seat with \$75.00  
down payment call Mary McKenna  
at 610-275-0121.

*Touched by Mercy*

**MOVED BY LOVE**

If you or someone you love is hurting from a painful situation or  
loss, come and experience a Living Scripture Healing Meditation.  
You can be touched by Mercy and moved by Love. Don't miss out.

Our tragedies can weaken our trust and hope. God understands that, and He wants to  
heal us. But He will never invade our boundaries. So, we need to reach out to Him in the  
midst of our storms and invite Him into them. He will calm them and give us His peace.

This unique evening of meditation is brought to you by Dr. Theresa Burke, Founder of the  
retreat programs *Grief to Grace: Healing the Wounds of Abuse*, *Rachel's Vineyard*,  
*Healing the Wounds of Abortion*, and *Duty to Heal: Finding Peace for a Soldier's Heart*.



**TUESDAY, DECEMBER 5, 2023**

**7:00 pm – 9:00 pm at Sacred Heart Church**

120 Jefferson St, Bridgeport, PA 19405 | 610.275.1750 | [UnitedInTheSacredHeart.com](http://UnitedInTheSacredHeart.com)

**This is a free event from Sacred Heart Church and the Living Scripture Institute,**  
([LivingScriptureInstitute.org](http://LivingScriptureInstitute.org)) the training arm of Rachel's Vineyard, Grief to Grace, and Duty to Heal.



Image by Chit Vera from Pixabay  
Image by Avvaz Sredy Votr - Wikimedia Commons

**PATRICIAN  
SOCIETY**

The Patrician Society is where our donated food is  
sent. The food we leave in the Information room and  
the food the children donate at Mass on the  
weekends. St. Helena is one of the largest donators to  
the Patrician Society.

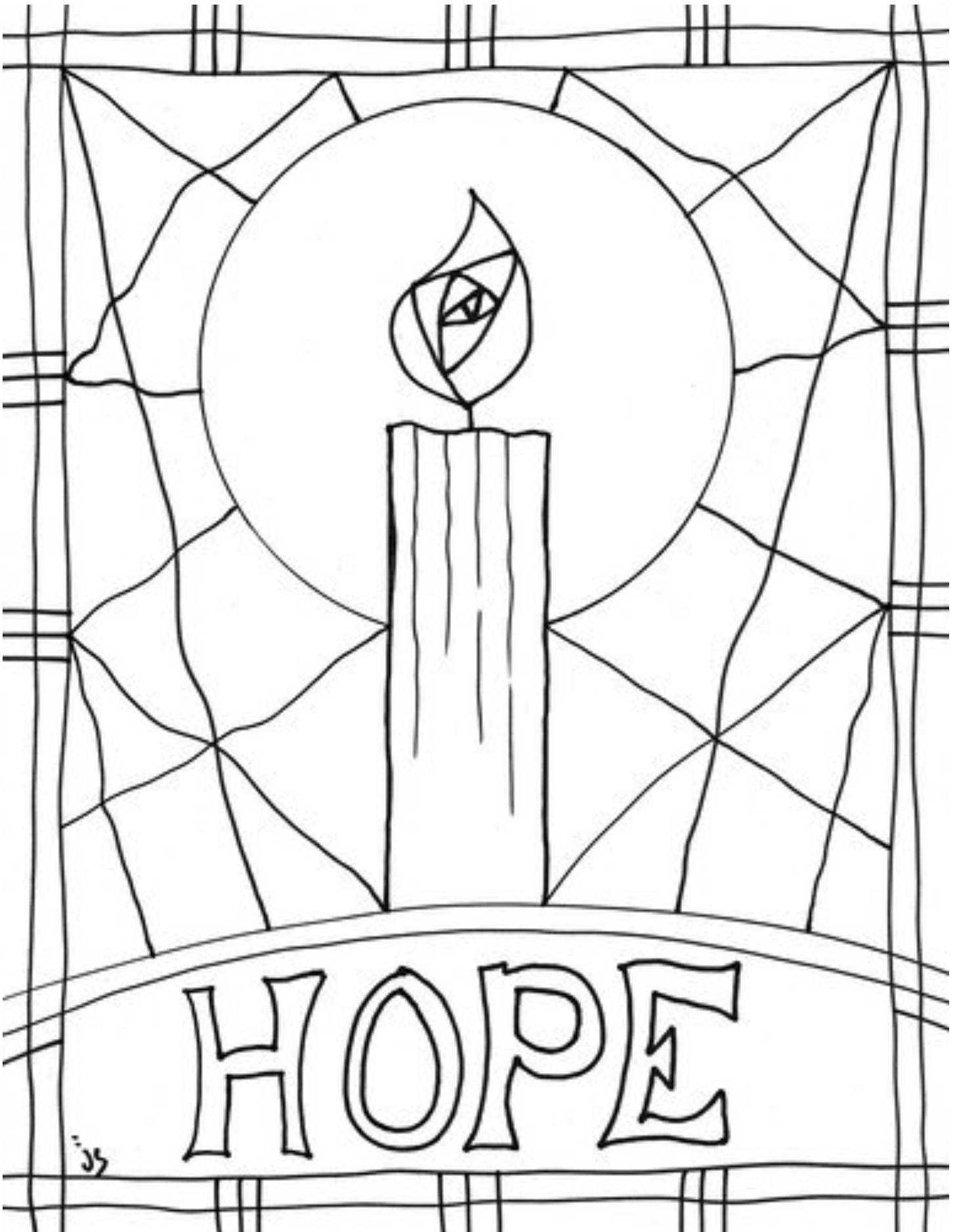
At this time they are in needed of: Mac & Cheese,  
Peanut Butter (small jars), Cereal, Cereal Bars,  
Rice, Pasta, Oatmeal, Fruit Cups, Canned Fruit,  
Diapers size 4, 5, 6.

The Patrician Society is regularly involved with the  
Norristown Hospitality Center, Central Behavioral  
Health, Creative Health, Resources for Human  
Development, Catholic Social Services, Montgomery  
County Office of Children and Youth, Montgomery  
County Senior Services, and others in the sharing of  
referrals and provision of  
various services to ensure  
that all requests are  
fulfilled.

Thank you for your  
continued generosity.







# COMMUNITY MINISTRIES & ORGANIZATIONS

## LOCATION - ST. HELENA

If you are interested in joining any of these Ministries or Organizations please contact the St. Helena Parish Office at 610-275-7711 or e-mail [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org) for contact information.

Ministry/Organization	Contact Person
Aid for Friends	Micki Burns
Art & Environment	Theresa Smith
Basketball: Adult/Young Adult	Mike O'Brien
Basketball: 3 on 3	James Humes
Chapel Reposers	Vince Thompson
Collection Counters	Denise Janick
	Karen Wurtenberg
	Colin Cherico
Communion & Liberation	
<b>EXTRA ORDINARY MINISTERS OF HOLY COMMUNION:</b>	
Church	Lori/Steve Iannello
Home Visit	Jim McLaughlin
Nursing Home/Private Visit	Parish Office
Finance Council	Fr. Bongard
First Lego League	Greg Mann
Garden Club	Theresa Smith
Greeters	Larry Constable
Home & School Association	Leigh Ann Lonergan
Knights of Columbus	George Gillin
Ladies of Helena	Theresa Smith
Lectors	Pat Lorenzo
Lending Library	Parish Office
Men's Fellowship Group	Joe Bushner
Mommy & Me	Ana Haynie
<b>MUSIC MINISTRY</b>	
Adult Choir	Cheryl Platco
Bells	Cheryl Platco
Cantors (Scheduling)	Cheryl Platco
Children's Chimes	Natalie Perez
Contemporary Music Ensemble	Dick Lentz
School Chorus	Sara Hansell
New Beginnings II	Maryanne Fuhr
Parish Pastoral Council	Fr. Bongard
<b>PARISH YOUTH &amp; YOUNG ADULT MINISTRIES</b>	
Altar Servers	Fr. Kyle
Children's Liturgy of the Word	Christian Thompson
Cub Scouts	Ann Bottcher
CYO/Community Service Corps	Tony Gallagher
CYO/Sports - President	Stephen Lynch
CYO/Sports - Athletic Director	Chris Massella
HIGH SCHOOL YOUTH GROUP	Christian Thompson
Parish Outreach Committee	Amanda Hunt
Parish Religious Ed. Program (PREP)	Interim DRE: Jonathan DeMont
St. Helena School	Denise Britt
Young Adult Group	Christian Thompson

MINISTRY / ORGANIZATION	CONTACT PERSON
Pre-Jordan Team	Christian Thompson
Prayer Shawl Ministry	Sr. Francis, O.S.F.
OCIA (Order of Christian Initiation for Adults)	Dcn. Ken Belanger
Respect Life	Maryann Schieve
Rosary Prayer Group	Mary Jane Mrazik
Scripture Study	Dcn. Ken Belanger
Senior Citizens Club	John Waldspurger
Ushers	Larry Constable
Walking with Purpose	Margaret Malloy
Wedding Rehearsal Coordinators	Joan O'Neill



## LOCATION - ST. TITUS

If you are interested in joining any of these Ministries or Organizations please contact the St. Titus Parish Office at 610-279-4990 or e-mail [sttitus@sttitus.org](mailto:sttitus@sttitus.org) for contact information.

MINISTRY/ORGANIZATION	CONTACT PERSON
Altar Servers	Dcn Claude Granese
Baptismal Preparation	Parish Office
Bible Study	Dcn Claude Granese
Church Cleaning	Pat Orner
Church Decorating	Pat Klampfer
CYO	Parish Office
Eucharistic Ministers	Dcn Claude Granese
Finance Council	Parish Office
Gardening	Parish Office
Gabriels (Bulk Mailers)	Parish Office
Knights of Columbus	Matt Faust
Lectors	Denise Hoisington
Legion of Mary	Richard Wieda
Music Ministry	Bob Leso
Outreach	Parish Office
OCIA (Order of Christian Initiation for Adults)	Fr. Kyle
Parish Pastoral Council	Parish Office
Respect Life Committee	John Harris
Sacristans	Parish Office
Senior Activity Club	Don McAvoy
Sodality	Nancy Kolenda
STAC (St. Titus Athletic Club)	Bill Munro
St Vincent DePaul	Betty Ann Hilwig
Traveling Virgin Statue	Lina McCracken
2 Hearts/2K Hail Marys	
Night of Reparation	Bella Kampmeyer



### *A Prayer for the Deceased*

*O God, Creator and Redeemer  
of all Your faithful people,  
grant to the souls of  
all our faithful departed  
Your mercy, light and peace.*

*Lord, we pray that those we love  
who have gone before us in faith,  
may know Your forgiveness for their sins,  
and the blessings of everlasting life,  
in company with the Virgin Mary  
and all the angels and saints in heaven.  
Amen.*

## **WE REMEMBER**

**and we gratefully acknowledge the following  
families who so thoughtfully asked that  
donations in memory of their loved one be sent  
to Saint Helena Church.**

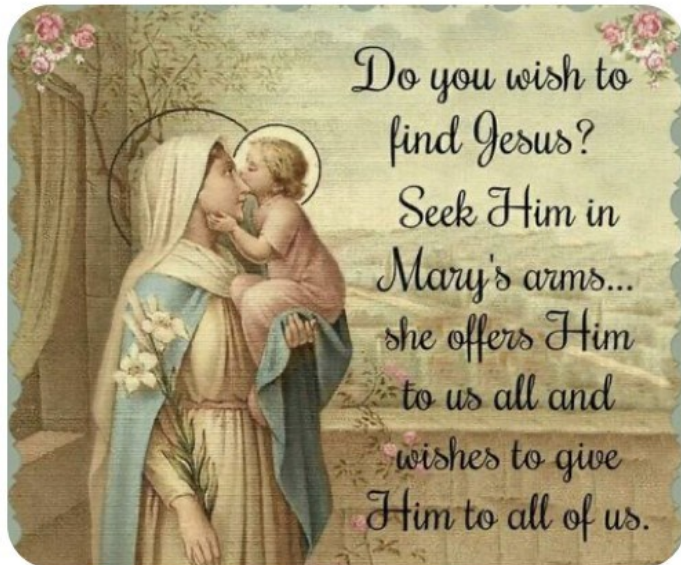
**We ask that you please keep them  
in your prayers:**

Kathleen & James Fenerty, Louis R. DiMaria,  
Jim Dougherty, Elsie McDermott, Rita Sciarra,  
Maria C. Salvitti, Dorothy Barry, John "Jack" Keidel,  
Edward Wykstra, Daniel Bagley & Frank Groarke.

## **BEQUESTS**

**The following people have prayerfully made  
bequests in their Wills to Saint Helena Church.  
Please remember them in prayer as well.**

Vivian Becker, Alice P. Devlin, Mary E. Flanagan,  
Hon. Robert W. Honeyman, Concetta Marchesani,  
Mary Ellen Sullivan, Laura E. Wisniewski, Jean Stock,  
Estelle Noska, Elizabeth Ann Quillinan, Mary Rosciola,  
Lawrence Marinari, Catherine Frawley, Marian Curran,  
Charles Loeper, Rev. John Coates, Regina Zaleski,  
Kathleen Schoemaker, Margaret Donahue,  
Lorraine Gigliello, Margaret (Peg) Tannenbaum,  
John H. Quillinan, III, David R. Bright & Mary Ann Christ.



### **WOULD YOU LIKE TO REMEMBER SAINT HELENA IN YOUR WILL?**

Ask your attorney to include such words as these in your will: "I give, devise, or bequeath to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422, for its general purposes all, (or state a fraction or percentage) of the rest, residue, and remainder of my estate, whether real or personal." OR "I give to Saint Helena Church, 1489 DeKalb Pike, Blue Bell, PA 19422 (\$X..00) to be used for the general purposes of Saint Helena Parish."

## **CareNotes - A Catholic Perspective**



CareNotes, a ministry of Saint Meinrad Archabbey, are booklets written to provide uplifting guidance to those who are hurting.

These wellness-oriented booklets address real-life emotional, physical and spiritual needs with topics that include grief, aging, healthcare, mental wellness, family care, spiritual support and more.

Whether you are dealing with difficult emotions or you minister to someone who is, you're sure to find the topic that applies directly to your situation. The down-to-earth style of each CareNote offers relatable advice to help you heal - mind, body and spirit.

Please check out the kiosk in the back of the Church narthex and consider picking up a booklet or two for yourself and a friend. CareNotes is owned and operated by the monks of Saint Meinrad Archabbey. All donations and proceeds support their prayer and work.